

AREA SERVICE COMMITTEE AGENDA FOR June 21, 2025

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out).
Intent: In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**

1. Area Chair	8. Unity Retreat Vice Chair
2. Vice Chair	9. A.B.R. Rep
3. Secretary	10. Hospitals & Institutions
4. Public Relations/Helpline/Website	11. Policy & Administrations
5. Regional Committee Member	12. Outreach
6. Fundraiser Activities	13. Literature
7. Unity Retreat	14. Treasurer
8. **Old Business:** Motion 01-04-25 To add RCM to check signer list. Section 1 - Item #3 allows for this in the event of a vacancy. 11-0-0 Passes.
Motion 02-04-25 Changing clean time of vice chair from one year to two years.
Intent: To meet with the treasurer clean time requirement in the absence of the treasurer. 11-0-0 Passes.
9. **Nominations/Elections:** Gabe S. nominated by Joe H. for Area Chair. Seconded by Sean S.
Sierra for ABR 11-0-0 Passes
Mike L. for P&A Chair 5-6-2 Doesn't Pass.
10. **New Business:** Motions -
Motion 05-01-25 To Change absences in guidelines for trusted servants. Article IV - Removal of trusted servants. (Section 1 subsection 2) Should Area be rescheduled, an excused absence will not be added to your total. Intent: To be more clear on attendance and non-compliance to those we vote in; to be more responsible to those we serve.
11. **Group Reports:**
 - **Altoona:** Just For Today, Monday Nite NA Basic Text, Willingness, Trust, & Faith, Spiritual Not Religious, Restored To Sanity
 - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it's Friday, Clean and Serene, Saturday Staying Alive, Living Clean, Turn The Page
 - **Johnstown:** Free Yourself, Primary Purpose, Common Welfare, Saturday Night Jive, Simple Solutions
 - **Ebensburg:** Point of Freedom
 - **Homer City:** No Matter What
 - **Somerset:** Simplicity is Key, Attitude of Gratitude
 - **Punxsutawney:** 2nd Chance Survivors
 - **Reynoldsville:**
12. **Next L.M.H.A.N.A Area Service Committee: July 19, 2025**
13. **Close ASC with the "We Version" of the Serenity Prayer.**

H&I Report May 17, 2025

1. Call to Order: 5/17/25 at 1:00 P.M.

2. Open Meeting with Serenity Prayer.

3. Reading of the 12 Steps (John)– 12 Traditions (Liz) – 12 Concepts (Bud)

4. Roll Call:

a. H&I Chair: Jason S. – Present

b. Vice Chair: Katie A. -- Present

c. Secretary: Liz M. -- Present

5. Panel Coordinators:

i. Bedford County Jail: (Vacant/No Longer Active)

ii. Cambria County Prison: (Vacant)

iii. Cove Forge: Drew N.

iv. Indiana County Jail: Kelly T.

v. Jefferson County Jail: Misty D.

vi. Pyramid: Brandon R.

vii. SCI Somerset: (Vacant)

viii. Somerset County Jail: (Vacant)

ix. SpiritLife: Sam R.

x. St. Joes: (Vacant)

xi. Twin Lakes: Timmy L.

6. H&I Panel Coordinator Reports:

a. Bedford County Jail – Vacant/No Longer Active

b. Cambria County Prison – Vacant

a. Michelle B. present to report and has been serving as point of contact. have been having issues with staff ongoing. One of the deputy wardens did reach out last week and wants to resolve the issues. She also asked if we can switch our meeting night to a weeknight when they have more seasoned staff. Discussed doing a PR presentation with the new staff which the facility is very open to. Not sure if we are able to switch meeting nights due to lack of available volunteers.

c. Cove Forge – Drew N.– Absent, Report sent

i. Meeting for men was taken in last week. Female was not able to because she had got surgery. If someone can grab literature I will get it. Other than that all is well.

d. Indiana County Jail – Kelly T. - Present

i. Not much to report. men's side is going in weekly and attendance is 5-10. Women's side went in twice this month and attendance was lower (1-2).

