

## **AREA SERVICE COMMITTEE AGENDA FOR October 21, 2023**

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**  
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**  
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out). **Intent:** In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**
  1. Area Chair
  2. Vice Chair
  3. Secretary
  4. Public Relations/Helpline/Website
  5. Regional Committee Member
  6. Fundraiser Activities
  7. Unity Retreat
  8. Unity Retreat Vice Chair
  9. B.O.D. Rep
  10. Hospitals & Institutions
  11. Policy & Administrations
  12. Outreach
  13. Literature
  14. Treasurer
8. **Old Business: Motions: 01-091623**  
**02-091623**  
**03-091623**  
**04-091623**
9. **Nominations/Elections:**  
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
10. **New Business:**
11. **Group Reports:**
  - **Altoona:** Spiritual Not Religious, Monday Nite NA Basic Text, Just For Today, Hope Not Dope, By Any Means Necessary, Restored to Sanity, Wake Up & Live
  - **Bedford:** NA Way
  - **Hollidaysburg:** Willingness, Trust, and Faith
  - **Ebensburg:** Point of Freedom
  - **Hollsopple:** A Thousand is Never Enough
  - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it's Friday, Clean and Serene, Saturday Staying Alive, Living Clean
  - **Johnstown:** Free Yourself, High Hopes, Primary Purpose
  - **Homer City:** No Matter What
  - **Somerset:** Hugs Not Drugs, Simplicity is Key, Attitude of Gratitude, Principles Before Personalities, Promise is Freedom, Hug Life
  - **Punxsutawney:** 2<sup>nd</sup> Chance Survivors
  - **Reynoldsville:** Broken Yet Accepted, Step Sistas
12. **Next L.M.H.A.N.A Area Service Committee: November 18, 2023**
13. **Close ASC with the "We Version" of the Serenity Prayer.**

Minutes from August 19, 2023, Area Service

1. CALL TO ORDER: at 2:00 PM at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931
2. Open Meeting with The Serenity Prayer
3. Reading of the 12 Steps (Blue K), 12 Traditions (Tiffany B) and 12 Concepts (Blue K)
4. Review of Minutes: Need to be amended
5. Trusted Servants Roll Call:
  - Area Chair(A) , Area Vice Chair(P), Secretary(P), Area Treasurer(P), Regional Committee Member(P), H&I Chair(P), Public Relations/Web Chair(A), Literature Chair(P), Activities Chair(V), Unity Retreat Chair(P), Unity Retreat Vice Chair(P), B.O.D Rep(V), Policy & Administration (A), Outreach Chair(A)
6. Trusted Servants Reports:
  - Area Chair: Drew N- I Apologize again for not attending this months ASC. My new job is sporadic. I again apologize. Nominations are this month so please anyone willing to serve, or if you have friends that are, express your willingness and show. Remember, no matter how much time you or experience you have if you are here, you have a voice. I love you all. Please read the service prayer.
  - Area Vice Chair: Jeremy O. – Nothing to report-Read the service prayer
  - Secretary: Tracy G. – Nothing to report. Passed TSL for revisions.
  - Regional Committee Member: Sam R- No meeting this month.

## **H and I September 16, 2023**

### **H and I sept**

Chair: excused  
Vice chair :here  
Secretary: present

Old business: none

New business: we're gonna get a flyer together for facilities needing help. Chris B nominated and voted in as panel coordinator for Dickinson.

#### Reports

Cove : all is well.

St joes: new point of contact made after old resigned. Attendance good real receptive. Looking for new coordinator

Twin lakes: switched to co-ed. making some changes possibly switching to alternating men and women weekly

Bedford county jail: panel coordinator needed. Looking

Spirit life: no panel leaders need some

Scj: 2nd in 4th. Attempting to reestablish a point of contact. Needs women.

Ccp: all is well got more apps in

Jcj: 2nd and 4th. Need men.

Allegiance: all is well. New panel leader

Sci somerset: all is well

ICJ: spotty getting in there. Women haven't been in all month. Women have 3 apps in.

