

**AREA SERVICE COMMITTEE AGENDA FOR December 16, 2023**

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**  
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**  
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out). **Intent:** In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**
  1. Area Chair
  2. Vice Chair
  3. Secretary
  4. Public Relations/Helpline/Website
  5. Regional Committee Member
  6. Fundraiser Activities
  7. Unity Retreat
  8. Unity Retreat Vice Chair
  9. B.O.D. Rep
  10. Hospitals & Institutions
  11. Policy & Administrations
  12. Outreach
  13. Literature
  14. Treasurer
8. **Old Business:**
9. **Nominations/Elections:**  
Christian S- Area Vice Chair  
Tim L- Fundraiser/Activities Chair
10. **New Business:**
11. **Group Reports:**
  - **Altoona:** Spiritual Not Religious, Monday Nite NA Basic Text, Just For Today, Hope Not Dope, By Any Means Necessary, Restored to Sanity, Wake Up & Live
  - **Bedford:** NA Way
  - **Holidaysburg:** Willingness, Trust, and Faith
  - **Ebensburg:** Point of Freedom
  - **Hollsopple:** A Thousand is Never Enough
  - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it's Friday, Clean and Serene, Saturday Staying Alive, Living Clean
  - **Johnstown:** Free Yourself, High Hopes, Primary Purpose
  - **Homer City:** No Matter What
  - **Somerset:** Simplicity is Key, Attitude of Gratitude, Principles Before Personalities, Promise is Freedom,
  - **Punxsutawney:** 2<sup>nd</sup> Chance Survivors
  - **Reynoldsville:** Broken Yet Accepted, Step Sistas
12. **Next L.M.H.A.N.A Area Service Committee: January 19, 2023**
13. **Close ASC with the “We Version” of the Serenity Prayer.**

Minutes from November 18, 2023, Area Service

1. CALL TO ORDER: at 2:00 PM at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931
2. Open Meeting with The Serenity Prayer
3. Reading of the 12 Steps (Blue K), 12 Traditions (Tiffany B) and 12 Concepts (Blue K)
4. Review of Minutes: Need to be amended
5. Trusted Servants Roll Call:  
Area Chair(A) , Area Vice Chair(P), Secretary(P), Area Treasurer(P), Regional Committee Member(A/U), H&I Chair(P), Public Relations/Web Chair(A), Literature Chair(A), Activities Chair(V), Unity Retreat Chair(P), Unity Retreat Vice Chair(A), B.O.D Rep(V), Policy & Administration (A), Outreach Chair(A)
6. Trusted Servants Reports:
  - Area Chair: Drew N- Read the service prayer. Nominations should not take long. Please raise your hands and keep them high until counted.
  - Area Vice Chair: Jeremy O. – Nothing to report.
  - Secretary: Tracy G. – Nothing to report.

**H and I November 18, 2023**

Chair:present  
Vice chair :present  
Secretary: pushin p

Old business:

- starting to talk about slowly going through guidelines at the end of each subcommittee meeting to polish them up and make sure they are accurate and effective
- Did the h and I inventory

New business:

- set a speaker sign up sheet on table at ASC to help panel coordinators get more speakers
- New h and I flyer is out but it needs updated now, can go back to Homegroups. Mario was nominated for panel coordinator of st joes by Seth second by Aaron.

Reports

Cove : all is well going 1 time monthly. Facility requesting 2 meetings monthly. Looking to see if we have that availability.

St joes: 2 and 4 Thursday 20-30 ppl attendance all good needs nothing.

Twin lakes: absent no report

Bedford county jail: all is well.

Spirit life: everything's going good need panel leaders.

Scj: unexcused assuming still need female help

Ccp: all is well.

Jcj: past month only went once on women's side. Guys should be starting back up.

Allegiance: all is well. Had speakers.

Sci somerset: a lot going on. voted on a Homegroup name "we do recover". Steps 123 and trad 123. Giving facility and hg the dos and donts. Needs more help.

ICJ: back to normal. Got a few more women accepted and prea trained. Men missed one. But communication is getting better with the facility.

Dickinson: 2 and 4 Thursday all is well.

