

AREA SERVICE COMMITTEE AGENDA FOR November 18, 2023

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out). **Intent:** In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**
 1. Area Chair
 2. Vice Chair
 3. Secretary
 4. Public Relations/Helpline/Website
 5. Regional Committee Member
 6. Fundraiser Activities
 7. Unity Retreat
 8. Unity Retreat Vice Chair
 9. B.O.D. Rep
 10. Hospitals & Institutions
 11. Policy & Administrations
 12. Outreach
 13. Literature
 14. Treasurer
8. **Old Business: Motions: 10-21-01**
10-21-02
(see # 9 new business in area minutes for description of motion details)
9. **Nominations/Elections:**
Jeremy O- Area Chair
Tracy G- Area Secretary
Christina O- Treasurer
Scott N- RCM
Heather W- H & I Chair
Liz M- Unity Retreat Chair
Drew N- Unity Retreat Vice Chair
Erica P- Literature Chair
Tash T- P & A Chair
Kevin W- PR Chair
10. **New Business:**
11. **Group Reports:**
 - **Altoona:** Spiritual Not Religious, Monday Nite NA Basic Text, Just For Today, Hope Not Dope, By Any Means Necessary, Restored to Sanity, Wake Up & Live
 - **Bedford:** NA Way
 - **Hollidaysburg:** Willingness, Trust, and Faith
 - **Ebensburg:** Point of Freedom
 - **Hollsopple:** A Thousand is Never Enough
 - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it's Friday, Clean and Serene, Saturday Staying Alive, Living Clean
 - **Johnstown:** Free Yourself, High Hopes, Primary Purpose
 - **Homer City:** No Matter What
 - **Somerset:** Simplicity is Key, Attitude of Gratitude, Principles Before Personalities, Promise is Freedom,
 - **Punxsutawney:** 2nd Chance Survivors
 - **Reynoldsville:** Broken Yet Accepted, Step Sistas
12. **Next L.M.H.A.N.A Area Service Committee: December 16, 2023**
13. **Close ASC with the “We Version” of the Serenity Prayer.**

Minutes from October 21, 2023, Area Service

1. CALL TO ORDER: at 2:00 PM at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931
2. Open Meeting with The Serenity Prayer
3. Reading of the 12 Steps (Blue K), 12 Traditions (Tiffany B) and 12 Concepts (Blue K)
4. Review of Minutes: Need to be amended
5. Trusted Servants Roll Call:
Area Chair(A) , Area Vice Chair(P), Secretary(P), Area Treasurer(P), Regional Committee Member(A/U), H&I Chair(P), Public Relations/Web Chair(A), Literature Chair(A), Activities Chair(V), Unity Retreat Chair(P), Unity Retreat Vice Chair(A), B.O.D Rep(V), Policy & Administration (A), Outreach Chair(A)
6. Trusted Servants Reports:
 - Area Chair: Drew N- Read the service prayer. It is nomination month, be ready. If you are a GSR, please don't leave so you can take information back to your homegroup.
 - Area Vice Chair: Jeremy O. – Any questions about motions please ask.
 - Secretary: Tracy G. – Nothing to report.

H and I October 21, 2023

H and I October

Chair: present

Vice chair : present

Secretary: present

Old business: No

New business: 1. P and A asked if we have any guidelines need updated. 2 heather putting replenishment order together for stockpile. 3. Motioned to get a I somerset the requested items out of lit stockpile money.

Reports

Cove : all is well. High attendance. Staying once a month for now.

St joes: back in there. Things are getting back into the swing of things.

Twin lakes: all is well. Twin lakes is requesting the commitment becoming become weekly. Dylan's 2 years is up looking for new panel coordinator.

Bedford county jail: all is well

Spirit life: unexcused

Scj: no changes. Needs females

Ccp: all is well. Missed 1 men commitment 1 women's

Jcj: unexcused

Allegiance: looking for a panel leader. All is well otherwise.

Sci somerset: don't need much. Needs MAT lit from stockpile. Looking for more h and I meetings. Needs 2 copies of area guidelines and the dos and don'ts sent to the facility. Needs panel coordinator. Has a person cleared who can come in once a month. Every other weds 230pm currently. Got dudes looking for sponsors.

ICJ: missed commitments. Looking to strengthen communication to not run into scheduling conflicts.

Dickinson: got 2 panel leaders. Going in 2nd and 4th Thursdays. Starting off strong.