# **LMHANA PUBLIC RELATIONS COMMITTEE**

**Date:** 09/16/2023

**Attendance-** 5

**Trusted Servants:**

**Chair: Scott N. – Absent Vice Chair Kevin W. – Present Secretary: Tracy G.- Present Web Vice Chair: Lance Z. – Absent  
Task Force Coordinator: Sam R. – Absent Web Chair: Vacant**

Called to order: @ 1: 00

- 12 Steps: Liz M
- 12 traditions: Tracy G
- 12 concepts: Lance S

## **Financial Expenditures**

\$49.80 Literature Order

\$84.80- Meeting Lists

## **New Business**

- 9/16 Meyersdale HS event not able to attend due to area and short notice
- Disburse Basic texts for Library donations
- Website revamp update cost \$1700.00
- 10/7 Event in Johnstown- Kevin W and Gabe S to attend
- Website Committee meeting planned for 10/5

## **Old Business**

- Breaking down borders event went well
- UR PR workshop went well
- Somerset Overdose awareness went well

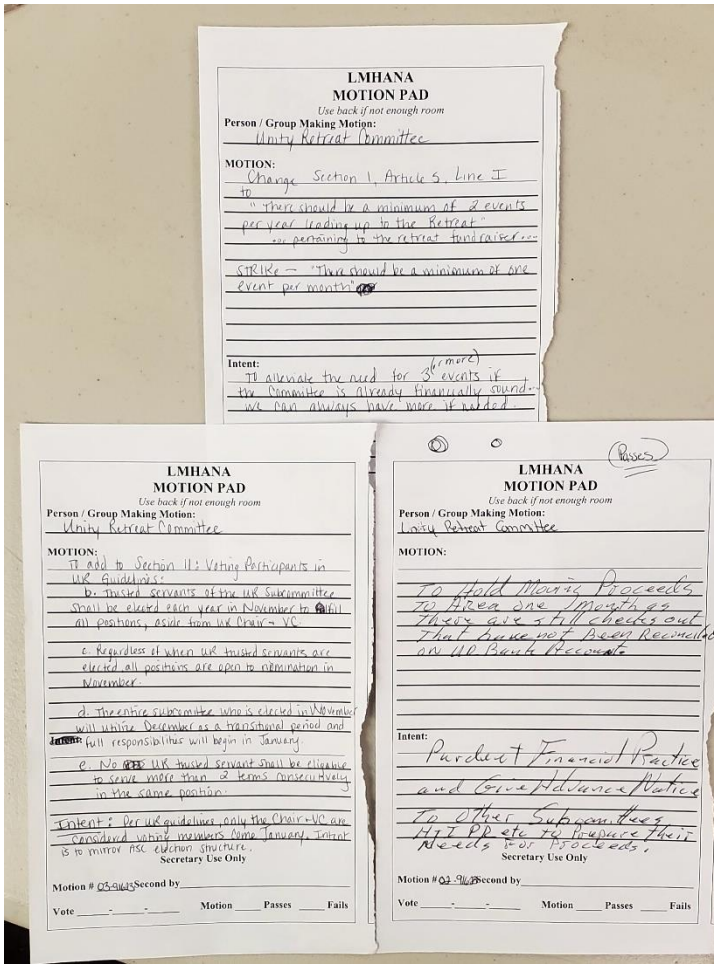
## Activities Subcommittee Meeting: 08/19/2023

This subcommittee did not hold a meeting, the position is vacant.  
All LMHANA Activities conducted by homegroups, and other subcommittees can be found on LMHANA.com

## Unity Retreat Minutes: September 16, 2023

- Open with Serenity Prayer
- Reading of 12/12/12
  - 12 Steps – Jason S.
  - 12 Traditions – Liz M.
  - 12 Concepts – Seth S.
- Roll Call
  - Chair – Bob N. – Present
  - Vice Chair – Liz M. – Present
  - Secretary – Jeremy O - Present
  - Treasurer – Lance S – Present
  - Programming – Drew N - Absent
  - Registration – Erica P - Absent (Excused – Report Sent)
  - Activities – Seth S - Present
  - Merchandise – Dillion D - Present
  - Fire Ring – Aaron P - Present
  - Recording – Jason S – Present
- Trusted Servants Reports
  - Chair – Bob N., - The treasurers' report is presented to the group as well as the agenda. The committee did a wonderful job, the retreat was successful.
  - Vice Chair – Liz M., - There will be motions brought up during new business. If there is support the motions will be made in the committee's name.
  - Treasurer – Lance S., - The treasurer report is presented to the group in the form of the spreadsheet. The amount that will be presented to ASC is \$4645.39, as there was a check written today to Area Literature for the basic texts that were passed out during the retreat.
  - Secretary – Jeremy O., - Nothing to report.
  - Programming – Drew N., - Report was sent with Timmy L.: Everything went well, thanks for letting him serve.
  - Registration – Erica P., - There were approximately 285+ people present at the retreat, 96 pre-registrations this year, 182 people registered with lodging, 103 people were registered only, overall there were 251 adults & 34 children, something for future reference would be having people list the ages of their children on the form so we can give Camp Harmony more accurate information. Also, to note: We recorded 265 registrations, but we added 20 to that after shutting down the table on Saturday as we knew more people showed up.
  - Activities – Seth S., - There is nothing to report.
  - Merchandise - Dillon., - Everything got sold, the last of the cups were sold at a discounted price and some were donated to the newcomers during the clean time countdown.
  - Fire Ring – Aaron P. - The duties were carried out during the event.
  - Recording – Jason S., - All the recordings were successful.
- Old Business –
  - There is no new business to discuss.
- Nominations & Elections
  - All positions are currently filled at this time.