## **LMHANA PUBLIC RELATIONS COMMITTEE**

**Date:** 11/18/2023

**Attendance-** 6

### **Trusted Servants:**

**Chair: Scott N. – Present Vice Chair Kevin W. – Present Secretary: Tracy G.- Present Web Vice Chair: Lance Z. – Absent  
Task Force Coordinator: Sam R. – Present Web Chair: Vacant**

Called to order: @ 1: 00

- 12 Steps: Scott N
- 12 traditions: Timmy L
- 12 concepts: Lance S

Read Guiding Principles Pg. 209 “In Service” P1, P2 & P3

### **Financial Expenditures**

Meeting Lists - \$84.80

### **New Business**

- Scott & Lance discussed guideline “cleanup” with P&A.

### **Old Business**

- Motion passed for 1 event per year
- Funds from retreat - \$750 total
  - Pop up with logo- Scott
  - Literature- giveaway- Kevin
  - Basic Text Campaign update- only remaining is Indiana county
- Web Site- Included in report
- Next Meeting 12/7

### **Activities Subcommittee Meeting: 11/18/2023**

This subcommittee did not hold a meeting, the position is vacant.  
All LMHANA Activities conducted by homegroups, and other subcommittees can be found on LMHANA.com

## Unity Retreat Minutes: November 18, 2023

- Open with Serenity Prayer at 12:06pm
- Reading of 12/12/12
  - 12 Steps – Tracy G.
  - 12 Traditions – Liz M.
  - 12 Concepts – Jason S.
- Roll Call
  - Chair – Bob N. – Present
  - Vice Chair – Liz M. – Present
  - Secretary – Jeremy O - Present
  - Treasurer – Lance S – Present
  - Programming – Drew N - Present
  - Registration – Erica P - Present
  - Activities – Seth S - Present
  - Merchandise – Dillion D - Absent
  - Fire Ring – Aaron P - Present
  - Recording – Jason S – Present
- Trusted Servants Reports
  - Chair – Bob N., - Nominations and elections are going to be conducted for the committee next year.
  - Vice Chair – Liz M., - Nothing to report.
  - Treasurer – Lance S., - Spreadsheet is passed out amongst the committee attendees, the bank statement matches what the treasurer report states. \$5,000.00 is the ending balance.
  - Secretary – Jeremy O., - Nothing to report.
  - Programming – Drew N., - The retreat went very well, appreciates everyone's willingness to be uncomfortable with the changes that were implemented.
  - Activities – Nothing to report.
  - Registration – Erica P., - Nothing to report.
  - Merchandise - Dillon., - No report given.
  - Fire Ring – Aaron P. - Nothing to report.
  - Recording – Jason S., - Nothing to report.
- Old Business –
  - Motion to move \$750 to PR and \$1,500 to H&I and \$750 to Literature, 6 yes – 0 no – 2 abstain, motion will be written by the treasurer on behalf of the committee, insisting the funds be used by December ASC. This motion was carried to ASC and will be voted on at the 11/18/23 ASC

## LMHANA OUTREACH COMMITTEE

No meeting held this month

## Policy & Administration for November 18, 2023

- The meeting was called to order at 11:05 AM
- Trusted Servants Attendance:
  - Chair – Present
  - Vice Chair – Present
  - Treasurer – Present
  - RCM – Present
  - Secretary – Present
  - BOD – Vacant

- 12 Steps / 12 Traditions / 12 Concepts
  - 12 Steps – Tracy G
  - 12 Traditions – Drew N
  - 12 Concepts – Scott N
- Old Business:
  - Per Motion #01-91623 website committee guidelines are being updated to reflect any changes decided by the voting groups. UR Guidelines (housekeeping issue) Need updated to reflect previous motions that were not updated last year ( fire ring chair and recording chair) duties.
- New Business:
  - Began discussions on the combining PR and Website Subcommittees guidelines. They currently function together, this will just formally combine the two subcommittees into one set of guidelines. There is no official motion at this time, however, there will be one in the future once there is a version for the home groups to review and vote upon
- motion to close- Jeremy O
- Concluded at 11:40 am