e. Jefferson County Jail – Misty D.– Absent

i. Members go every second saturday of the month, there were no women inmates that showed up last time. We did not go in May. The warden reached out to us to possibly make a flyer for the inmates, so they know that we are meeting. flyer was made. (Jason noted that any flyer like that needs to be viewed by the committee before being sent out to anyone)

f. Pyramid – Brandon - Absent

i. No report sent

g. SCI Somerset – Vacant

i. No Report

h. Somerset County Jail – Vacant

i. No report, no known P.O.C.

i. Spirit Life – Sam R. - Absent

i. John giving report, 1 st and 3 rd week, members are going and facility is happy.

j. St. Joes – Vacant

i. No report.

k. Twin Lakes – Timmy L. - Present

i. Going in twice a month with all volunteers, just got literature, all is well at the facility.

6. Old Business:

a. Flyers are out and ready to distribute for open positions on the committee! Spread the word there are plenty of commitments that are vacant.

7. Nominations/Elections:

a. Michelle B., nominated by Liz M., 2 nd by Katie A. PASSED 7-0-1

8. New Business: Will try to get an H&I workshop in at the next UR fundraiser event. H&I is having a workshop at the actual event and is scheduled. Remove LMHANA CCP button from the website, talk to web chair. Next month will discuss adding JFT to approved H&I literature (to be read) Article XXIII line 359.

9. Next H&I Sub-Committee: 6/21/25 |at 1:00 P.M.

10. Close with the Serenity Prayer at 1:44 P.M.

LMHANA Public Relations Committee

5/17/2025

Attendance: Kevin W. (Chair), Scott N., Gabe S.

Call to order @ 1:00 PM

o 12 Steps – Scott N.

o 12 Traditions – Gabe S.

o 12 Concepts – Scott N.

Financial/Expenditures:

o Meeting lists \$84.80 - Kevin W.

Old Business:

o Need to coordinate with Unity Retreat to change regular PR workshop at retreat to a Regional Helpline workshop (vote passed in PR 5-0-0)

o Asked by FAVOR to do PR booth at Kickball event 5/3/25

o Magellan event was emailed

o In contact with BDAP for an event

o PR guidelines do not need updated

New Business:

o Discussed putting a tab on the website to sign up for the email list. Waiting on email with information from Magellan for the event (same day as area). Going to reach out to Alan C. with the helpline to secure them for the Unity Retreat. Got email from Becca Mull for overdose awareness walk 8-30-25, 6-8:30 PM. There is a new meeting in Bedford, Friday 12-1 PM at 145 Clark St., Building 5, Bedford.

Closed w/ Serenity Prayer

Policy & Administration Minutes for May 17,2025

Opened with Serenity Prayer 11:48 AM

Read 12,12,&12

- Area Chair - Vacant
- Vice Chair- Jon F. Present
- Area Secretary- Absent
- RCM- Scott N. Present
- Treasurer- Christina O. Present
- RCM- Vacant

New Business: Update to check signing, vice chair (Jon F.) is signed on. Waiting on secretary (Aaron P.)

Old Business: Waiting on result 01-04-25 concerning RCM being voted in as second check signer.
02-04-25 waiting on clean time change for handling money. (Treasurer)