LMHANA PUBLIC RELATIONS COMMITTEE

Date: 10/21/2023

Attendance- 6

Trusted Servants:

**Chair: Scott N. – Present Vice Chair Kevin W. – Present Secretary: Tracy G.- Present Web Vice Chair: Lance Z. – Present
Task Force Coordinator: Sam R. – Absent Web Chair: Vacant**

Called to order: @ 1: 00

- 12 Steps: Scott N
- 12 traditions: Kevin W
- 12 concepts: Lance S

Read Guiding Principles Pg. 203 last paragraph Tradition 11 “Guiding Principles”

Financial Expenditures

\$0

New Business

- Motion to reduce amount of required events/workshops
- 2024 PR committee- intent to be involved during ongoing efforts with website ect.

Old Business

- Books to libraries- update- 14 delivered 9 remaining

Website update-

Usage

Redesign- meeting to re-do website update

Activities Subcommittee Meeting: 10/21/2023

This subcommittee did not hold a meeting, the position is vacant.
All LMHANA Activities conducted by homegroups, and other subcommittees can be found on LMHANA.com

Unity Retreat Minutes: October 21, 2023

- Open with Serenity Prayer at 12:02pm
- Reading of 12/12/12
 - 12 Steps – Jason R.
 - 12 Traditions – Liz M.
 - 12 Concepts – Drew N.
- Roll Call
 - Chair – Bob N. – Present
 - Vice Chair – Liz M. – Present
 - Secretary – Jeremy O - Present
 - Treasurer – Lance S – Present
 - Programming – Drew N - Present
 - Registration – Erica P - Present
 - Activities – Seth S - Present
 - Merchandise – Dillion D - Present
 - Fire Ring – Aaron P - Present
 - Recording – Jason S – Present
- Trusted Servants Reports
 - Chair – Bob N., - obtained a 3x3 NA sign to donate for the raffle next year, is going to be taking a step back from the committee next year. If the motion passes to mirror ASC voting guidelines, then next month will be nominations & elections.
 - Vice Chair – Liz M., - There are a few new faces at the committee meeting this ASC as people are eager to assist on the committee, it was reiterated that if ASC passes the motions for voting passes, next month will be nominations & elections.
 - Treasurer – Lance S., - All checks are in an reconciled and the report will be sent to the secretary this evening, the balance is \$9,645.39, there will be a check written today for ASC will be \$4645.39, treasurer would like to entertain the motion that of the moneys being transferred to ASC that it be used for H&I to restock their stockpile, money be transferred to PR, and to literature to bolster their stockpile.
 - Secretary – Jeremy O., - nothing to report, interested in being on the committee next year
 - Programming – Drew N., - nothing to report, looking to continue to be of service to the committee in the next year as well
 - Registration – Erica P., - nothing to report, interested in serving the committee next year
 - Activities – Seth S., - nothing to report
 - Merchandise - Dillon., - nothing to report, is going to be taking a step back from the committee but still willing to help as needed. Tacking on an extra 10 shirts of m, l, & xl next year is just something to remember for the next committee, keeping in mind that if shirts aren't available there is other merchandise than can be purchased.
 - Fire Ring – Aaron P. - nothing to report, interested in being of service on the committee next year
 - Recording – Jason S., - nothing to report, interested in serving the committee next year, look into getting lanyards to hang the recorders on the person speaking so that the recordings may be a little more clear.
 -
- Nominations & Elections
 - All positions are currently filled at this time. Liz M received an automatic nomination for chair at ASC, Drew N received a nomination for UR Vice-Chair position at the 10/21/23 ASC.
- New Business –
 - Motion to move \$750 to PR and \$1,500 to H&I and \$750 to Literature, 6 yes – 0 no – 2 abstain, motion will be written by the treasurer on behalf of the committee, insisting the funds be used by December ASC. (insert picture of motion) This motion was carried to ASC and will be voted on at the 11/18/23 ASC meeting, as it is a money matter and needs voted on by the home groups.

LMHANA OUTREACH COMMITTEE

No meeting held this month Chair absent

Policy & Administration for October 21st , 2023

- The meeting was called to order at 11:00 AM
- Trusted Servants Attendance:
 - Chair – Present
 - Vice Chair – Present
 - Treasurer – Present
 - RCM – Not Present
 - Secretary – Present
 - BOD – Vacant
- 12 Steps / 12 Traditions / 12 Concepts
 - 12 Steps – Scott N
 - 12 Traditions – Kevin K
 - 12 Concepts – Jeremy O
- Old Business:
 - Motion #01-91623 (Website Subcommittee Guidelines) To add to section F responsibilities of the LMHANA Website Subcommittee, line #79: “Renewal of the domain is paid to Bizland by website chair/subcommittee member and then reimbursed from the LMHANA Area Account.” This motion will go back to the homegroups for voting as it does pertain to financial matters.
- New Business:
 - Pending outcome of last months motion #01-91623 Website Subcommittee Guidelines will need updated to reflect any changes decided by the voting groups. UR Guidelines (housekeeping issue) need updated to reflect previous motions that were not updated last year (Fire Ring Chair & Recording Chair) duties.
- Motion to Close – Jeremy O
- Concluded at 11:10 am

