

## **LMHANA H&I Cambria County Prison Format**

Hi. My name is \_\_\_\_\_ and I'm an addict. Welcome to the Cambria County H&I presentation of Narcotics Anonymous here at \_\_\_\_\_.

Can we please have a moment of silence followed by the Serenity Prayer?

Would an addict please read:

- Clarity Statement
- Who is an Addict?
- What is NA?
- Why are we here?
- How it Works

\_\_\_\_\_, \_\_\_\_\_ & I are members of Narcotics Anonymous. We are also members of a subcommittee of Narcotics Anonymous called H&I. H&I stands for Hospitals & Institutions. We bring meetings into places where people cannot get to regular meetings such as jails, rehabs, detoxes, and a few other facilities. This meeting is not a regular NA meeting, but rather an introduction to the fellowship.

We are not doctors, lawyers, or counselors. We are not paid to be here. We have no opinion on this facility. We are invited guest and have no affiliation whatsoever with Cambria County Prison. Because of this, we **MUST** abide by their rules. Although hugging is common in NA as a means to greet one another, this facility has a strict rule against doing so. We are allowed to form a circle at the end of the meeting and hold hands to close the meeting. Additionally, we are not allowed to take anything from you or give anything to you with the exception of the NA literature we have brought with us. We are here to introduce you to the program of Narcotics Anonymous. We are recovering addicts here to give you a message of hope that no addict need ever die from the disease of addiction. Narcotics Anonymous makes one promise, that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

As I mentioned, there is literature on the table that is free for the taking. Please take what you need. Reading literature helps us identify with the disease of addiction and helps us with our choices and decisions. There are all kinds of meetings in Narcotics Anonymous, if you don't like the first meeting you go to try another, until you find the meetings you are comfortable with. So try to keep an open mind and give yourself a break. ***If you hear nothing else that we say here tonight, HEAR THIS: MAKE A MEETING THE DAY YOU GET OUT!***

### ***INTRODUCE THE SPEAKER OR TOPIC***

That is all the time we have. Would an addict please read...

- We do Recover
- Just for Today

We will be here for a few minutes after cleaning up if anyone has any questions. For those who care to, can we please form a circle and close the meeting with the Serenity Prayer.