Closed with serenity prayer at 12:12 PM

Unity Retreat Minutes 5/17/2025

- L.M.H.A.N.A. UNITY RETREAT
- MAY 2025 MINUTES
- ○ OPENED WITH THE SERENITY PRAYER
- ○ TWELVE STEPS- JASON S.
- ○ TWELVE TRADITIONS-NICOLE W.
- ○ TWELVE CONCEPTS- MARY H.
- PRESENT- VICE CHAIR- TRACY G., TREASURER- JASON S.,
- MERCHANDISE- MARY H., SECRETARY-NICOLE W., RECORDING – TIM L.
- ABSENT- CHAIR- DREW N., PROGRAMMING-ERICA P., ACTIVITIES-JASON
- R., REGISTRATION- AARON P.
- FIRE RING CHAIR STILL VACANT
- DREW'S REPORT- THE WALK-THROUGH AT CAMP HARMONY IS DONE. THE CONTRACTS ARE SIGNED. NOTHING IN THE CONTRACT HAS CHANGED FROM LAST YEAR INCLUDING THE PRICE.
- CAMPERS NEED TO GO THROUGH THE COMMITTEE, THIS IS THE LAST YEAR FOR CAMPERS AT BROUGHER HALL.
- OLD BUSINESS-SECURED DATE AND LOCATION FOR NEXT PICNIC WHICH WILL BE JULY 19 AT CANOE CREEK. PAVILLION UNKNOWN AT THIS TIME.
- NEED TO GET A FLYER OUT
- COMMITTEE IS STAYING IN HARMONY HOUSE THIS YEAR
- SPAGHETTI DINNER WAS SUCCESSFUL, JASON WILL GIVE DETAILS IN HIS REPORT
- NEED TO DECIDE ON REGISTRATION BAGS AND VOTE ON IT

- UNANIMOUS VOTE TO HAVE AARON PRICE GET MUGS, MAGNETS, PENS AND SUNGLASSES, LANCE WAS A BIG HELP LAST YEAR WITH THAT, TRACY WILL LET AARON KNOW WHERE THEY ORDERED VIA LANCE. COMMITTEE WILL VOTE NEXT TIME ON CUP DESIGN. WOULD LIKE TO ORDER FROM SOMEWHERE ELSE, THE LOGO DOESN'T WASH OFF
- MERCH REPORT/ MARY- SOLD 12 T-SHIRTS, 10 HOODIES, 12 SWEATS.
- TOTALING \$791.00 WITH A \$226.00 PROFIT
- o NEED TO PUT TOGETHER ANOTHER ORDER, WOULD LIKE TO
- ORDER 25 SHIRTS, 45 HOODIES AND 25 PANTS. WILL VOTE VIA TEXT FOR THIS.
- RECORDING/ TIM L- NEED BATTERIES FOR RECORDERS WILL PURCHASE AND GET REIMBURSED.
- SECRETARY/ NICOLE W- NOTHING TO REPORT
- TREASURER/ JASON S- \$1747.00 TOTAL FOR SPAGETTI DINNER
- STARTED WITH \$2749.03 REIMBURSED JASON R \$307.81 WHICH BROUGHT TOTAL TO \$2441.22
- DEPOSIT \$1747.00 BRINGING GRAND TOTAL BACK TO \$4188.22
- \$71.00 FROM LIZ AND \$236.00 VOTED TO GIVE CHURCH \$120.00 NICOLE MOTIONED JASON S 2ND – UNANIMOUS, JASON WROTE CHECK NICOLE DROPPED OFF
- TOTAL AFTER DONATION 4375.22
- TIM AND JASON DROPPED DEPOSIT OFF
- NO NEW BUSINESS
- MOTION TO CLOSE NICOLE 2ND MARY
- CLOSED WITH SERENITY PRAYER

