

**AREA SERVICE COMMITTEE AGENDA FOR June 15, 2024**

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**  
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**  
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out). **Intent:** In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**
  1. Area Chair
  2. Vice Chair
  3. Secretary
  4. Public Relations/Helpline/Website
  5. Regional Committee Member
  6. Fundraiser Activities
  7. Unity Retreat
  8. Unity Retreat Vice Chair
  9. B.O.D. Rep
  10. Hospitals & Institutions
  11. Policy & Administrations
  12. Outreach
  13. Literature
  14. Treasurer
8. **Old Business: Motion 04-20-01-To Purchase Microsoft Office 365 for \$99.99 for use by LMHANA trusted servants of ASC** for Required documentation of area minutes, guidelines, reporting etc.
9. **Nominations/Elections:**
10. **New Business:**
11. **Group Reports:**
  - **Altoona:** Spiritual Not Religious, Monday Nite NA Basic Text, Just For Today, Hope Not Dope, By Any Means Necessary, Restored to Sanity, Wake Up & Live, Willingness, Trust, and Faith
  - **Bedford:** NA Way
  - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it's Friday, Clean and Serene, Saturday Staying Alive, Living Clean
  - **Johnstown:** Free Yourself, Primary Purpose, Common Welfare, Saturday Night Jive
  - **Homer City:** No Matter What
  - **Somerset:** The Basics, Simplicity is Key, Attitude of Gratitude
  - **Punxsutawney:** 2<sup>nd</sup> Chance Survivors
  - **Reynoldsville:** Broken Yet Accepted, Step Sistas
12. **Next L.M.H.A.N.A Area Service Committee: July 20, 2024**
13. **Close ASC with the “We Version” of the Serenity Prayer.**

Minutes from May 11 2024, Area Service

1. CALL TO ORDER: at 2:00 PM at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931
2. Open Meeting with The Serenity Prayer
3. Reading of the 12 Steps (Blue K), 12 Traditions (Scott N) and 12 Concepts (Justin)
4. Review of Minutes: Motion to Accept by Gabe S. second by Kevin W.
5. Trusted Servants Roll Call:  
Area Chair(P) , Area Vice Chair(P), Secretary(P), Area Treasurer(P), Regional Committee Member(A), H&I Chair(P), Public Relations/Web Chair(P), Literature Chair(P), Activities Chair(A), Unity Retreat Chair(A), Unity Retreat Vice Chair(P), B.O.D Rep(V), Policy & Administration (A), Outreach Chair(P)
6. Trusted Servants Reports:
  - Area Chair: Jeremy O- Noting to report
  - Area Vice Chair: Christian S. – Nothing to report
  - Secretary: Tracy G. – Nothing to report

## RCM Report May 11,2024

May is a non-region month so not much to report.  
Regional Elections are held in June. See attached flyer.

Zonal Forum Ad Hoc Committee information has not been sent out yet. I have requested it but have not seen it yet. These will be Zoom Meetings. I will pass it along whenever it is available.

Kevin R has stepped down from the AdHoc committee due to some personal reasons. Kristy B remains AdHoc Chair.

Next Region Meeting will in Homestead at the TriState Regional Service Office (and on Zoom) June 8 starting at 10:30am.

Thanks for allowing me to serve!

Best,  
Scott N

## H&I Report May 2024

1. **Call to Order:** 05/11/24 at 01:00 P.M.
2. **Open Meeting with Serenity Prayer.**
3. **Reading of the 12 – 12 – 12**
  - i. 12 Steps – Gabe S. 12 Traditions – Brandon R. 12 Concepts – Chandler N.
4. **Roll Call:**
  - i. **H&I Chair:** Heather W. - Present
  - ii. **Vice Chair:** Jason S. - Present
  - iii. **Secretary:** Katie A. - Present
  - iv. **Panel Coordinators:**
    - i. **Bedford County Jail:** Vacant
    - ii. **Cambria County Prison:** Vacant
    - iii. **Cove Forge:** Drew N. – Present
    - iv. **Indiana County Jail:** Gabe S. - Present

- v. **Jefferson County Jail:** Chandler N. – Present
- vi. **Pyramid:** Aaron P. – Present
- vii. **SCI Somerset:** Vacant
- viii. **Somerset County Jail:** Vacant
- ix. **Spirit Life:** Sam R. – Absent/Excused
- x. **St. Joes:** Christian S. – Present
- xi. **Twin Lakes:** Freddy S. – Absent/Unexcused

