

AREA SERVICE COMMITTEE AGENDA FOR December 21, 2024

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out). **Intent:** In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**
 1. Area Chair
 2. Vice Chair
 3. Secretary
 4. Public Relations/Helpline/Website
 5. Regional Committee Member
 6. Fundraiser Activities
 7. Unity Retreat
 8. Unity Retreat Vice Chair
 9. B.O.D. Rep
 10. Hospitals & Institutions
 11. Policy & Administrations
 12. Outreach
 13. Literature
 14. Treasurer
8. **Old Business: Motion 10-24-01-** Scott N. Second by Drew N: to change Title (line 271) Section VI “Regional Board of Directors Representative” to “Area Board Representative” Intent: to align language with regional language and eliminate any confusion.
Motion 10-24-02- Kevin W- Second by Drew N: Requesting funds in the amount of \$800 from the Unity Retreat proceeds to Purchase literature and to hold a Helpline Event. Intent: to stock literature and hold PR and helpline event.
Motion 10-24-03- Lance S- Second By Logan S: To donate \$1000 to NAWS directly from our area from Unity Retreat proceeds. Intent: NAWS is low on operating funds due to reciprocating effect of COVID and donations down to world NA.
Motion 10-24-04 Heather W- Second By Mark S: H & I IS requesting \$500 of fund from the Unity retreat proceeds to purchase literature to restock their stockpile of literature. Intent: to carry the message to those inside H & I commitments,
9. **Nominations/Elections:** **Area Chair- Chistian S**
Area Secretary- Aaron P
P & A Chair- Lance S
10. **New Business:**
11. **Group Reports:**
 - **Altoona:** Spiritual Not Religious, Monday Nite NA Basic Text, Just For Today, Hope Not Dope, By Any Means Necessary, Restored to Sanity, Wake Up & Live, Willingness, Trust, and Faith
 - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it’s Friday, Clean and Serene, Saturday Staying Alive, Living Clean
 - **Johnstown:** Free Yourself, Primary Purpose, Common Welfare, Saturday Night Jive
 - **Homer City:** No Matter What
 - **Somerset:** Simplicity is Key, Attitude of Gratitude
 - **Punxsutawney:** 2nd Chance Survivors
 - **Reynoldsville:** Broken Yet Accepted, Step Sistas
12. **Next L.M.H.A.N.A Area Service Committee: January 18, 2025**
13. **Close ASC with the “We Version” of the Serenity Prayer.**

Minutes from November 16 2024, Area Service

1. CALL TO ORDER: at 2:00 PM at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931
2. Open Meeting with The Serenity Prayer
3. Reading of the 12 Steps (Christian S), 12 Traditions (Chynel M) and 12 Concepts (Tracy G)
4. Review of Minutes: Motion to Accept by Drew N. second by Jon F.
5. Trusted Servants Roll Call:
Area Chair(P) , Area Vice Chair(A), Secretary(P), Area Treasurer(P), Regional Committee Member(P), H&I Chair(A), Public Relations/Web Chair(P), Literature Chair(A), Activities Chair(V), Unity Retreat Chair(A), Unity Retreat Vice Chair(P), B.O.D Rep(P), Policy & Administration (A), Outreach Chair(P)
6. Trusted Servants Reports:
 - Area Chair: Jeremy O- Nothing to report- Read Service Prayer
 - Area Vice Chair: Christian S. – Nothing to report
 - Secretary: Tracy G. – Nothing to report

H&I Report November 2024

1. **Call to Order:** 11/16/24 at 01:00 P.M.
2. **Open Meeting with Serenity Prayer.**
3. **Reading of the 12 – 12 – 12**
 - i. 12 Steps – Christian S. 12 Traditions – Gabe S. 12 Concepts – Chynel
4. **Roll Call:**
 - i. **H&I Chair:** Heather W. – Absent/Excused
 - ii. **Vice Chair:** Jason S. - Present
 - iii. **Secretary:** Katie A. - Present
 - iv. **Panel Coordinators:**
 - i. **Bedford County Jail:** Vacant
 - ii. **Cambria County Prison:** Vacant
 - iii. **Cove Forge:** Drew N. – Present
 - iv. **Indiana County Jail:** Gabe S. - Present
 - v. **Jefferson County Jail:** Chandler N. – Absent/Excused
 - vi. **Pyramid:** Aaron P. – Present
 - vii. **SCI Somerset:** Vacant
 - viii. **Somerset County Jail:** Vacant
 - ix. **SpiritLife:** Sam R. – Absent/Unexcused
 - x. **St. Joes:** Christian S. – Present
 - xi. **Twin Lakes:** Vacant
5. **H&I Panel Coordinator Reports:**
 - i. **Bedford County Jail – Vacant**

