

AREA SERVICE COMMITTEE AGENDA FOR January 18, 2025

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out). **Intent:** In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**
 1. Area Chair
 2. Vice Chair
 3. Secretary
 4. Public Relations/Helpline/Website
 5. Regional Committee Member
 6. Fundraiser Activities
 7. Unity Retreat
 8. Unity Retreat Vice Chair
 9. B.O.D. Rep
 10. Hospitals & Institutions
 11. Policy & Administrations
 12. Outreach
 13. Literature
 14. Treasurer
8. **Old Business: Motion 12-24-02-** UR Committee- Seconded by Cora S- To Update the UR Retreat guidelines Section I: Trusted Servants Programming: subsection k. change from current guideline which does not address lodging for main speakers to: Program Chair will provide the 3 main speakers one registration of choice with lodging choice for the weekend and will fill out the proper registration form as soon as possible (to avoid overbooking), the intent is to clarify the guidelines which are currently unclear.

Motion 12-24-01- this is a regional motion brough back from region by the RCM. It is to update policy wording to reflect the recent move of the sponsorship behind the walls program from outreach to H & I. the intent is to keep regional policy current.

There is also 12 other motions that were discussed that will be attached in a separate attachment in the RCM report that will need to be voted on next month.
9. **Nominations/Elections:**
10. **New Business:**
11. **Group Reports:**
 - **Altoona:** Spiritual Not Religious, Monday Nite NA Basic Text, Just For Today, Hope Not Dope, By Any Means Necessary, Restored to Sanity, Wake Up & Live, Willingness, Trust, and Faith
 - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it's Friday, Clean and Serene, Saturday Staying Alive, Living Clean
 - **Johnstown:** Free Yourself, Primary Purpose, Common Welfare, Saturday Night Jive
 - **Homer City:** No Matter What
 - **Somerset:** Simplicity is Key, Attitude of Gratitude
 - **Punxsutawney:** 2nd Chance Survivors
 - **Reynoldsville:** Broken Yet Accepted, Step Sistas
12. **Next L.M.H.A.N.A Area Service Committee: February 15, 2025**
13. **Close ASC with the “We Version” of the Serenity Prayer.**

Minutes from December 21 2024, Area Service

1. CALL TO ORDER: at 2:00 PM at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931
2. Open Meeting with The Serenity Prayer
3. Reading of the 12 Steps (Christian S), 12 Traditions (Chynel M) and 12 Concepts (Tracy G)
4. Review of Minutes: Motion to Accept by Drew N. second by Jon F.
5. Trusted Servants Roll Call:
Area Chair(P) , Area Vice Chair(P), Secretary(P), Area Treasurer(P), Regional Committee Member(P), H&I Chair(P), Public Relations/Web Chair(P), Literature Chair(P), Activities Chair(V), Unity Retreat Chair(A), Unity Retreat Vice Chair(P), B.O.D Rep(P), Policy & Administration (A), Outreach Chair(P)
6. Trusted Servants Reports:
 - Area Chair: Jeremy O- Nothing to report-
 - Area Vice Chair: Christian S. – Nothing to report
 - Secretary: Tracy G. – Nothing to report