Outreach Committee – May 17, 2025 Minutes

No meeting this month

May 17, 2025 Literature Report

H&I Total: \$35.90

HG Total: \$276.45

Grand Total: \$320.30

1. Old Business-
2. Nominations/ Elections: Mike L. for P&A Chair.
Sierra nominated for ABR.
3. New Business: Motions - **Motion 02-04-25** Jon F(Area Vice) Changing clean time of vice chair from 1 year to 2 years.
Intent: To meet with the treasurer clean time requirement for the handling of money.
4. Group Roll Call & Reports:
 - Homer City
 - No Matter What- Hunter W.-GSR
 - Ebensburg -
 - Point of Freedom Group- Bob M- GSR
 - Bedford
 - A Fresh Start- David C.-Other - New group, seeking support.
 - Somerset-
 - Only Requirement- Tracy G- GSR - Looking for new meeting location
 - Johnstown-
 - Free yourself – Jamie K- GSR Second Annual Hug Life campout June 27-29th Rose Road, Boswell, PA!
 - Primary Purpose- Katie A. - Alt. GSR Anniversary in June. Flyer to come soon!
 - Simple Solutions - Bud A- GSR
 - Altoona:
 - By Any Means Necessary- Ben W.- Other
 - Willingness Trust & Faith- Nicole BL.- Alt GSR
 - NA Basic Text- Jazz -GSR
 - All Will Be Well- Brandon R- Other
 - JFT- Brandon R- GSR
 - Restored To Sanity- Bill C.- GSR
 - Indiana:
 - Why Die- Gabe S – GSR- All Good. Need an updated copy of insurance.
 - Turn The Page- Brandon M- GSR
 - Turning Point- John M – Alt. GSR
 - Restoration To Sanity- Sam S – GSR Anniversary July 28th, 5-7 PM (Details to come!)
 - Subject To Revision- Kelly T – GSR
 - Sunday Survivors- Sean S – GSR
 - 24/24- Dave R.- Alt. GSR
 - Staying Alive- David.- Other

March 2025

Description		Debit	Credit	Balance
STARTING AREA BALANCE				\$2,320.80
EXPENSES				
Regional Donation (add chk # 426 \$672.69)		\$672.69		
Check to Literature H&I Lit (chk#424 \$125.60)		\$125.60		
Reimburse Scott N Meeting Lists (chk#421 \$100.70)		\$100.70		
Error Deposit Wrong Acct (LIT chk # 443 \$557.50)			\$557.50	
Presby Church Donation (Rent)(chk#423 \$54.20)		\$54.20		
Reimburse Kevin W for PR Event chk#422 \$290.13		\$290.13		
Transfer to Main Acct - over reserve - CHK#439 \$413.15)			\$413.15	
TOTAL EXPENSES		\$1,243.32	\$970.65	\$2,048.13
CHECKS WAITING TO CLEAR				
TOTAL NOT CLEARED		\$0.00	<small>Bank Balance</small>	
GROUP DONATIONS		Group Count		
Altoona	By Any Means Necessary			
Altoona	Hope Not Dope			
Altoona	Just For Today	1	\$20.00	
Altoona	NA Basic Text	1	\$40.00	
Altoona	Not Today - No Matter What			
Altoona	Restored to Sanity	1	\$6.00	
Altoona	Spiritual Not Religious	1	\$20.00	
Altoona	Wake Up & Live			
Altoona	Willingness, Trust & Faith			
Bedford	NA Way			
Bolivar	Our Way Out			
Ebensburg	Point of Freedom	1	\$30.00	
Homer City	No Matter What			
Indiana	24 Principles for 24 Hours	1	\$0.00	
Indiana	Clean And Serene			
Indiana	Living Clean			

Indiana	Restoration to Sanity	1	\$75.00	
Indiana	Saturday Staying Alive			
Indiana	Subject To Revision	1	\$11.00	
Indiana	Sunday Survivors			
Indiana	Turn The Page	1	\$0.00	
Indiana	Turning Point			
Indiana	Why Die	1	\$140.00	
Johnstown	Common Welfare Group of NA			
Johnstown	Free Yourself			
Johnstown	High Hopes			
Johnstown	K.I.S.S			
Johnstown	Primary Purpose	1	\$0.00	
Johnstown	Saturday Night Jive			
Johnstown	Simple Solution	1	\$0.00	
Punxsutawney	2nd Chance Survivors			
Reynoldsville	Broken Yet Accepted	1	\$200.00	
Reynoldsville	Step Sistas Group of NA			
Somerset	Attitude of Gratitude			
Somerset	Hugs Not Drugs			
Somerset	Principles Before Personalities			
Somerset	Promise is Freedom			
Somerset	Simplicity is the Key			
Somerset	The Basics			
TOTAL GROUP DONATIONS			\$542.00	\$2,590.13

5. Next Area Service will be held: June 21, 2025
6. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.