

AREA SERVICE COMMITTEE AGENDA FOR November 16, 2024

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out). **Intent:** In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**
 1. Area Chair
 2. Vice Chair
 3. Secretary
 4. Public Relations/Helpline/Website
 5. Regional Committee Member
 6. Fundraiser Activities
 7. Unity Retreat
 8. Unity Retreat Vice Chair
 9. B.O.D. Rep
 10. Hospitals & Institutions
 11. Policy & Administrations
 12. Outreach
 13. Literature
 14. Treasurer
8. **Old Business: Motion 10-24-01-** Scott N. Second by Drew N: to change Title (line 271) Section VI “Regional Board of Directors Representative” to “Area Board Representative” Intent: to align language with regional language and eliminate any confusion.
Motion 10-24-02- Kevin W- Second by Drew N: Requesting funds in the amount of \$800 from the Unity Retreat proceeds to Purchase literature and to hold a Helpline Event. Intent: to stock literature and hold PR and helpline event.
Motion 10-24-03- Lance S- Second By Logan S: To donate \$1000 to NAWS directly from our area from Unity Retreat proceeds. Intent: NAWS is low on operating funds due to reciprocating effect of COVID and donations down to world NA.
Motion 10-24-04 Heather W- Second By Mark S: H & I IS requesting \$500 of fund from the Unity retreat proceeds to purchase literature to restock their stockpile of literature. Intent: to carry the message to those inside H & I commitments,
9. **Nominations/Elections: Vice Chair- Jon F**
PR Chair- Kevin W
RCM- Scott N
UR Chair- Drew N
UR Vice Chair – Tracy G
BOD Rep- Damien M
H & I Chair- Jason S
Outreach Chair- Gabe S
Literature Chair- Cody C
Treasurer- Christina O
10. **New Business:**
11. **Group Reports:**
 - **Altoona:** Spiritual Not Religious, Monday Nite NA Basic Text, Just For Today, Hope Not Dope, By Any Means Necessary, Restored to Sanity, Wake Up & Live, Willingness, Trust, and Faith
 - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it’s Friday, Clean and Serene, Saturday Staying Alive, Living Clean
 - **Johnstown:** Free Yourself, Primary Purpose, Common Welfare, Saturday Night Jive
 - **Homer City:** No Matter What
 - **Somerset:** Simplicity is Key, Attitude of Gratitude
 - **Punxsutawney:** 2nd Chance Survivors
 - **Reynoldsville:** Broken Yet Accepted, Step Sistas
12. **Next L.M.H.A.N.A Area Service Committee: December 21, 2024**
13. **Close ASC with the “We Version” of the Serenity Prayer.**

Minutes from October 19 2024, Area Service

1. CALL TO ORDER: at 2:00 PM at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931
2. Open Meeting with The Serenity Prayer
3. Reading of the 12 Steps (Jeremy O), 12 Traditions (Jaime K) and 12 Concepts (Scott N)
4. Review of Minutes: Motion to Accept by Lance S. second by Tim L.
5. Trusted Servants Roll Call:
Area Chair(P) , Area Vice Chair(A), Secretary(P), Area Treasurer(P), Regional Committee Member(P), H&I Chair(P), Public Relations/Web Chair(P), Literature Chair(P), Activities Chair(V), Unity Retreat Chair(A), Unity Retreat Vice Chair(P), B.O.D Rep(V), Policy & Administration (P), Outreach Chair(P)
6. Trusted Servants Reports:
 - Area Chair: Jeremy O- Nothing to report- Read Service Prayer
 - Area Vice Chair: Christian S. – Absent
 - Secretary: Tracy G. – Nothing to report