Laurel Mountain Highlands Area of Narcotics Anonymous

Regional Committee Member Report
RSC – December 14, 2024

- RCM Roll Call
 - 14 Areas Represented
- Review and Accept Minutes
- Sharing Session – Collaboration between Areas with opportunities for Service. H&I, PR etc. This is not really too relevant to LMHANA due to geographical difficulties and geared more towards Pittsburgh Areas.
- Nominations and Elections:
 - None
- TSRSO Reports
 - BOD – Sheri & Andrew present
 - Survey about possibly buying Regional Service Office
 - Building issues, landlord is unresponsive. Lots of discussion. BOD is a separate entity (business) and are just gauging interest/support.
 - Treasurers Report – will forward to Secretary
 - Spiritual Retreat - Ryan
 - Planning stages, committees being developed
 - Logo Approved by RSC
 - More will be revealed
 - STL 41 – Richard
 - Food & Beverage quotas fell short – specifically mentioned breakfast buffet
 - Hotel is proposed to collect tickets themselves
 - Recommended BOD buy more radios/walkie talkies
 - All merch sold out
 - Discussion on Packages of Hope. These are distributed at the discretion of the Areas. No issues in our Area that I am aware of. Not all regional packages were distributed/used.
 - Issues from Chair 41 were discussed with Chair 42 and recommendations were made in how to address issues. Not talked about in detail, but seems like people not fulfilling their service commitments. Leaving early, not showing up, showing up late etc. Needs to be addressed during nominations.
 - Financial Report – still finalizing but project to be contributing \$14,000 - \$16,000 to the BOD.

- Treasurer – Tracy C
 - Treasurer absent – will send report when it is available digitally.
 - Discussions over “excused absences” and “unexcused absences”. Been absent 2-3 times consecutively. Report was sent. Discussion trailed off.
- Regional Delegate –
 - Interim CAR Report – sent via email and posted on Chicagoland Website
 - CAR Workshop (posted on LMHANA Website) on 12/28
 - Motion Tally Sheet – copies in the back. Please email me these after January GC.
 - 12 WSC Motions – need voted on at HG level and votes carried by Regional Delegate in February.
 - RD Travel Expenses vote – approved on the floor. Travel for Detroit for MZF Meeting.
- H&I – Frank L – report attached.
 - Working on filling commitments.
 - 5 Areas sent in reports (LMHANA being one of them)
- Web-Chair – Mike O
 - Adding events page.
 - Workshop at STL went well. 17 in attendance including LMHANA Web guys.
 - 2 new meetings asking to be registered. Out of our area. No concern to LMHANA
- Policy & Admin – Dan T
 - Theft of NA funds – topic of discussion. Asked originator of motion to revise with proper wording. North Pittsburgh RCM Agreed. P&A to discuss, reword and bring back to Regional Service Committee in February with motion written so it will be able to be adopted into policy, should it pass the voting requirements.
- Public Relations – Jeremy H
 - Absent – no report available
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➤ **OLD BUSINESS**

- Motion 01 (10.12.2024) initiated by Treasurer – donate \$6,000 to NAWs – motion passed
- Motion 02 (10.12.2024) – Theft of Funds – see notes on P&A Report

