

Hospitals and Institutions Sub-committee Panel Format – Presentation

I would like to start this presentation with a moment of silence for the addict who still suffers, followed by the Serenity Prayer.

Do the readings, including the Traditions, if appropriate for the type of facility at which you are conducting the H&I presentation.

Hi, my name is BLANK, and I'm an addict. I would like to welcome you to the (day and time of presentation) H&I presentation of Narcotics Anonymous at (name of facility). This is an H&I presentation, not a regular NA meeting. H&I stands for Hospitals and Institutions, and what H&I does is bring NA presentations into facilities who do not have full access to regular NA meetings.

We are not social workers or counselors, only fellow addicts who come into facilities to carry the message of recovery in NA to addicts in those facilities. The message is that “an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.” That never again need an addict die of active addiction.

NA is a fellowship of men and women who get together regularly to share their experience, strength, and hope. Ours is a spiritual, not religious, program that comes from the Twelve Steps and Twelve Traditions of Narcotics Anonymous. Our Third Tradition states: “the only requirement for membership is the desire to stop using.”

NA is a program of recovery from the disease of addiction, the obsessive, compulsive behavior, not the disease of a specific drug.

Ours is a WE program, not an I program. Alone, I can't, together, WE can.

- Panel Leader briefly qualifies (5 minutes)
- Introduce speakers in their turn

In the last 5-10 minutes, open the floor for questions only, not discussion, about NA! Keep in mind the Twelve Traditions of NA, and the do's and don'ts of H&I when answering questions.

Thank the speakers and explain the IP's on the table, putting emphasis on the meeting lists and the “sponsorship” IP. Emphasize the importance of going to a meeting their first day out of the facility. Explain how to get a sponsor, and how to get active in a group. Emphasize the importance of getting phone numbers, and then using them. Remind them “DON'T USE, NO MATTER WHAT!”

- Read the third paragraph of “WE DO RECOVER”
- Circle up and have someone read “JUST FOR TODAY”