- i. Lance S. is the P.O.C. Men go in the 3rd Wednesday of every month. Women go in the 4th Wednesday of every month. All panel members will be completing their 2 year commitment at the end of this year. More will be revealed. Actively looking for more panel leaders.
 - ii. **Cambria County Prison – Vacant**
 - i. Katie A. and Liz M. are the P.O.C. Commitment goes in on the 2nd and 4th Sundays of the month. Working on consistency with the commitment. Still dealing with miscommunication with Correction Officer(s). Reached out to the Warden to get clarification.
 - iii. **Cove Forge – Drew N.– Present**
 - ii. The commitment is the men's side on the 2nd Sunday of the month and the women's side on the 4th Sunday of every month. No female H&I meeting currently in place due to no panel leaders. The men's side commitment did not go in this month. The panel coordinator has been staying in contact with the facility. Looking for other panel members.
 - iv. **Indiana County Jail – Gabe S. – Present**
 - i. The women's side goes in every week, and the men's side goes in every other week. Scheduling problems are still present. Lack of interest from women inmates.
 - v. **Jefferson County Jail – Chandler N. – Absent/Excused**
 - i. More panel leaders are needed, and we are currently working on getting more. Contacted deputy warden to discuss lowering our commitment to once a month and going in an hour later due to limited volunteers. No concrete decision as of yet.
 - vi. **Pyramid – Aaron P.– Present**
 - i. Commitment is going on the third Sunday of the month. The men's meeting starts at 6:30 p.m. We need female panel leaders. Due to 75-100 people in this treatment facility, more IPs out of the stockpile are needed.
 - vii. **SCI Somerset – Vacant**
 - i. P.O.C absent; no report.
 - viii. **Somerset County Jail – Vacant**
 - i. P.O.C absent; no report.
 - ix. **Spirit Life – Sam R. – Absent/Unexcused**
 - i. The speaker meeting is held every 1st and 3rd Thursday of the month at 6:30 p.m. No report given.
 - x. **St. Joes – Christian S. – Present**
 - i. The meeting is held on the 2nd and 4th Tuesdays of the month at 7 p.m. Have not been in the facility for a while. Will be stepping down from commitment.
 - xi. **Twin Lakes – Vacant**
 - i. No report.
6. **Old Business:** Rescind vote to allow women/men panel leaders to take in meetings on the opposite side. Vote: passed (6-0-2).

Next month, look at changing the wording in Article X in H&I guidelines with the intent to clarify and remove any grey areas from the wording.

A letter was received from an inmate at SCI Pine Grove requesting literature. This matter was tabled due to time

constraints.

7. Nominations/Elections:

i. None.

8. New Business: If motion passes at area, H&I will receive \$500 from Unity Retreat. Plan to count stokepile next month to determine what literature is needed to purchase. Discussion was had regarding changes with facility commitments and if that needs brought back to the committee to discuss further.

9. Next H&I Sub-Committee: 12/21/2024 at 1:00 P.M.

10. Close with the Serenity Prayer at 1:45 P.M.

LMHANA Public Relations Committee Minutes

Date: 11/16/2024

Attendance:

- Chair – Kevin W.
- Vice Chair – Joe H.
- Web Chair – Lance S.
- Vice Web Chair – Brandon R.
- Scott N.
- Liz M.

Financial / Expenditures:

- Literature for booth - \$25.00

New Business:

- Start planning for next month if motion is passed for UR funds to hold an event.