➤ **NEW BUSINESS**

- None

Next Regional Meeting: February 15, 2025 @ 10:30 am in Homestead @ TSSRO

Zoom Meeting ID: 961-695-3680

Password: 1953

H&I Report December 2024

1. **Call to Order:** 12/21/24 at 01:00 P.M.
2. **Open Meeting with Serenity Prayer.**
3. **Reading of the 12 – 12 – 12**
 - i. 12 Steps – Gabe S. 12 Traditions – Christian S. 12 Concepts – Katie A.
4. **Roll Call:**
 - i. **H&I Chair:** Heather W. – Present
 - ii. **Vice Chair:** Jason S. - Present
 - iii. **Secretary:** Katie A. - Present
 - iv. **Panel Coordinators:**
 - i. **Bedford County Jail:** Vacant
 - ii. **Cambria County Prison:** Vacant
 - iii. **Cove Forge:** Drew N. – Present
 - iv. **Indiana County Jail:** Gabe S. - Present
 - v. **Jefferson County Jail:** Chandler N. – Absent/Excused
 - vi. **Pyramid:** Aaron P. – Absent/Excused
 - vii. **SCI Somerset:** Vacant
 - viii. **Somerset County Jail:** Vacant
 - ix. **SpiritLife:** Vacant
 - x. **St. Joes:** Vacant
 - xi. **Twin Lakes:** Vacant
5. **H&I Panel Coordinator Reports:**
 - i. **Bedford County Jail – Vacant**
 - i. Lance S. is the P.O.C. This will be the last month the commitment will be going in due to members stepping down. This includes both the mens and womens side.
 - ii. **Cambria County Prison – Vacant**
 - i. Katie A. and Liz M. are the P.O.C. Commitment goes in on the 2nd and 4th Sundays of the month. Previous issue with correction office(s) resolved. Michelle B. spoke to warden who addressed the issue. Commitment has been consistently going in at least once a month.
 - iii. **Cove Forge – Drew N.– Present**
 - ii. The commitment is the men's side on the 2nd Sunday of the month and the women's side on the 4th Sunday of every month. Currently no meeting is going into the facility at this time. Commitment is in need of panel leaders.
 - iv. **Indiana County Jail – Gabe S. – Present**
 - i. The women's side goes in every week, and the men's side goes in every other week. Men's side did not have a meeting this month due to scheduling issues. Gabe S. is working with the panel leaders to see if there is a certain day or time that works for everyone and the facility.
 - v. **Jefferson County Jail – Chandler N. – Absent/Excused**
 - i. Commitment has not gone in for the last 2 months. Chandler N. had a meeting with the warden and discussed changing the dates to one Saturday a month at 6:00 p.m. New applicants have been turned in and are currently waiting on the results of approval.
 - vi. **Pyramid – Aaron P.– Absent/Excused**

- i. Commitment is going on the third Sunday of the month. The men's meeting starts at 6:30 p.m. We need female panel leaders. A female member is interested in taking in the commitment for the women's side.
 - vii. **SCI Somerset – Vacant**
 - i. P.O.C absent; no report.
 - viii. **Somerset County Jail – Vacant**
 - i. P.O.C absent; no report.
 - ix. **Spirit Life – Vacant**
 - i. The speaker meeting is held every 1st and 3rd Thursday of the month at 6:30 p.m. No report given.
 - x. **St. Joes – Vacant**
 - i. No report.
 - xi. **Twin Lakes – Vacant**
 - i. No report.
6. **Old Business:** If motion passes at area, H&I will receive \$500 from Unity Retreat. Plan to count stockpile next month to determine what literature is needed to purchase. Discussion was had regarding changes with facility commitments and if that needs brought back to the committee to discuss further.
7. **Nominations/Elections:**
- i. None.
8. **New Business:** Members met prior to the meeting today and did a count on the stockpile of literature for H&I. Discussion regarding on what literature to purchase with the \$500 donation from the Unity Retreat was had. Heather will place the order before the next area meeting. Impromptu H&I workshop was done for new members wanting to get involved in H&I.
9. **Next H&I Sub-Committee: 1/18/2024 at 1:00 P.M.**
10. **Close with the Serenity Prayer at 1:45 P.M.**

LMHANA Public Relations Committee Minutes

Date: 12/21/2024

Attendance:

- Chair – Kevin W.
- Vice Chair – Joe H.
- Web Chair – Lance S.
- Vice Web Chair – Brandon R.
- Scott N.

Financial / Expenditures:

- 17 mini Basic Texts, 100 “Introductory Guide to NA” (includes shipping) for booth - \$490.20
- Literature order - \$17.15

New Business:

- New meeting lists coming next month
- Spent \$490.20 on literature for booth
- \$309.00 for upcoming PR event, prospective date is 3/8. Looking to ask Megan M. (?) to speak and also collaborate with Regional PR chair to double as a Regional PR Learning day.
- \$17.15 literature order with reoccurring budget
- Passing meeting list for updates before next print
- Brandon R. nominated as Web Chair for 2025 – nominated by Kevin W., 2nd by Lance S. **PASSED 4-0-0**

Old Business: None

Closed @ 1:26 PM

Policy & Administration Minutes for December 21, 2024

- The meeting was called to order at 11:00 AM
- Trusted Servants Attendance:

Chair (Jeremy) – Present
Vice Chair (Christian) – Present
Treasurer (Christina) – Not Present
RCM (Scott) – Present
Secretary (Tracy) – Present
BOD (Damion) – Not Present
- Reading of the 12 steps, 12 traditions and 12 concepts:

12 Steps – Chrisitan
12 Traditions – John
12 Concepts – Cody
- Old Business:
 - Motion 10-24-01 will be voted on at today’s (11/16/24) ASC: to change title (line 271) section VI “Regional Board of Directors Representative” to “Area Board Representative.”
 - Discussion about the language of the “suggested” clean time for vice-chair and the “suggested” clean time of treasurer due to the handling of money, however, it is “required” that Area Secretary have 2 years of clean time. Should the treasurer be absent from ASC then it would ultimately be the responsibility of the Vice-Chair to fill in. The language of the clean time “requirements” and “suggestions” is unclear was the summary of discussion. More will be revealed moving forward into the new year and new trusted servant positions.
- New Business:
 - There are 13 motions that are going to be gone over that will need to go back to the home groups to be voted on, RCM will be explaining these motions at ASC.
 - The nominee for P&A Chair has rescinded their nomination.
 - Everywhere that “BOD” is referenced needs to be changed to “ABR,” this needs to be done cautiously to avoid changing the regional ABR references.

Motion to Close by Tracy G. and 2nd by Christian.
Concluded at 11:12am

Unity Retreat Minutes December 21, 2024

- Open with Serenity Prayer at 12:00pm
- Reading of 12/12/12
 - 12 Steps – Tracy G.
 - 12 Traditions – Jason S.
 - 12 Concepts – Jason R.
- Roll Call
 - Chair – Liz M. - Excused Absence
 - Vice Chair – Drew N – Present
 - Secretary – Jeremy O - Present
 - Treasurer – Jason S – Present
 - Programming – Jason R - Present
 - Registration – Tracy G - Present
 - Activities – Nikie W. - Unexcused Absence
 - Merchandise – Lance S - Present
 - Fire Ring – Aaron P - Excused Absence
 - Recording – Erica P – Present
- Trusted Servants Reports

- Chair – Liz M., - report was sent expressing gratitude for everyone's commitment to the unity retreat this past year.
- Vice Chair – Drew N., - there are motions to be discussed that will be brought before the committee in new business.
- Secretary – Jeremy O., - nothing to report.
- Treasurer – Jason S., - There's \$5,000 in the account.
- Programming – Jason R., - nothing to report.
- Activities – Nikie W.– nothing to report.
- Registration – Tracy G., - nothing to report.
- Merchandise – Lance S., - nothing to report.
- Fire Ring – Aaron P. – excused absence
- Recording – Erica P. - nothing to report.
- Old Business
 - There is no old business to discuss.
- Nominations & Elections
 - Secretary – Vacant
 - Treasurer - Jason S. elected treasurer for 2025 Unity Retreat Committee
 - Programming – Erica P. nominated by Drew N., Second by Tracy G., Y-6 N-0 A-0, Vote carries
 - Registration – Aaron P. elected for registration for 2025 Unity Retreat Committee
 - Activities - Jason R. elected for activities for 2025 Unity Retreat Committee
 - Merchandise – Vacant
 - Fire Ring – Vacant
 - Recording - John F. elected for recording for 2025 Unity Retreat Committee
- New Business
 - Motion will be made at ASC to clarify the guidelines pertaining to main speakers; Section I, Trusted Servants, subsection 7, Program Chair will provide the 3 main speakers, one registration of choice with lodging of choice for the weekend. And will fill out the proper registration form as soon as possible (to avoid overbooking).
 - There is a cost to do business, that is a new expense, 25.00/yr, for a key to the night deposit box, this will be discussed more in the future but is something that everyone should be made aware of as a point of information. This will be sent back to the homegroups, when the motion is made. (Discussion Tabled)
 - Discussion to charge a “non-addict” fee (Discussion Tabled)
- Motion to Close Lance S. and 2nd by Jason S.
- Close with Serenity Prayer at 12:48pm