- New Business –



- Motion to Close – Bob N. - 2<sup>nd</sup> by Jason S.
- Close with Serenity Prayer at 12:35pm

### Unity Retreat Treasures Report

Date	Ck #	Transaction Description	Debit	rec	Credit	Ck book balance
1/1/2023		Opening Balance				\$5,000.00
4/15/2023	512	Merch - tee's & hoodies	\$1,687.00	x		\$3,313.00
4/15/2023	513	NA books for Spaghetti Dinner fundraiser	\$28.15	x		\$3,284.85
4/15/2023		Deposit - Merch sales		x	\$433.00	\$3,717.85
4/28/2023		Deposit - Living Clean Event - Dnr 5543 - Merch 5959 + Pre Order 5551 - Bake sale 5103 - Raffle 5220 - Newcomer - 577		x	\$2,053.00	\$5,770.85
4/28/2023	514	Seth 5 - Groceries for Event	\$226.86	x		\$5,543.99
4/28/2023	515	Indiana Alliance Church - Rent for UR-Living Clean Event	\$100.00	x		\$5,443.99
5/20/2023	516	Seth 5 - Pavilion rentals Yellow Creek & Canoe Creek	\$173.00	x		\$5,270.99
5/20/2023		Deposit - Registrations		x	\$300.00	\$5,570.99
6/11/2023	517	Seth 5 - Groceries for Event	\$188.26	x		\$5,382.73
6/11/2023		Deposit - Spiker Jam - 5050 577 - Raffle 565 - Food 5330 - Merch 5171 - Newcomer 587 - Registration 5220		x	\$950.00	\$6,332.73
6/17/2023	518	Lance 5 - Banner	\$126.40	x		\$6,206.33
6/17/2023	519	LMHANA Literature	\$38.95	x		\$6,167.38
6/17/2023		Deposit - Registrations		x	\$50.00	\$6,217.38
7/15/2023		New Checks for UR	\$65.61	x		\$6,151.77
7/15/2023		Erica P - Registration Pockets	\$628.89			\$5,522.88
7/15/2023		Deposit - Registrations			\$880.00	\$6,402.88
7/21/2023	521	Seth 5 Kick off picnic supplies	\$208.98			\$6,193.90
7/21/2023		Deposit - Food 5113 - Reg 5980 Merch 5210 - 5050 573 - Raffle 545 - NewComer 516			\$1,637.00	\$7,830.90
7/25/2023		Deposit - Registrations			\$45.00	\$7,875.90
7/25/2023	522	Lance 5 - 72 NA Logo Mugs	\$351.41			\$7,524.49
8/19/2023	525	void cks - 523 & 524 American Eagle Print	\$532.00			\$6,992.49
8/19/2023		Deposit - Pre Registrations			\$2,605.00	\$9,597.49
8/25/2023		UR TIC Fri night Deposit - Registr 53165 - Mer 51000 - Raffle 5227 - NewCom 570			\$4,362.00	\$13,959.49
8/26/2023		UR TIC Sat night Deposit - Registr 51850 - Mer 51203 - Raffle 5538 - NewCom 588			\$3,679.00	\$17,638.49
8/27/2023	526	Use M - Magnets for rag bags	\$143.10			\$17,495.39
8/27/2023	527	Camp Harmony - Final Payment	\$7,790.00			\$9,705.39
		Proceeds to LMHANA ASC			\$4,705.39	\$5,000.00
		UR TIC - Prodent Nerveive Balance as of 9/16/2023				\$5,000.00