## November Treasurers Report

GROUP DONATIONS		Group Count		
Altoona	Spiritual Not Religious	1	\$6.00	
Altoona	NA Basic Text			
Altoona	Just For Today	1	\$50.00	
Altoona	Hope Not Dope			
Altoona	By Any Means Necessary	1	\$20.00	
Altoona	Not Today, No Matter What	1	\$3.00	
Altoona	Wake Up And Live			
Altoona	Restored To Sanity			
Bedford	NA Way			
Bolivar	Our Way Out			
Ebensburg	Point Of Freedom			
Hollidaysburg	Willingness, Trust & Faith	1	\$0.00	
Hollsopple	A Thousand Never Enough			
Homer City	No Matter What	1	\$20.00	
Indiana	Sunday Survivors			
Indiana	Restoration To Sanity	1	\$20.00	
Indiana	24 Principles for 24 Hours	1	\$0.00	
Indiana	Turning Point			
Indiana	Living Clean			
Indiana	Subject To Revision			
Indiana	Why Die	1	\$0.00	
Indiana	Thank God It's Friday	1	\$0.00	
Indiana	Clean And Serene			
Indiana	Saturday Staying Alive			
Johnstown	Free Yourself	1	\$47.00	
Johnstown	Simple Solution			
Johnstown	Primary Purpose	1	\$5.00	
Johnstown	High Hopes			
Johnstown	K.I.S.S			
Punxsutawney	2nd Chance Survivors			
Reynoldsville	Broken Yet Accepted			
Reynoldsville	Step Sistas			
Somerset	Hugs Not Drugs			
Somerset	Simplicity is the Key			
Somerset	Attitude Of Gratitude			
Somerset	Principles Before Personalities			
Somerset	Promise Is Freedom			
Somerset	Hug Life			
<b>TOTAL GROUP DONATIONS</b>			<b>\$171.00</b>	<b>\$4,294.30</b>

Other Donations: Donation Directly to H&I			
Transfer from Literature			
Unity Retreat - Amount over Prudent Reserve			
Total Bank Deposit		\$171.00	
<b>AREA SUB BALANCE WITH SUB COMMITTEE RESERVES</b>			<b>\$4,294.30</b>
<b>Subcommittee Expenses:</b>			
Activities Fundraiser = \$250.00 (3 events per year)			\$4,294.30
Hospitals & Institutions (chk 354)	\$129.00		\$4,165.30
Public Relations = \$50.00 (per month)			\$4,165.30
Policy and Administration			\$4,165.30
New Groups			\$4,165.30
Miscellaneous: H&I Copies			\$4,165.30
<b>ENDING AREA BALANCE</b>			<b>\$4,165.30</b>
<b>ENDING BANK BALANCE</b>			<b>\$5,911.09</b>
<i>LMHANA Prudent Reserve: (1500 for H&amp;I + 750 for PR)</i>	<b>\$4,250.00</b>		
<i>Suggested Regional Donation (if number is bracketed it's below reserve)</i>			<b>(\$84.70)</b>
<b>Total Number of Groups Donating this month</b>			<b>12</b>
<b>Percentage of Groups Donating</b>			<b>46.15%</b>
<b>Percentage of Area Expenses the Groups Donations are covering?</b>			<b>66.88%</b>

### Summary of Area Account

**Starting Balance: \$4,250**

^^Accounting for Funds Held for H&I + Literature from Unity^^

Total Expenses: \$126.70

Monthly Rent Donation - \$17.10

Reimburse Scott – Meeting List - \$84.80

Reimburse Katie – Literature Order Forms - \$24.80

Group Donations: \$171.00 (12 Groups)

Subcommittee Expenses: \$129

(H&I – 129.00)

**Ending Area Balance: \$4,165.30**

^^Accounting for Funds Held for H&I + Literature from Unity^^

Check Waiting to Clear Bank – October Regional Donation \$1,745.79

LMHANA Literature Financial Report - November 2023			
Description	Debit	Credit	Total
<b>Starting Literature Balance</b>			<b>\$1,535.04</b>
<b>Debits</b>			
NAWS Literature Purchase (Sales Order - 1008217 chk 422)	\$1,096.50		
<b>Credits</b>			
Literature Sales		\$644.00	
H&I Donation			
<b>Transfers from Area Account</b>			
New Mtg Lit			
H&I Literature (incoming chk 354)		\$129.00	
PR Literature			
Bank Deposit Error			
<b>Sub Total Balance</b>	<b>\$1,096.50</b>	<b>\$773.00</b>	<b>\$1,211.54</b>
<b>Ending Literature Balance</b>			<b>\$1,211.54</b>
<i>(bracketed number under PR)</i>	<b>\$2,000.00</b>		<b>(\$788.46)</b>

### Summary of Literature Account

**Starting Balance: \$932.69**

NAWS Lit Purchase (Sales Order 1006031 chk 422) – \$1096.50

Literature Sales: \$644.00

Transfer from Area: \$129.00

(H&I – 129.00)