H&I Report October 2024

1. **Call to Order:** 10/19/24 at 01:00 P.M.
2. **Open Meeting with Serenity Prayer.**
3. **Reading of the 12 – 12 – 12**
 - i. 12 Steps – Chynel 12 Traditions – Gabe S. 12 Concepts – Sam R.
4. **Roll Call:**
 - i. **H&I Chair:** Heather W. – Present
 - ii. **Vice Chair:** Jason S. - Present
 - iii. **Secretary:** Katie A. - Present
 - iv. **Panel Coordinators:**
 - i. **Bedford County Jail:** Vacant
 - ii. **Cambria County Prison:** Vacant
 - iii. **Cove Forge:** Drew N. – Present
 - iv. **Indiana County Jail:** Gabe S. - Present
 - v. **Jefferson County Jail:** Chandler N. – Present
 - vi. **Pyramid:** Aaron P. – Absent/Excused
 - vii. **SCI Somerset:** Vacant
 - viii. **Somerset County Jail:** Vacant
 - ix. **SpiritLife:** Sam R. – Present
 - x. **St. Joes:** Christian S. – Absent/Unexcused
 - xi. **Twin Lakes:** Vacant
5. **H&I Panel Coordinator Reports:**
 - i. **Bedford County Jail – Vacant**

- i. Lance S. is the P.O.C. Men go in the 3rd Wednesday of every month. Women go in the 4th Wednesday of every month. All panel members will be completing their 2 year commitment at the end of this year. More will be revealed. Actively looking for more panel leaders.
 - ii. **Cambria County Prison – Vacant**
 - i. Katie A. and Liz M. are the P.O.C. Commitment goes in on the 2nd and 4th Sundays of the month. Still working on consistency with the commitment. Improvements have been made. Never heard back from the facility regarding the time slot issue.
 - iii. **Cove Forge – Drew N.– Present**
 - ii. The commitment is the men's side on the 2nd Sunday of the month and the women's side on the 4th Sunday of every month. The commitment did not go in this month. The panel coordinator has been staying in contact with the facility. Looking for other panel members.
 - iv. **Indiana County Jail – Gabe S. – Present**
 - i. The women's side goes in every week, and the men's side goes in every other week. Scheduling problems are still present. The jail offered to allow women panel leaders to take on the men's H&I commitment.
 - v. **Jefferson County Jail – Chandler N. – Present**
 - i. More panel leaders are needed, and we are currently working on getting more. Discussion was had with the deputy warden about possible lower restrictions on the application process.
 - vi. **Pyramid – Aaron P.– Absent/Excused**
 - i. Commitment is going on the third Sunday of the month. The men's meeting starts at 6:30 p.m. We need female panel leaders. Due to 75-100 people in this treatment facility, more IPs out of the stockpile are needed.
 - vii. **SCI Somerset – Vacant**
 - i. P.O.C absent; no report.
 - viii. **Somerset County Jail – Vacant**
 - i. P.O.C absent; no report.
 - ix. **Spirit Life – Sam R. – Present**
 - i. The speaker meeting is held every 1st and 3rd Thursday of the month at 6:30 p.m. It needs support and a new panel leader. Short on literature, so asked to get more IP's from the stockpile.
 - x. **St. Joes – Christian S. – Absent/Unexcused**
 - i. The meeting is held on the 2nd and 4th Tuesdays of the month at 7 p.m. No report.
 - xi. **Twin Lakes – Vacant**
 - i. No report.
6. **Old Business:** Discussed potentially having the panel coordinator reports go last instead of at the beginning of the meeting so that time is not rushed.
7. **Nominations/Elections:**
- i. None.
8. **New Business:** Rescind vote to allow women/men panel leaders to take in meetings on the opposite side. Vote: passed (6-0-2).

Next month, look at changing the wording in Article X in H&I guidelines with the intent to clarify and remove any grey areas from the wording.

A letter was received from an inmate at SCI Pine Grove requesting literature. This matter was tabled due to time constraints.

9. Next H&I Sub-Committee: 11/16/2024 at 1:00 P.M.

10. Close with the Serenity Prayer at 1:55 P.M.

LMHANA Public Relations Committee Minutes

Date: 10/19/2024

Attendance:

- Chair – Kevin W.
- Web Chair – Lance S.
- Vice Web Chair – Brandon
- Scott N.
- Logan S.