## **LMHANA OUTREACH COMMITTEE**

No meeting held this month Chair absent

### Policy & Administration for September 16, 2023

- The meeting was called to order at 11:00 AM
- Trusted Servants Attendance:
  - Chair – Not Present
  - Vice Chair – Present
  - Treasurer – Present
  - RCM – Present
  - Secretary – Present
  - BOD – Vacant
- 12 Steps / 12 Traditions / 12 Concepts
  - 12 Steps – Tracy G.
  - 12 Traditions – Sierria E.
  - 12 Concepts – Sam R.
- Old Business:
  - There is no old business to discuss.
- New Business:
  - Motion #01-91623 (Website Subcommittee Guidelines) To add to Section F Responsibilities of the LMHANA Website Subcommittee, line #79: “The renewal of the domain is paid to Bizland by the website chair/subcommittee member and then reimbursed from the LMHANA Area Account.” This motion will have to go back to the homegroups for voting as it does pertain to financial matters.
- Motion to Close – Motion by Sierria, 2<sup>nd</sup> by Tracy
- Concluded at 11:16am

## September Treasurer's Report

LMHANA Treasurer Report - September 2023			
Description	Debit	Credit	Balance
<b>STARTING AREA BALANCE</b>			<b>\$1,878.58</b>
<b>EXPENSES</b>			
Reimburse (Jason S - Meeting List and chk 344)	\$84.80		
Reimburse (Joe H - H&I WS Copies and chk 342)	\$53.11		
Reimburse (Katie A - Lit Order Copies and chk 343)	\$24.80		
Yearly PO Box - chk 341	\$82.00		
Presby Church Donation (Rent - 10% if >\$10)(chk 346)	\$77.20		
Regional Donation (add chk 347)	\$146.27		
<b>TOTAL EXPENSES</b>	<b>\$468.18</b>	<b>\$0.00</b>	<b>\$1,410.40</b>
<b>CHECKS WAITING TO CLEAR</b>			<b>\$1,410.40</b>
<b>TOTAL NOT CLEARED</b>			<b>\$0.00</b> Bank Balance
<b>GROUP DONATIONS</b>			
		Group Count	
Altoona	Spiritual Not Religious		
Altoona	NA Basic Text	1	\$350.00
Altoona	Just For Today		
Altoona	Hope Not Dope		
Altoona	By Any Means Necessary	1	\$40.00
Altoona	Not Today, No Matter What	1	\$5.00
Altoona	Wake Up And Live	1	\$25.00
Altoona	Restored To Sanity		
Bedford	NA Way	1	\$100.00
Bolivar	Our Way Out		
Ebensburg	Point Of Freedom		
Hollidaysburg	Willingness, Trust & Faith	1	\$0.00
Hollsopple	A Thousand Never Enough		
Homer City	No Matter What		
Indiana	Sunday Survivors		
Indiana	Restoration To Sanity		
Indiana	24 Principles for 24 Hours		
Indiana	Turning Point		
Indiana	Living Clean	1	\$0.00
Indiana	Subject To Revision		
Indiana	Why Die	1	\$60.00
Indiana	Thank God It's Friday	1	\$0.00
Indiana	Clean And Serene		
Indiana	Saturday Staying Alive	1	\$20.00
Johnstown	Free Yourself	1	\$72.00
Johnstown	Simple Solution		
Johnstown	Primary Purpose	1	\$0.00
Johnstown	High Hopes		
Johnstown	K.I.S.S		
Punxsutawney	2nd Chance Survivors	1	\$0.00
Reynoldsville	Broken Yet Accepted	1	\$70.00
Reynoldsville	Step Sistas	1	\$10.00
Somerset	Hugs Not Drugs		
Somerset	Simplicity is the Key	1	\$20.00
Somerset	Attitude Of Gratitude		
Somerset	Principles Before Personalities		
Somerset	Promise Is Freedom		
Somerset	Hug Life		
<b>TOTAL GROUP DONATIONS</b>		<b>\$772.00</b>	<b>\$2,182.40</b>