Old Business: Motion for UR funds

Closed @ 1:30 PM

LMHANA Activities Committee 110/19/2024

No meeting this month

Policy & Administration for November 16, 2024

- The meeting was called to order at 11:02 AM
- Trusted Servants Attendance:
 - Chair – Present
 - Vice Chair – Present
 - Treasurer – Not Present
 - RCM – Present
 - Secretary – Present
 - BOD – Not Present
- Reading of the 12 steps, 12 traditions and 12 concepts:
 - 12 Steps – Scott N.
 - 12 Traditions – Christian
 - 12 Concepts – Tracy G.
- Old Business:
 - Updates to all guidelines will be made according to the pending outcome of today’s (last ASC) motions.
 - Motion being made to align language to match region in terms of LMHANA BOD title only being updated to match regional terminology of this position to avoid any potential confusion.
- New Business:
 - Motion 10-24-01 will be voted on at today’s ASC: to change title (line 271) section VI “Regional Board of Directors Representative” to “Area Board Representative.”
 - Discussion about the language of the “suggested” clean time for vice-chair and the “suggested” clean time of treasurer due to the handling of money, however, it is “required” that Area Secretary have 2 years of clean time. Should the treasurer be absent from ASC then it would ultimately be the responsibility of the Vice-Chair to fill in. The language of the clean time “requirements” and “suggestions” is unclear was the summary of aforementioned discussion. More will be revealed moving forward into the new year and new trusted servant positions.

Motion to Close by Tracy G. 2nd by Christian

Unity Retreat Minutes November 16, 2024

- Open with Serenity Prayer at 12:02pm
- Reading of 12/12/12
 - 12 Steps – Jeremy O.
 - 12 Traditions – Tracy G.
 - 12 Concepts – Lance S.
- Roll Call
 - Chair – Liz M. - Present
 - Vice Chair – Drew N – Present
 - Secretary – Jeremy O - Present
 - Treasurer – Jason S – Present
 - Programming – Jason R - Present
 - Registration – Tracy G - Present
 - Activities – Nikie W.- Absent (Unexcused)
 - Merchandise – Lance S - Present
 - Fire Ring – Aaron P - Present
 - Recording – Erica P – Absent (Excused)
- Trusted Servants Reports
 - Chair – Liz M., - Suggest the first order of business for new committee be the deposit key that would be needed, check signer documents were also presented to the group as well for this transitional period.

- Vice Chair – Drew N., - More will be revealed after today’s ASC for the nomination of the chair position. Discuss the things that were missed last year, etc. December will be a transitional month, looking at what motions to be given to area after December’s meeting.
- Secretary – Jeremy O., - nothing to report
- Treasurer – Jason S., - Bank account has \$5,000.00 and will roll-over to next year’s committee.
- Programming – Jason R., - nothing to report.
- Activities – Nikie W.– absent, there was no report sent.
- Registration – Tracy G., - nothing to report.
- Merchandise – Lance S., - nothing to report. Printout will be given to Unity Retreat Chair once they are elected at ASC.
- Fire Ring – Aaron P. – nothing to report.
- Recording – Erica P. - absent, nothing to report.
- Old Business
 - UR Chair Report will be discussed at next UR Meeting as per UR Vice Chair.
- Nominations & Elections
 - Secretary – No nominations
 - Treasurer - Jason S. nominated by Lance S. and 2nd by Tracy G., Y-6 N-0 A-1, vote carries
 - Programming – No nominations
 - Registration – Aaron P. nominated by Drew N and 2nd by Drew N., Y-6 N-0 A-1, vote carries
 - Activities - Jason R. nominated by Drew N. and 2nd by Aaron P., Y-6 N-0 A-1, vote carrier
 - Merchandise – No nominations
 - Fire Ring – No nominations
 - Recording - John F. nominated by Drew N. and 2nd by Aaron P., Y-6 N-0 A-1
- New Business
 - There is no new business.
- Motion to Close by Tracy G. and 2nd by Jason S.
- Close with Serenity Prayer at 12:46pm

Outreach Committee - November 2024 Minutes

1. **Call to Order:** 11/16/2024 at 12:15pm
2. **Opened meeting with Serenity Prayer**
3. **Reading of the 12,12,12:**
 - 12 steps - Christian
 - 12 traditions - Gabe
 - 12 concepts - Christian
4. **Trusted Servants Roll Call:**
 - Chair - Gabe - present
 - Vice Chair - Christian -absent
 - Secretary- Heather - absent
5. **Old Business:**
 - Flyer is still upcoming
 - Continuing to pass paper for struggling groups to be listed
6. **New Business:**
 - Planning to visit some of the struggling groups listed
 - Take inventory of stockpile
7. **Next Outreach Committee meeting is 12/21/2024 at 12:00 pm**
8. **Closed meeting with Serenity Prayer at 1:00 pm**