Financial / Expenditures:

- Scott N. – meeting lists \$100.70
- Literature for booth - \$24.00

New Business:

- Savage Sisters event, Breaking Down the Borders event, and Recovery in the Valley event all went well. Discussed updating/repairing small issues with website. Flyers from Region to be sorted through and added to our area website. See motion in ASC minutes for suggested donation for UR funds.

Old Business: None

Closed @ 1:30 PM

LMHANA Activities Committee 10/19/2024

No meeting this month

Policy & Administration for October 19th, 2024

- The meeting was called to order at 11:00 AM
- Trusted Servants Attendance:
 - Chair – Present
 - Vice Chair – Present
 - Treasurer – Not Present
 - RCM – Present
 - Secretary – Present
 - BOD – Vacant
- 12 Steps / 12 Traditions / 12 Concepts
 - 12 Steps – Christian S.
 - 12 Traditions – Tracy G
 - 12 Concepts – Scott N
- Old Business:
 - All ASC guidelines and Subcommittee guidelines are current to date to the best of P&A chairs knowledge
 - New Business: Updates to all guidelines will be made accordingly pending outcome of today's motions.
 - Motion being made to align language to match Region in terms of LMHANA BOD title only being updated to match Regional terminology of this position to avoid any potential confusion.
- Motion to Close – Christian S
- Second- Tracy G
- Concluded at 11:15 am

Unity Retreat Minutes October 19, 2024

- Open with Serenity Prayer at 12:00pm
- Reading of 12/12/12
 - 12 Steps – Tracy G.
 - 12 Traditions – Aaron P.
 - 12 Concepts – Jeremy O.
- Roll Call
 - Chair – Liz M. - Absent (Excused)
 - Vice Chair – Drew N – Present
 - Secretary – Jeremy O - Present
 - Treasurer – Jason S – Present
 - Programming – Jason R - Present
 - Registration – Tracy G - Present
 - Activities – Nikie W.- Absent (Excused)
 - Merchandise – Lance S - Present
 - Fire Ring – Aaron P - Present
 - Recording – Erica P – Present
- Trusted Servants Reports
 - Chair – Liz M., - Report sent to Vice Chair and reported.
 - Vice Chair – Drew N., - Nothing to report.
 - Secretary – Jeremy O., - Nothing to report.
 - Treasurer – Jason S., - The bank book balances to \$9,434.96, which means we are \$4,434.96 over prudent reserve, a check was made to Area Service Committee for the aforementioned amount.
 - Programming – Jason R., - Nothing to report.
 - Activities – Nikie W.– nothing to report.
 - Registration – Tracy G., - There were 191 registrations for the event.
 - Merchandise – Lance S., - 263.00 was sold at the world convention, an NA member from Tokyo purchased a bunch of the t-shirts. If there is left over merchandise and it is sold at other events a letter from the Area Chair will need to be drafted and presented to the event for permission to sell the merchandise, this is just a point of information for next year's trusted servants.
 - Fire Ring – Aaron P. – Nothing to report.

- Recording – Erica P. - There was one mishap with the women’s rap that was not able to be recorded due to an operational error by the person responsible for hitting play on the recorder. All other recordings were successful.
- Old Business
 - Programming guideline section K. will be reviewed after the retreat, pertaining to the covering of cost for speakers accommodations at the retreat. (Tabled for November UR Meeting)
 - More specific for the amount of change needed for merchandise and registration will be discussed after the retreat, guidelines say 50.00 but as history has proved, this needs to be increased. (Tabled for November UR Meeting)
- Nominations & Elections
 - Nominations and elections, with the exception of Chair and Vice Chair, will be conducted on November 16, 2024.
- New Business
 - There is no new business to discuss, UR Chair Report will be discussed at next UR Meeting as per UR Vice Chair.
- Motion to Close by Jason S. 2nd by Tracy G.
- Close with Serenity Prayer at 1:00pm