October Treasurers Report

| A | B | C | D | E |
|---|---|-------------------|---------------------|-------------------|
| LMHANA Treasurer Report - October 2023 | | | | |
| | Description | Debit | Credit | Balance |
| | STARTING AREA BALANCE | | | \$2,000.00 |
| | EXPENSES | | | |
| | Regional Donation (add chk 348) | \$1,813.69 | | |
| | Presby Church Donation (Rent - 10% if >\$10)(add chk 349) | \$18.70 | | |
| | TOTAL EXPENSES | \$1,832.39 | \$0.00 | \$167.61 |
| | CHECKS WAITING TO CLEAR | | | \$167.61 |
| 1 | Regional Donation (add chk 347) | \$146.27 | | |
| 2 | | | | |
| 3 | TOTAL NOT CLEARED | \$146.27 | Bank Balance | \$313.88 |

| GROUP DONATIONS | | Group Count | | |
|------------------------------|---------------------------------|-------------|-----------------|-----------------|
| Altoona | Spiritual Not Religious | 1 | \$0.00 | |
| Altoona | NA Basic Text | 1 | \$10.00 | |
| Altoona | Just For Today | 1 | \$0.00 | |
| Altoona | Hope Not Dope | | | |
| Altoona | By Any Means Necessary | | | |
| Altoona | Not Today, No Matter What | 1 | \$11.00 | |
| Altoona | Wake Up And Live | 1 | \$25.00 | |
| Altoona | Restored To Sanity | | | |
| Bedford | NA Way | 1 | \$0.00 | |
| Bolivar | Our Way Out | | | |
| Ebensburg | Point Of Freedom | | | |
| Hollidaysburg | Willingness, Trust & Faith | 1 | \$0.00 | |
| Hollsopple | A Thousand Never Enough | | | |
| Homer City | No Matter What | | | |
| Indiana | Sunday Survivors | | | |
| Indiana | Restoration To Sanity | | | |
| Indiana | 24 Principles for 24 Hours | 1 | \$0.00 | |
| Indiana | Turning Point | | | |
| Indiana | Living Clean | | | |
| Indiana | Subject To Revision | 1 | \$0.00 | |
| Indiana | Why Die | 1 | \$80.00 | |
| Indiana | Thank God It's Friday | | | |
| Indiana | Clean And Serene | | | |
| Indiana | Saturday Staying Alive | | | |
| Johnstown | Free Yourself | | | |
| Johnstown | Simple Solution | 1 | \$20.00 | |
| Johnstown | Primary Purpose | | | |
| Johnstown | High Hopes | 1 | \$20.00 | |
| Johnstown | K.I.S.S | 1 | \$6.00 | |
| Punxsutawney | 2nd Chance Survivors | 1 | \$5.00 | |
| Reynoldsville | Broken Yet Accepted | 1 | \$0.00 | |
| Reynoldsville | Step Sistas | 1 | \$10.00 | |
| Somerset | Hugs Not Drugs | | | |
| Somerset | Simplicity is the Key | | | |
| Somerset | Attitude Of Gratitude | | | |
| Somerset | Principles Before Personalities | | | |
| Somerset | The Basics | | | |
| Somerset | Promise Is Freedom | | | |
| Somerset | Hug Life | | | |
| TOTAL GROUP DONATIONS | | | \$187.00 | \$354.61 |

| | | | |
|--|-------------------|------------|-------------------|
| Other Donations: Donation Directly to H&I | | | |
| Transfer from Literature | | | |
| Unity Retreat - Amount over Prudent Reserve | | \$4,645.39 | |
| Total Bank Deposit | | \$4,832.39 | |
| AREA SUB BALANCE WITH SUB COMMITTEE RESERVES | | | \$5,000.00 |
| Subcommittee Expenses: | | | |
| Donation from Unity Retreat (cmb chk 350) | \$750.00 | | \$4,250.00 |
| Hospitals & Institutions | \$67.90 | | \$4,182.10 |
| Public Relations = \$50.00 (per month) | | | \$4,182.10 |
| Policy and Administration | | | \$4,182.10 |
| New Groups | | | \$4,182.10 |
| Miscellaneous: H&I Copies | | | \$4,182.10 |
| ENDING AREA BALANCE | | | \$4,182.10 |
| <i>LMHANA Prudent Reserve: (1500 for H&I + 750 for PR)</i> | <i>\$4,250.00</i> | | |
| <i>Suggested Regional Donation (if number is bracketed it's below reserve)</i> | | | <i>(\$67.90)</i> |
| Total Number of Groups Donating this month | | | 16 |
| Percentage of Groups Donating | | | 61.54% |
| Percentage of Area Expenses the Groups Donations are covering? | | | 9.84% |