November 2024 Literature Report

- Homegroups - \$512.00
- Outreach - \$12.75
- Public Relations - \$25.00
- H&I - \$39.60

Total - \$589.35

| LMHANA Treasurer Report - November 2024 | | | | |
|--|----------------------------|-------------------|---------------------|-------------------|
| Description | | Debit | Credit | Balance |
| STARTING AREA BALANCE | | | | \$4,600.00 |
| EXPENSES | | | | |
| Regional Donation (add chk #409 \$1,167.45) | | \$1,167.45 | | |
| Check to Literature Reimburse H&I, PR & Outreach (chk#405 \$77.35) | | \$77.35 | | |
| Reimburse (add name and chk #) | | | | |
| Presby Church Donation (Rent - 10% if >\$10)(add chk #406 \$27.20) | | \$27.20 | | |
| TOTAL EXPENSES | | \$1,272.00 | \$0.00 | \$3,328.00 |
| CHECKS WAITING TO CLEAR | | | | |
| | | | | |
| TOTAL NOT CLEARED | | \$0.00 | Bank Balance | \$4,600.00 |
| GROUP DONATIONS | | | | |
| | | Group Count | | |
| Altoona | By Any Means Necessary | 1 | \$20.00 | |
| Altoona | Hope Not Dope | | | |
| Altoona | Just For Today | 1 | \$0.00 | |
| Altoona | NA Basic Text | 1 | \$11.00 | |
| Altoona | Not Today - No Matter What | | | |
| Altoona | Restored to Sanity | | | |
| Altoona | Spiritual Not Religious | 1 | \$0.00 | |

| | | | | |
|--|---------------------------------|-------------------|-----------------|-------------------|
| Altoona | Wake Up & Live | | | |
| Altoona | Willingness, Trust & Faith | | | |
| Bedford | NA Way | 1 | \$200.00 | |
| Bolivar | Our Way Out | | | |
| Ebensburg | Point of Freedom | 1 | \$20.00 | |
| Homer City | No Matter What | 1 | \$21.00 | |
| Indiana | 24 Principles for 24 Hours | 1 | \$0.00 | |
| Indiana | Clean And Serene | | | |
| Indiana | Living Clean | | | |
| Indiana | Restoration to Sanity | | | |
| Indiana | Saturday Staying Alive | | | |
| Indiana | Subject To Revision | 1 | \$0.00 | |
| Indiana | Sunday Survivors | | | |
| Indiana | Thank God It's Friday | | | |
| Indiana | Turning Point | | | |
| Indiana | Why Die | 1 | \$0.00 | |
| Johnstown | Common Welfare Group of NA | | | |
| Johnstown | Free Yourself | | | |
| Johnstown | High Hopes | | | |
| Johnstown | K.I.S.S | | | |
| Johnstown | Primary Purpose | 1 | \$0.00 | |
| Johnstown | Saturday Night Jive | | | |
| Johnstown | Simple Solution | | | |
| Punxsutawney | 2nd Chance Survivors | | | |
| Reynoldsville | Broken Yet Accepted | | | |
| Reynoldsville | Step Sistas Group of NA | | | |
| Somerset | Attitude of Gratitude | | | |
| Somerset | Hugs Not Drugs | | | |
| Somerset | Principles Before Personalities | | | |
| Somerset | Promise is Freedom | | | |
| Somerset | Simplicity is the Key | 1 | \$0.00 | |
| Somerset | The Basics | | | |
| TOTAL GROUP DONATIONS | | | \$272.00 | \$3,600.00 |
| Other Donations: | | | | |
| Transfer from Literature | | | | |
| Unity Retreat - Amount over Prudent Reserve | | | | |
| Total Bank Deposit | | | \$272.00 | |
| AREA SUB BALANCE WITH SUB COMMITTEE RESERVES | | | | \$3,600.00 |
| Subcommittee Expenses: | | | | |
| Activities Fundraiser = \$300 (3 events per year) | | | | \$3,600.00 |
| Hospitals & Institutions \$500 held for literature stockpile | | | | \$3,600.00 |
| Public Relations = \$800 for PR event & literature | | | | \$3,600.00 |
| Policy and Administration | | | | \$3,600.00 |
| New Groups | | | | \$3,600.00 |
| Miscellaneous: H&I Copies | | | | \$3,600.00 |
| ENDING AREA BALANCE | | | | \$3,600.00 |
| ENDING BANK BALANCE | | | | \$3,600.00 |
| LMHANA Prudent Reserve: | | \$2,000.00 | \$0.00 | |
| Suggested Regional Donation (if number is bracketed it's below reserve) | | | | \$1,600.00 |
| Total Number of Groups Donating this month | | | | 12 |
| Percentage of Groups Donating | | | | 30.77% |
| Percentage of Area Expenses the Groups Donations are covering? | | | | |