Outreach Committee - October 2024 Minutes

1. **Call to Order:** 10/19/2024 at 12:00pm
2. **Opened meeting with Serenity Prayer**
3. **Reading of the 12,12,12:**
 - 12 steps - Cindy
 - 12 traditions - Michelle
 - 12 concepts - Zach
4. **Trusted Servants Roll Call:**
 - Chair - Gabe - present
 - Vice Chair - Christian -absent
 - Secretary- Heather - present
5. **Old Business:**
 - Secretary forgot to bring her laptop with this month to work on a flyer. Will plan to do this next area
6. **New Business:**
 - Filled our literature allotment this month. Total \$24.75
 - Plan to start attending new GSR orientations to stay involved and aware of new meetings who may potentially need our support
 - Checking list sent around at last ASC for struggling groups
7. **Next Outreach Committee meeting is 11/16/2024 at 12:00 pm**
8. **Closed meeting with Serenity Prayer at 1:00 pm**

October 2024 Literature Report

Homegroups: \$1752.10

H&I: \$68.00

Public Relations: \$24.00

Outreach: \$24.75

LMHANA Treasurer Report - October 2024

Description		Debit	Credit	Balance
STARTING AREA BALANCE				\$2,300.00
EXPENSES				
Regional Donation (add chk #404)		\$2,096.47		
Reimburse Lance S. PO BOX Annual Fee (Chk#397 \$84.00)		\$84.00		
Reimburse Scott N. Meeting Lists Copies Plus (chk # 398 \$100.70)		\$100.70		
Reimburse Andrew N. Lit Order Forms UPS Store (chk# 399 \$26.44)		\$26.44		
Check to Literature Reimburse H&I, PR & Outreach (chk#401 \$116.75)		\$116.75		
Reimburse Kevin W. Ziploc Bags Dollar General (chk# 400 4.77)		\$4.77		
Harland Clarke Purchasing Checks starting no. 441 (240 chk pack) auto		\$165.73		
Presby Church Donation (Rent - 10% \$51.10)(add chk#402)		\$51.10		
TOTAL EXPENSES		\$2,645.96	\$0.00	(\$345.96)
CHECKS WAITING TO CLEAR				
TOTAL NOT CLEARED		\$0.00	<small>Bank Balance</small>	\$2,300.00
GROUP DONATIONS		Group Count		
Altoona	By Any Means Necessary	1	\$47.00	
Altoona	Hope Not Dope			
Altoona	Just For Today	1	\$100.00	
Altoona	NA Basic Text	1	\$52.00	
Altoona	Not Today - No Matter What			
Altoona	Restored to Sanity	1	\$15.00	
Altoona	Spiritual Not Religious			
Altoona	Wake Up & Live			
Altoona	Willingness, Trust & Faith	1	\$0.00	
Bedford	NA Way			
Bolivar	Our Way Out			
Ebensburg	Point of Freedom	1	\$40.00	
Homer City	No Matter What			
Indiana	24 Principles for 24 Hours	1	\$22.00	
Indiana	Clean And Serene			
Indiana	Living Clean			
Indiana	Restoration to Sanity	1	\$20.00	
Indiana	Saturday Staying Alive	.		
Indiana	Subject To Revision	1	\$0.00	
Indiana	Sunday Survivors			
Indiana	Turn the Page	1	\$0.00	
Indiana	Turning Point	1	\$0.00	
Indiana	Why Die	1	\$120.00	