**Ending Balance: \$1,211.54**

**LMHANA Treasurer Report - November 2023**

Description	Debit	Credit	Balance
<b>STARTING AREA BALANCE</b>			<b>\$4,250.00</b>
<b>EXPENSES</b>			
Reimburse Literature Order Forms (Katie and chk 353)	\$24.80		
Reimburse Meeting Lists(Scott and chk 352)	\$84.80		
Presby Church Donation (Rent - 10% if >\$10)(add chk 355)	\$17.10		
<b>TOTAL EXPENSES</b>	<b>\$126.70</b>	<b>\$0.00</b>	<b>\$4,123.30</b>
<b>CHECKS WAITING TO CLEAR</b>			<b>\$4,123.30</b>
Regional Donation (add chk 348 VOIDED - chk 351)	\$1,745.79		
<b>TOTAL NOT CLEARED</b>	<b>\$1,745.79</b>	<b>Bank Balance</b>	

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Indiana	Subject To Revision			
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Indiana	Clean And Serene			
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New Groups			\$4,165.30
Miscellaneous: H&I Copies			\$4,165.30
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Group Donations: \$171.00 (12 Groups)

Subcommittee Expenses: \$129

(H&I – 129.00)

**Ending Area Balance: \$4,165.30**

^^Accounting for Funds Held for H&I + Literature from Unity^^

Check Waiting to Clear Bank – October Regional Donation \$1,745.79

LMHANA Literature Financial Report - October 2023			
Description	Debit	Credit	Total
<b>Starting Literature Balance</b>			<b>\$932.69</b>
<b>Debits</b>			
NAWS Literature Purchase(Sales Order 1006031 - chk 421)	\$912.55		
<b>Credits</b>			
Literature Sales		\$697.00	
H&I Donation			
<b>Transfers from Area Account</b>			
Transfer from Unity Retreat Overage		\$750.00	
H&I Literature		\$67.90	
PR Literature			
Bank Deposit Error			
<b>Sub Total Balance</b>	<b>\$912.55</b>	<b>\$1,514.90</b>	<b>\$1,535.04</b>
<b>Ending Literature Balance</b>			<b>\$1,535.04</b>
<i>(bracketed number under PR)</i>	<i>\$2,000.00</i>		<i>(\$464.96)</i>

### Summary of Literature Account

**Starting Balance: \$932.69**

NAWS Lit Purchase (Sales Order 1006031 chk 421) – \$912.55

Literature Sales: \$697.00

Transfer from Area: \$817.90

(H&I – 67.90)

(Transfer from Unity Retreat Overage – 750.00)

**Ending Balance: \$1535.04**



## November 2023 Literature Report

- 🌸 H & I: \$129.00
- 🌸 Outreach: \$0.00
- 🌸 Public Relations: \$0.00
- 🌸 Home Groups: \$644.00

7. Old Business- **Motions:** Motion 10-21-02- 13-1-1 pass  
Motion 10-21-01- 14-0-1 pass

8. Nominations/ Elections:

- Jeremy O- Area Chair- 14-0-1
- Tracy G- Area Secretary- 14-0-1
- Christina O- Treasurer- 14-0-1
- Scott N- RCM- 14-0-1
- Heather W- H & I Chair - 14-0-1
- Liz M- Unity Retreat Chair- 14-0-1
- Drew N- Unity Retreat Vice Chair- 14-0-1
- Erica P- Literature Chair- 14-0-1
- Tash T- P & A Chair - 14-0-1
- Kevin W- PR Chair- 14-0-1

9. New Business: n/a

10. Group Roll Call & Reports:

- Johnstown-
  - Free yourself – Jamie K- GSR
  - Primary Purpose- Peter R- GSR
- Altoona:
  - Spiritual Not Religious- Seth S.- GSR
  - NA Basic Text – Cora S Other
  - Not Today- No Matter What- Amanda C- GSR
  - Willingness, Trust, and Faith- Aaron P- GSR-
- Indiana:
  - Why Die- Gabe S – GSR
  - Living Clean- Tiffany B- GSR
  - Subject to Revision- Erica P- GSR
  - Restoration to Sanity-Blue K – Other
  - Turning Point- Tony M- GSR
  - TGIF- Gary R- GSR
- Bedford
  - NA way -Cody C-Alt GSR
- Somerset:
  - Simplicity is Key Lance Z – Other
  - The Basics- Joe H - GSR
- Reynoldsville
  - Broken yet accepted- Allison M- GSR

- Step Sistas- Allison M- Other- NEW MEETING

11. Next Area Service will be held: December 16, 2023

12. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.