LMHANA Literature Financial Report - November 2024

| Description | Debit | Credit | Total |
|--|-------------------|-----------------|---------------------|
| Starting Literature Balance | | | \$2,795.94 |
| Debits | | | |
| NAWS Literature Purchase - Sales Order # 0048300- Chk #437 \$796.60 | \$796.60 | | |
| CHECKS WAITING TO CLEAR NAWS Lit - Invoice# 0044672 - Chk# 436 | \$956.10 | | |
| Credits | | | |
| Literature Sales | | \$512.00 | |
| H&I Donation | | | |
| Transfers from Area Account | | | |
| New Mtg Lit | | | |
| H&I Literature | | \$39.60 | |
| PR Literature | | \$25.00 | |
| Outreach Literature | | \$12.75 | |
| Sub Total Balance | \$1,752.70 | \$589.35 | \$1,632.59 |
| Ending Literature Balance | | | \$1,632.59 |
| <i>Literature Prudent Reserve: if over 2000 move to Main Account (bracketed number under PR)</i> | \$2,000.00 | | (\$367.41) |

7. Old Business- **Motion 10-24-01-** passed 13-1-1
Motion 10-24-02- passed 15-0-0
Motion 10-24-03- does not pass 8-7-0
Motion 10-24-04-passed-14-1-0

8. Nominations/ Elections: Damien M Elected for BOD rep 15-0-2

Vice Chair- Jon F - 12-1-1
PR Chair- Kevin W – 13-1-1
RCM- Scott N – 15-0-0
UR Chair- Drew N – 11-3-0
UR Vice Chair – Tracy G 14-1-0
BOD Rep- Damien M- 13-2-0
H & I Chair- Jason S- 14-1-0
Outreach Chair- Gabe S 13-1-0
Literature Chair- Cody C - 13-1-0
Treasurer- Christina O- 14-1-0

Area Chair- Christian S
Area Secretary- Aaron P
P & A Chair- Lance S

9. New Business:

10. Group Roll Call & Reports:

- Somerset-
 - Simplicity is key- Lance S – other
 - Attitude of Gratitude- Logan S- GSR

- Johnstown-
 - Free yourself – Jamie K- GSR
 - Primary Purpose- Katie A GSR

- Altoona:
 - Spiritual Not Religious- Drew N.- GSR- **NYE event With Tuesday And Friday Night 6pm to 12:30 am 12/31/2024**
 - Just For Today- Karl O- GSR-
 - Willingness Trust & Faith- Cora S GSR
 - NA Basic Text- Jon F- GSR

- Indiana:
 - Why Die- Gabe S – GSR- starting to plan anniversary
 - Subject to Revision- Kelly T – GSR-Need Active Home Group members
 - Restoration to Sanity-Blue K – Other
 - Staying Alive- Dave- GSR
 - No Matter What (Homer City) – Hunter W- GSR
 - 24 Principles for 24 Hours Troy M- Other

- Reynoldsville
 - Broken yet Accepted- Nicholas D- GSR
 - Step Sistas-Eryn N GSR-Need Support Down to 1 Meeting per month

- Bedford
 - NA Way- Cody C- Alt GSR

11. Next Area Service will be held: December 21, 2024

12. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.