Johnstown	Common Welfare Group of NA			
Johnstown	Free Yourself			
Johnstown	High Hopes	1	\$20.00	
Johnstown	K.I.S.S			
Johnstown	Primary Purpose	1	\$0.00	
Johnstown	Saturday Night Jive	1	\$15.00	
Johnstown	Simple Solution			
Punxsutawney	2nd Chance Survivors			
Reynoldsville	Broken Yet Accepted	1	\$50.00	
Reynoldsville	Step Sistas Group of NA			
Somerset	Attitude of Gratitude	1	\$10.00	
Somerset	Hugs Not Drugs			
Somerset	Principles Before Personalities			
Somerset	Promise is Freedom			
Somerset	Simplicity is the Key	1	\$0.00	
Somerset	The Basics			
TOTAL GROUP DONATIONS			\$511.00	\$165.04
Other Donations:				
Transfer from Literature				
Unity Retreat - Amount over Prudent Reserve			\$4,434.96	
Total Bank Deposit			\$4,945.96	
AREA SUB BALANCE WITH SUB COMMITTEE RESERVES				\$4,600.00
Subcommittee Expenses:				
Activities Fundraiser = \$300.00 (3 events per year)				\$4,600.00
Hospitals & Institutions				\$4,600.00
Public Relations = \$50.00 (per month)				\$4,600.00
Policy and Administration				\$4,600.00
Motions on Table to Home Groups \$1800.00 HOLD from UR Surplus				\$4,600.00
Miscellaneous: H&I Copies				\$4,600.00
ENDING AREA BALANCE				\$4,600.00
ENDING BANK BALANCE				\$4,600.00
LMHANA Prudent Reserve:		\$2,300.00	\$0.00	
Suggested Regional Donation (if number is bracketed it's below reserve)				\$2,300.00
Total Number of Groups Donating this month				18
Percentage of Groups Donating				46.15%
Percentage of Area Expenses the Groups Donations are covering?				19.31%

LMHANA Literature Financial Report - October 2024

Description	Debit	Credit	Total
Starting Literature Balance			\$926.29
Debits			
NAWS Literature Purchase - Invoice# 0044672 - Chk# 436 \$956.10	\$956.10		
Miscellaneous: Checks			
Credits			
Literature Sales		\$1,752.90	
H&I \$68.00, PR \$24.00, Outreach \$24.75	116.75		
Transfers from Area Account			
New Mtg Lit			
H&I Literature		\$68.00	
PR Literature		\$24.00	
Outreach Literature		\$24.75	
Sub Total Balance	\$1,072.85	\$1,869.65	\$1,723.09
Ending Literature Balance			\$1,723.09
<i>Literature Prudent Reserve: if over 2000 move to Main Account (bracketed number under PR)</i>	\$2,000.00		(\$276.91)

7. Old Business- Regional motion passed

8. Nominations/ Elections: Damien M Elected for BOD rep 15-0-2 (had to be nominated again for next term)

Vice Chair- Jon F
 PR Chair- Kevin W
 RCM- Scott N f
 UR Chair- Drew N
 UR Vice Chair – Tracy G
 BOD Rep- Damien M
 H & I Chair- Jason S
 Outreach Chair- Gabe S
 Literature Chair- Cody
 Treasurer- Christina O

9. New Business: **Motion 10-24-01-** Scott N. Second by Drew N: to change Title (line 271) Section VI “Regional Board of Directors Representative” to “Area Board Representative” Intent: to align language with regional language and eliminate any confusion.

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Motion 10-24-04 Heather W- Second By Mark S: H & I is requesting \$500 of funds from the Unity retreat proceeds to purchase literature to restock their stockpile of literature. Intent: to carry the message to those inside H & I commitments,

10. Group Roll Call & Reports:

- Somerset-
 - Simplicity is key- Lance S – other
 - Attitude of Gratitude- Logan S- GSR

- Johnstown-
 - Free yourself – Marc S- Alt GSR -
 - Primary Purpose- Katie A GSR

- Altoona:
 - Spiritual Not Religious- Drew N.- GSR- discussing possible event
 - Just For Today- Karl O- GSR-

- Indiana:
 - Why Die- Gabe S – GSR-
 - Subject to Revision- Kelly T – GSR-Need Active Home Group members
 - Restoration to Sanity-Blue K – Other
 - Staying Alive- Dave- GSR
 - No Matter What (Homer City) – Hunter W- GSR
 - 24 Principles for 24 Hours Troy M- Other

- Reynoldsville
 - Broken yet Accepted- Nicholas D- GSR
 - Step Sistas-Eryn N GSR-Need Support Down to 1 Meeting per month

11. Next Area Service will be held: November, 16 2024

12. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.