**5. H&I Panel Coordinator Reports:**

- i. **Bedford County Jail – Vacant**
  - i. P.O.C. absent; no report.
- ii. **Cambria County Prison – Vacant**
  - i. Heather provided the report and is the facility's point of contact. The facility is currently looking for a panel coordinator. The decision was made to temporarily close the men's side of the commitment due to the lack of panel leaders.  
**VOTE:** Pass.
- iii. **Cove Forge – Drew N.– Present**
  - ii. Drew will be going in for the first time as the panel coordinator this week. We do not have a female panel leader, but we have begun looking for a new one.
- iv. **Indiana County Jail – Gabe S. – Present**
  - i. Scheduling conflicts are a continued problem. The commitment has not been able to go in weekly, but attempts are still being made.
- v. **Jefferson County Jail – Chandler N. – Present**
  - i. The women's side has shown a lack of interest but the women panel leaders still show up at the facility for the meeting. Extra white booklets would be appreciated because the inmates utilize them the most.
- vi. **Pyramid – Aaron P.– Present**
  - i. Commitment is going on the third and fourth Sundays of the month. The men's meeting starts at 6:30 p.m., and the women's meeting starts at 6:45 p.m. Currently, the women need female panel leaders. Brandon R. has stated he has potentially found a new panel leader. More will be revealed.
- vii. **SCI Somerset – Vacant**
  - ii. P.O.C absent; no report.
- viii. **Somerset County Jail – Vacant**
  - i. Joseph H. is the facility's point of contact. The commitment is on the 2nd and 4th Mondays of the month. They are still looking for a panel coordinator and more panel leaders.
- ix. **Spirit Life – Sam R. – Absent/Excused**
  - i. The speaker meeting is held every first and third Thursday of the month. Damian M. is a new panel leader for the facility. The new start time for the commitment is at 7:00 p.m. The basic texts donated were given to staff.
- x. **St. Joes – Christian S. – Present**

- i. The meeting is held on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month. This coming week the commitment will start again after being shut down for a period of time.

xi. **Twin Lakes – Freddy S. – Absent/Unexcused**

- i. No report given.

**6. Old Business:**

- ii. Heather W. sent letters to Dickenson Center and Torrance Hospital to officially notify them of closing the commitment and not beginning a new one. NAWS and LMHANA contact information was also provided to both facilities to provide them with access to NA literature or request future involvement.

**7. Nominations/Elections:**

- i. None.

**8. New Business:**

- i. The Allegiance treatment facility was closed, so the commitment no longer exists. There was discussion regarding potentially amending/adding guidelines that include co-ed treatment facilities. This will also include allowing certain decisions to be up to the facility's discretion.
- ii. Potentially swapping times with the Unity Retreat Subcommittee (12:00 p.m. -1:00 p.m.) to allow more time for the H&I Subcommittee to discuss their matters without causing Area Service to start late.

**9. Next H&I Sub-Committee: 06/15/2024 at 1:00 P.M.**

**10. Close with the Serenity Prayer at 2:00 P.M.**

**LMHANA Public Relations Committee Report  
5/11/2024**

**No meeting was held this month**

**L.M.H.A.N.A Activities Committee Minutes May 2024**

**No meeting was held this month**

## Unity Retreat Minutes May 11, 2024

- Open with Serenity Prayer at 12pm.
- Reading of 12/12/12
  - 12 Steps – Jason S.
  - 12 Traditions – Aaron P.
  - 12 Concepts –
- Roll Call
  - Chair – Liz M. - Present
  - Vice Chair – Drew N – Present
  - Secretary – Jeremy O - Present
  - Treasurer – Jason S – Present
  - Programming – Jason R - Absent (Excused)
  - Registration – Tracy G - Present
  - Activities – Natasha T - Absent (Excused)
  - Merchandise – Lance S - Absent (Excused)
  - Fire Ring – Aaron P - Present
  - Recording – Erica P – Absent (Excused)
- Trusted Servants Reports
  - Chair – Liz M., - Nothing to report, will be giving absentee members reports.
  - Vice Chair – Drew N., - Nothing to report.
  - Treasurer – Jason S., - American Eagle has not cashed their check (#530 for \$1,905.00) Other than that the ledgers do balance at \$4,611.00 currently.
  - Secretary – Jeremy O., - Nothing to report.
  - Programming – Jason R., - Absent, report was read by UR Chairperson & a rough draft topics for speakers, there are no times or locations for these workshops currently. More will be revealed as the committee plans events/speakers.
  - Activities – Natasha T. – Activities are on track for the Canoe Creek picnic for June 22, 2024, from noon-dusk, will need books to raffle for the event which seem to already be ordered, needs to be reimbursed for Spaghetti Dinner.
  - Registration – Tracy G., Registrations were received at the Spaghetti Dinner (110.00,) and a registration was received today at ASC (180.00) with the cabin they want this amount is 15.00 over the amount needed due to early registration, Registration Chair will reach out to person for clarification as to whether or not the extra 15.00 was a newcomer donation or not.
  - Merchandise – Lance S., - Absent, report given by UR Chair, estimated merchandise reorder will be APPROXIMATELY 650.00, and we need to be mindful that we still need to purchase registration bags, etc. And to be mindful of how money is spent.
  - Fire Ring – Aaron P. – Nothing to report, will make motion for purchase in new business.
  - Recording – Erica P. - Absent, nothing to report.
- Old Business
  - There is no old business to discuss at this committee meeting.
- Nominations & Elections
  - There are no vacant positions within the committee
- New Business
  - Motion to purchase a torch for Fire Ring at the cost of 19.42 +tax, motion by Aaron P, second by Jason S, passes unanimously, 6-0-0.
- Motion to Close by Jason S. and second by Tracy G. at 12:48pm
- Close with Serenity Prayer