Summary of Area Account

Starting Balance: \$2,000

Total Expenses: \$1,764.49

Monthly Rent Donation - \$18.70

Regional Donation - \$1,745.79





Group Donations: \$187.00 (16 Groups)
 Unity Retreat – Amt over Prudent Reserve: \$4,645.39
 Subcommittee Expenses: \$817.90
 (H&I – 67.90)
 (Unity to Literature – 750.00)
Ending Area Balance: \$4,250.00
 ^^Accounting for Funds Held for H&I + Literature from Unity^^
 Check Waiting to Clear Bank – September Regional Donation \$146.27

| LMHANA Literature Financial Report - October 2023 | | | |
|---|-------------------|-------------------|-------------------|
| Description | Debit | Credit | Total |
| Starting Literature Balance | | | \$932.69 |
| Debits | | | |
| NAWS Literature Purchase(Sales Order 1006031 - chk 421) | \$912.55 | | |
| Credits | | | |
| Literature Sales | | \$697.00 | |
| H&I Donation | | | |
| Transfers from Area Account | | | |
| Transfer from Unity Retreat Overage | | \$750.00 | |
| H&I Literature | | \$67.90 | |
| PR Literature | | | |
| Bank Deposit Error | | | |
| Sub Total Balance | \$912.55 | \$1,514.90 | \$1,535.04 |
| Ending Literature Balance | | | \$1,535.04 |
| <i>(bracketed number under PR)</i> | \$2,000.00 | | (\$464.96) |

Summary of Literature Account

Starting Balance: \$932.69
 NAWS Lit Purchase (Sales Order 1006031 chk 421) – \$912.55
 Literature Sales: \$697.00
 Transfer from Area: \$817.90
 (H&I – 67.90)
 (Transfer from Unity Retreat Overage – 750.00)
Ending Balance: \$1535.04

October 2023 Literature Report

-  H & I: \$67.90
-  Outreach: \$0.00
-  Public Relations: \$0.00
-  Home Groups: \$697.00

- 7. Old Business- **Motions: 01-091623- 16-0-1- pass**
02-091623-16-0-1-pass
03-091623-15-0-2-pass
04-091623-14-0-3-pass

8. Nominations/ Elections:

- Jeremy O- Area Chair
- Tracy G- Area Secretary
- Christina O- Treasurer
- Scott N- RCM
- Heather W- H & I Chair
- Liz M- Unity Retreat Chair
- Drew N- Unity Retreat Vice Chair
- Erica P- Literature Chair
- Tash T- P & A Chair
- Kevin W- PR Chair

9. New Business: Motion 10-21-02- PR Sub Committee seconded by Lance S- To amend subsection III, article 5 (ln 28) to say “to coordinate a minimum of one PR workshop per year”. The intent is to reduce the amount of workshops to an achievable amount.

Motion 10-21-01-Unity Retreat Committee- seconded by Gabe S.- For LMHANA to delegate from the proceeds of the unity retreat: \$1500 to H & I, \$750 to PR, \$750 to Literature. To restock depleted literature stock piles and to be spent by December ASC. Intent is to carry the message in our area to the still sick and suffering addicts.

10. Group Roll Call & Reports:

- Johnstown-
 - Free yourself – Jamie K- GSR
 - Primary Purpose- Peter R- GSR
- Altoona:
 - Spiritual Not Religious- Seth S.- GSR
 - NA Basic Text – Cora S Other
 - Not Today- No Matter What- Amanda C- GSR
- Hollidaysburg: Willingness, Trust, and Faith- Aaron P- GSR-
- Indiana:
 - Why Die- Gabe S - GSR
 - Subject to Revision- Erica P- GSR
 - Staying Alive- Bree G- GSR
 - Sunday Survivors- Edgar- Other
 - Restoration to Sanity-Scott N – Other
- Bedford
 - NA way -Cody C-Alt GSR
- Somerset:
 - Simplicity is Key Lance Z – Other
- Reynoldsville
 - Broken yet accepted- Allison M- GSR
 - Step Sistas- Allison M- Other- NEW MEETING

11. Next Area Service will be held: December 16, 2023

12. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.