Outreach Committee - December 2024 Minutes

1. **Call to Order:** 12/21/2024 at 12:00pm
2. **Opened meeting with Serenity Prayer**
3. **Reading of the 12,12,12:**
 - 12 steps - Heather
 - 12 traditions - Gabe
 - 12 concepts - Christian
4. **Trusted Servants Roll Call:**
 - Chair - Gabe - present
 - Vice Chair - Christian - present
 - Secretary- Heather - present
5. **Old Business:**
 - Flyer is still upcoming
 - Continuing to pass paper for struggling groups to be listed
6. **New Business:**
 - none

- 7. Next Outreach Committee meeting is 1/18/2025 at 12:00 pm
- 8. Closed meeting with Serenity Prayer

December 2024 Literature Report

- Homegroups: \$534.00
- H&I: \$24.20
- Public Relations: \$17.15

Total: \$575.35

Description		Debit	Credit	Balance
STARTING AREA BALANCE				\$3,600.00
EXPENSES				
Regional Donation (add chk #415 \$241.59)		\$241.59		
Check to Literature Reimburse PR Special Lit chk# 411 \$490.20		\$490.20		
Check to Literature Reimburse H&I & PR (chk#413 \$51.35)		\$51.35		
Reimburse (add name and chk #)				
Presby Church Donation (Rent \$10.00)(chk# 412)		\$10.00		
TOTAL EXPENSES		\$793.14	\$0.00	\$2,806.86
CHECKS WAITING TO CLEAR				
Regional Donation (add chk #409 \$1,167.45)		\$1,167.45		
TOTAL NOT CLEARED		\$1,167.45	<small>Bank Balance</small>	\$4,767.45
GROUP DONATIONS				
		Group Count		
Altoona	By Any Means Necessary			
Altoona	Hope Not Dope			
Altoona	Just For Today	1	\$5.00	
Altoona	NA Basic Text			
Altoona	Not Today - No Matter What			
Altoona	Restored to Sanity			
Altoona	Spiritual Not Religious	1	\$0.00	

Altoona	Wake Up & Live			
Altoona	Willingness, Trust & Faith			
Bedford	NA Way			
Bolivar	Our Way Out			
Ebensburg	Point of Freedom			
Homer City	No Matter What			
Indiana	24 Principles for 24 Hours	1	\$5.00	
Indiana	Clean And Serene			
Indiana	Living Clean			
Indiana	Restoration to Sanity	1	\$35.00	
Indiana	Saturday Staying Alive			
Indiana	Subject To Revision	1	\$0.00	
Indiana	Sunday Survivors	1	\$20.00	
Indiana	Thank God It's Friday			
Indiana	Turning Point			
Indiana	Why Die			
Johnstown	Common Welfare Group of NA			
Johnstown	Free Yourself			
Johnstown	High Hopes			
Johnstown	K.I.S.S			
Johnstown	Primary Purpose	1	\$0.00	
Johnstown	Saturday Night Jive			
Johnstown	Simple Solution			
Punxsutawney	2nd Chance Survivors			
Reynoldsville	Broken Yet Accepted			
Reynoldsville	Step Sistas Group of NA			
Somerset	Attitude of Gratitude			
Somerset	Hugs Not Drugs			
Somerset	Principles Before Personalities			
Somerset	Promise is Freedom			
Somerset	Simplicity is the Key	1	\$20.00	
Somerset	The Basics			