# Policy & Administration Meeting

## May 11, 2024

- The meeting was called to order at 11:00am
- Trusted Servants Attendance:
  - Chair – Present
  - Vice-Chair – Present
  - Treasurer – Absent
  - RCM – Absent
  - Secretary – Present
  - BOD – Vacant
- 12 Steps/12 Traditions/12 Concepts
  - 12 Steps – Tracy G
  - 12 Traditions – Jeremy O
  - 12 Concepts – Christian
- Old Business
  - Motion was made to purchase Microsoft Office to be utilized by LMHANA trusted servants will be voted on at next ASC (5/11/24).
  - None of the Activities subcommittee was present at ASC to meet with per old business.
  - Meet with Outreach subcommittee next ASC (5/11/24) to discuss their guidelines
- New Business
  - Chair of Outreach Committee was present to discuss guidelines.
  - Section 4 of the Subcommittee Meeting Format, Part B, should read “12 Steps, 12 Traditions, & 12 Concepts.” This motion was already approved by ASC and will be updated by the Policy & Administration Chair.
  - There will be a motion to change the guidelines for the Outreach Subcommittee guidelines that will need to be taken back to the homegroups for vote. (See motion in area minutes)
- Motion to close with Serenity Prayer by Heather W and 2<sup>nd</sup> by Gabe S. at 11:41am.

## Outreach Committee - May 2024 Minutes

1. **Call to Order:** 5/11/2024 at 12:00pm
  2. **Opened meeting with Serenity Prayer**
  3. **Reading of the 12,12,12:**
    - 12 steps - Gabe
    - 12 traditions - Heather
    - 12 concepts - Gabe
  4. **Trusted Servants Roll Call:**
    - Chair - Gabe - present
    - Vice Chair - Christian - absent (in another committee meeting)
    - Secretary- Heather - present
  5. **Old Business:**
    - Plan to use next month's committee meeting to make flyer
    - Met this month with P&A to review guidelines at 11:00am
  6. **New Business:**
    - Put motion in to update some guidelines
    - Reviewed list of meetings that were signed up for help from Outreach, discussed if these meetings could benefit from Outreach support or not, one of which Chair & Vice Chair plan to support
    - Will pass around list at every area service for meetings to get added to when needing Outreach support
    - Filled our literature allotment this month (\$22.55)
  7. **Next Outreach Committee meeting is 6/15/2024 at 12:00 pm**
  8. **Closed meeting with Serenity Prayer at 1:00pm**
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Literature Report – May 2024