Other Donations: Donation Directly to H&I			
Transfer from Literature			
Unity Retreat - Amount over Prudent Reserve			
Total Bank Deposit		\$772.00	
<b>AREA SUB BALANCE WITH SUB COMMITTEE RESERVES</b>			<b>\$2,182.40</b>
<b>Subcommittee Expenses:</b>			
Activities Fundraiser = \$250.00 (3 events per year)			\$2,182.40
Hospitals & Institutions (cmb chk 345)	\$132.60		\$2,049.80
Public Relations = \$50.00 (per month) (cmb chk 345)	\$49.80		\$2,000.00
Policy and Administration			\$2,000.00
New Groups			\$2,000.00
Miscellaneous: H&I Copies			\$2,000.00
<b>ENDING AREA BALANCE</b>			<b>\$2,000.00</b>
<b>ENDING BANK BALANCE</b>			<b>\$2,000.00</b>
<b>LMHANA Prudent Reserve:</b>	<b>\$2,000.00</b>		
<b>Suggested Regional Donation (if number is bracketed it's below reserve)</b>			<b>\$0.00</b>
<b>Total Number of Groups Donating this month</b>			<b>16</b>
<b>Percentage of Groups Donating</b>			<b>61.54%</b>
<b>Percentage of Area Expenses the Groups Donations are covering?</b>			<b>118.66%</b>

### Summary of Area Account

**Starting Balance: \$1,798.63**

Total Expenses: \$468.18

Reimburse Meeting Lit - \$84.80

Reimburse H&I Workshop - \$53.11

Reimburse Lit Order - \$24.80

Yearly PO Box - \$82.00

Monthly Rent Donation - \$77.20

Regional Donation - \$146.27

Group Donations: \$ (16 Groups)

Subcommittee Expenses: \$182.40

(H&I – 132.60)


(PR – 49.80)

**Ending Area Balance: \$2,000**

Check Waiting to Clear Bank – N/A

**Ending Area Bank Balance: \$2,000**

### September 2023 Literature Report

 H & I: \$132.60

 Outreach: \$0.00

 Public Relations: \$48.80

 Home Groups: \$687.00



7. Old Business- Motions 1-5 from RCM voted on

Motion 1- 18-0-2 pass

Motion 2- 18-0-2 pass

Motion 3- 18-0-2 pass

Motion 4- 18-0-2 pass

Motion 5- 17-0-3 pass

8. Nominations/ Elections: None

9. New Business: Motion 01-91623- P & A Committee seconded by Chris- To add to the website Committee guidelines line 79: “the renewal of the domain is paid to Bizland by the Website Chair/subcommittee member, and then reimbursed from the LMHANA Area Account. Intent: to Create continuity that the bill is paid to the correct vendor.

Motion 02-091623-Unity Retreat Committee- seconded by Seth S.- To hold moving proceeds from Unity Retreat to area one month as there are still checks out that have not been reconciled on Unity Retreat bank account. Intent: Prudent Financial Practice and give advance notice to other subcommittees to prepare needs for proceeds.

Motion 03-091623- Unity Retreat Committee- Seconded by Chris- To add to Section II: Voting Participants in UR guidelines: b. Trusted servants of the UR subcommittee shall be elected each year in November to fill all positions, aside from UR chair & VC. c. regardless of when UR trusted servants are elected, all positions are open to nominations in November. d. the entire subcommittee who is elected in November will utilize December as a transitional period, and full responsibilities will begin in January. e. No UR trusted servant shall be eligible to serve more than 2 terms consecutively in the same position. Intent: Per UR guidelines, only the Chair and Vice Chair are considered voting members come January. Intent is to mirror ASC election structure.

Motion- 04-091623- Unity Retreat Committee- seconded by Gabe S- Change Section I article 5 Line I to “ there should be a minimum of 2 events per year up to the retreat” ....pertaining to the retreat fundraiser.....  
STRIKE- “there should be 1 event per month” Intent- to alleviate the need for 3 or more events if the committee is already financially sound. We can always have more if needed.

10. Group Roll Call & Reports:

- Johnstown-
  - Free yourself – Jamie K- GSR
  - Primary Purpose- Peter R- GSR
- Altoona:
  - Spiritual Not Religious- Seth S.- GSR
  - Just for Today- Karl O- GSR
  - NA Basic Text – Cora S Other
  - Not Today- No Matter What- Amanda C- GSR
- Hollidaysburg: Willingness, Trust, and Faith- Aaron P- GSR-
- Indiana:
  - Why Die- Gabe S - GSR
  - Subject to Revision- Erica P- GSR
  - Staying Alive- Bree G- GSR
  - Sunday Survivors- Edgar- Other
  - TGIF- Gary R- GSR
  - 24/24 Dave R- GSR
  - Restoration to Sanity-Scott N – Other

- Bedford
  - NA way -Cody C-Alt GSR
- Somerset:
  - Simplicity is Key Lance Z – Other
- Reynoldsville
  - Broken yet accepted- Allison M- GSR
  - Step Sistas- Allison M- Other- NEW MEETING

11. Next Area Service will be held: November 18, 2023

12. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.