TOTAL GROUP DONATIONS			\$85.00	\$2,891.86
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Other Donations:				
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Transfer from Literature			\$217.94	
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Unity Retreat - Amount over Prudent Reserve				
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Total Bank Deposit			\$302.94	
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AREA SUB BALANCE WITH SUB COMMITTEE RESERVES				\$3,109.80
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Subcommittee Expenses:				
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Activities Fundraiser = \$300 (3 events per year)	\$300.00			\$2,809.80
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Hospitals & Institutions \$500 held for literature stockpile	\$500.00			\$2,309.80
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Public Relations = \$309.80 for PR event	\$309.80			\$2,000.00
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Policy and Administration				\$2,000.00
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New Groups				\$2,000.00
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Miscellaneous: H&I Copies				\$2,000.00
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ENDING AREA BALANCE				\$2,000.00
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ENDING BANK BALANCE				\$3,167.45
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LMHANA Prudent Reserve:	\$2,000.00	\$1,167.45		
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Suggested Regional Donation (if number is bracketed it's below reserve)				\$0.00
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Total Number of Groups Donating this month				8
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Percentage of Groups Donating				30.77%
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Percentage of Area Expenses the Groups Donations are covering?				5.30%
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LMHANA Literature Financial Report - December 2024

Description	Debit	Credit	Total
Starting Literature Balance			\$2,429.19
Debits			
NAWS Literature Purchase - Sales Order #1034458 - Chk#438 \$490.20	\$490.20		
CHECKS WAITING TO CLEAR NAWS Lit - Invoice #0048300- Chk #437 \$	\$796.60		
Transfer to Main Acct - over reserve - CHK#439 \$217.94)	\$217.94		
Credits			
Literature Sales		\$534.00	
H&I Donation			
PR Special Literature from \$800 reserve		\$490.20	
Transfers from Area Account			
New Mtg Lit			
H&I Literature		\$34.20	
PR Literature		\$17.15	
Bank Deposit Error			
Sub Total Balance	\$1,504.74	\$1,075.55	\$2,000.00
Ending Literature Balance			\$2,000.00
<i>Literature Prudent Reserve: if over 2000 move to Main Account (bracketed number under PR)</i>	\$2,000.00		\$0.00

7. Old Business-

8. Nominations/ Elections: Area Chair- Christian S – 11-0-2
 Area Secretary- Aaron P -12-0-1
 P & A Chair- Lance S - Nomination Withdrawn

9. New Business: **Motion 12-24-02-** UR Committee- Seconded by Cora S- To Update the UR Retreat guidelines Section I: Trusted Servants Programming: subsection k. change from current guideline which does not address lodging for main speakers to: Program Chair will provide the 3 main speakers one registration of choice with lodging choice for the weekend and will fill out the proper registration form as soon as possible (to avoid overbooking), the intent is to clarify the guidelines which are currently unclear.

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There is also 12 other motions that were discussed that will be attached in a separate attachment in the RCM report that will need to be voted on next month.

10. Group Roll Call & Reports:

- Somerset-
 - Simplicity is key- Lance S – other
 - Attitude of Gratitude- Logan S- GSR

- Johnstown-
 - Free yourself – Jamie K- GSR
 - Primary Purpose- Katie A GSR

- Altoona:
 - Spiritual Not Religious- Drew N.- GSR- **NYE event With Tuesday And Friday Night 6pm to 12:30 am 12/31/2024**
 - Just For Today- Karl O- GSR-
 - Willingness Trust & Faith- Cora S GSR
 - NA Basic Text- Jon F- GSR

- Indiana:
 - Why Die- Gabe S – GSR- starting to plan anniversary
 - Subject to Revision- Kelly T – GSR-Need Active Home Group members
 - Restoration to Sanity-Blue K – Other
 - Staying Alive- Dave- GSR
 - No Matter What (Homer City) – Hunter W- GSR
 - 24 Principles for 24 Hours Troy M- Other

- Reynoldsville
 - Broken yet Accepted- Nicholas D- GSR
 - Step Sistas-Eryn N GSR-Need Support Down to 1 Meeting per month

- Bedford
 - NA Way- Cody C- Alt GSR

11. Next Area Service will be held: January 18, 2024

12. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.