- Groups: \$333.00
- H&I: \$116.90
- Outreach: \$22.55

LMHANA Treasurer Report - May 2024			
Description	Debit	Credit	Balance
<b>STARTING AREA BALANCE</b>			
			\$2,300.00
<b>EXPENSES</b>			
Regional Donation (add chk #)	\$0.00		
Reimburse (Scott N - Copies Plus- Mtg lists - chk # 379) \$84.80	\$84.80		
Combined Check to Literature #381 for H&I & Outreach (\$139.40)	\$139.40		
Reimburse (add name and chk #)			
Presby Church Donation (Rent - 10% - \$18.00 (add chk #380)	\$18.00		
<b>TOTAL EXPENSES</b>	<b>\$242.20</b>	<b>\$0.00</b>	<b>\$2,057.80</b>
<b>CHECKS WAITING TO CLEAR</b>			
Regional Donation (chk # 378 \$87.55 )	\$87.55		
<b>TOTAL NOT CLEARED</b>	<b>\$87.55</b>	<i>Bank Balance</i>	<b>\$2,387.55</b>
<b>GROUP DONATIONS</b>			
		Group Count	
Altoona	By Any Means Necessary		
Altoona	Hope Not Dope		
Altoona	Just For Today	1	\$0.00
Altoona	NA Basic Text	1	\$5.00
Altoona	Not Today - No Matter What		
Altoona	Restored to Sanity	1	\$5.00
Altoona	Spiritual Not Religious		
Altoona	Wake Up & Live		
Altoona	Willingness, Trust & Faith	1	\$15.00
Bedford	NA Way		
Bolivar	Our Way Out		
Ebensburg	Point of Freedom		
Homer City	No Matter What		
Indiana	24 Principles for 24 Hours		
Indiana	Clean And Serene		
Indiana	Living Clean		
Indiana	Restoration to Sanity	1	\$0.00
Indiana	Saturday Staying Alive		
Indiana	Subject To Revision	1	\$0.00
Indiana	Sunday Survivors		
Indiana	Thank God It's Friday		
Indiana	Turning Point		
Indiana	Why Die	1	\$60.00
	Common Welfare Group of NA		
Johnstown	Free Yourself		
Johnstown	High Hopes		
Johnstown	K.I.S.S		
Johnstown	Primary Purpose	1	\$0.00
Johnstown	Saturday Night Live		
Johnstown	Simple Solution		
Punxsutawney	2nd Chance Survivors		
Reynoldsville	Broken Yet Accepted	1	\$75.00
Reynoldsville	Step Sistas Group of NA		
Somerset	Attitude of Gratitude		
Somerset	Hugs Not Drugs		
Somerset	Principles Before Personalities		
Somerset	Promise is Freedom		\$20.00
Somerset	Simplicity is the Key		
Somerset	The Basics		
<b>TOTAL GROUP DONATIONS</b>		<b>\$180.00</b>	<b>\$2,237.80</b>
<b>Other Donations:</b>			
<b>Transfer from Literature</b>			
<b>Unity Retreat - Amount over Prudent Reserve</b>			
<b>Total Bank Deposit</b>		<b>\$180.00</b>	
<b>AREA SUB BALANCE WITH SUB COMMITTEE RESERVES</b>			
			<b>\$2,237.80</b>
<b>Subcommittee Expenses:</b>			
Activities Fundraiser = \$300.00 (3 events per year)			\$2,237.80
Hospitals & Institutions			\$2,237.80
Public Relations = \$50.00 (per month)			\$2,237.80
Policy and Administration			\$2,237.80
New Groups			\$2,237.80
Miscellaneous: H&I Copies			\$2,237.80
<b>ENDING AREA BALANCE</b>			
<b>ENDING BANK BALANCE</b>			<b>\$2,237.80</b>
<b>LMHANA Prudent Reserve:</b>		<b>\$2,300.00</b>	<b>\$87.55</b>
<b>Suggested Regional Donation (if number is bracketed it's below reserve)</b>			<b>(\$62.20)</b>
<b>Total Number of Groups Donating this month</b>			<b>9</b>
<b>Percentage of Groups Donating</b>			<b>23.08%</b>
<b>Percentage of Area Expenses the Groups Donations are covering?</b>			<b>74.32%</b>

LMHANA Literature Financial Report - May 2024			
Description	Debit	Credit	Total
<b>Starting Literature Balance</b>			
			<b>\$1,977.76</b>
<b>Debits</b>			
NAWS Literature Purchase - Sales Order #1019893 - Chk #428 (\$838.08)	\$838.08		
Miscellaneous: Checks			
<b>Credits</b>			
Literature Sales		\$333.00	
H&I Donation			
<b>Transfers from Area Account</b>			
New Mtg Lit			
H&I Literature		\$116.90	
Outreach Literature		\$22.50	
Bank Deposit Error			
<b>Sub Total Balance</b>	<b>\$838.08</b>	<b>\$472.40</b>	<b>\$1,612.08</b>
<b>Ending Literature Balance</b>			
<b>Literature Prudent Reserve: if over 2000 move to Main Account (bracketed number under PR)</b>		<b>\$2,000.00</b>	<b>(\$387.92)</b>

7. Old Business- Motion 04-20-01- PASSED 12-0-0

8. Nominations/ Elections:

9. New Business:

10. Group Roll Call & Reports:

- Somersset-
  - Simplicity is key- Lance S – other
- Johnstown-
  - Free yourself – Jamie K- GSR
  - Primary Purpose- Peter R- GSR
  - Common Welfare- Freddie C GSR
  - Saturday Night Jive-
- Altoona:
  - Spiritual Not Religious- Kaileigh P.- GSR
  - Just For Today- Jasmine S- GSR
  - Wake up and Live- Stephen J- GSR
- Indiana:
  - Why Die- Gabe S – GSR
  - Subject to Revision- Kelly T - GSR
  - Restoration to Sanity-Blue K – Other
  - Turning Point- Tony M- GSR
  - Sunday Survivors- Nikie W
  - The Basics- Joe H – GSR
  - TGIF- Gary R- GSR
  - 24 for 24- Dave R- GSR
  - Staying Alive- Doug T- Other
- Reynoldsville
  - Broken yet accepted- Allison M- GSR
  - Step Sistas- Allison M- Other-

11. Next Area Service will be held: July 20, 2023

12. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.