

**AREA SERVICE COMMITTEE AGENDA FOR September 15, 2023**

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**  
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**  
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out). ***Intent:*** In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**

1. Area Chair	8. Unity Retreat Vice Chair
2. Vice Chair	9. B.O.D. Rep
3. Secretary	10. Hospitals & Institutions
4. Public Relations/Helpline/Website	11. Policy & Administrations
5. Regional Committee Member	12. Outreach
6. Fundraiser Activities	13. Literature
7. Unity Retreat	14. Treasurer
8. **Old Business:**
9. **Nominations/Elections:**
10. **New Business:**
11. **Group Reports:**
  - **Altoona:** Spiritual Not Religious, Monday Nite NA Basic Text, Just For Today, Hope Not Dope, By Any Means Necessary, Restored to Sanity, Wake Up & Live
  - **Bedford:** NA Way
  - **Hollidaysburg:** Willingness, Trust, and Faith
  - **Ebensburg:** Point of Freedom
  - **Hollsopple:** A Thousand is Never Enough
  - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it's Friday, Clean and Serene, Saturday Staying Alive, Living Clean
  - **Johnstown:** Free Yourself, High Hopes, Primary Purpose
  - **Homer City:** No Matter What
  - **Somerset:** Hugs Not Drugs, Simplicity is Key, Attitude of Gratitude, Principles Before Personalities, Promise is Freedom, Hug Life
  - **Punxsutawney:** 2<sup>nd</sup> Chance Survivors
  - **Reynoldsville:** Broken Yet Accepted, Step Sistas
12. **Next L.M.H.A.N.A Area Service Committee: September 20, 2023**
13. **Close ASC with the “We Version” of the Serenity Prayer.**

Minutes from August 19, 2023, Area Service

1. CALL TO ORDER: at 2:00 PM at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931
2. Open Meeting with The Serenity Prayer
3. Reading of the 12 Steps (Jeremy O), 12 Traditions (Bill) and 12 Concepts (Amanda)
4. Review of Minutes: Motion to accept minutes by Dave R, 2<sup>nd</sup> Jamie K.
5. Trusted Servants Roll Call:
  - Area Chair(P) , Area Vice Chair(P), Secretary(P), Area Treasurer(P), Regional Committee Member(P), H&I Chair(P), Public Relations/Web Chair(A), Literature Chair(P), Activities Chair(V), Unity Retreat Chair(P), Unity Retreat Vice Chair(P), B.O.D Rep(V), Policy & Administration (P), Outreach Chair(P)
6. Trusted Servants Reports:
  - Area Chair: Drew N- read the My new job has been pulling me away. I will be absent next month. No hard feelings if anyone feels like I should be removed. Read the service prayer.
  - Area Vice Chair: Jeremy O. – Nothing to report
  - Secretary: Tracy G. – Nothing to report. Passed TSL for revisions.
  - Regional Committee Member: Sam R- Report attached below.

## LMHANA RCM REPORT 8/19/23

### **RSC Meeting Minutes August 8th, 2023**

1. Open with Serenity Prayer Meeting opened at 10:31 AM
2. Reading of:
  - a. 12 Steps Read by Amy
  - b. 12 Traditions Read by Mike
  - c. 12 Concepts Read by Frank

### **Vacant Regional Trusted Servant Positions**

Chairperson VACANT  
Secretary VACANT  
Vice-Secretary VACANT  
Vice-Treasurer VACANT  
PR Chair VACANT  
Outreach VACANT

### **Nomination and Elections**

- a. Mike (EEANA)- Chair of the Spiritual Retreat (Elected 8-0-0)
- b. Tracey C (ICANA)- Regional Treasurer (did not meet the clean time requirement; encouraged to get a nomination for Vice-Treasurer)
- c. Michael (CWANA)- Vice Web Chair (Elected 10-0-0)
- d. Rich M (CWANA) re-election for P&A Chair (Elected 10-0-0)
- e. Frank (NEASCNA) re-election for H&I (Elected 9-0-0)
- f. Victor (SHASNA)- BOD (Elected 10-0-0)

**Old Business:** Four motions from old business were not voted on today as RCMs did not receive the minutes in time to present to their ASCs. These motions were reviewed and Q&A for clarification was offered. Will be voted on next RSC

**a. Motion 1:** That TSRSCNA print 50 meeting lists for each area counted in quorum following each regularly scheduled RSC; Intent: To amend past motion to allow for increased fiscal responsibility (Initiated by: Brandi G., EEANA, Seconded: Greg M., CWANA)

**b. Motion 2:** The Tristate RD will publish on the TSRSCNA website a tally of the area votes so we can see what the Regional vote is prior to the WSC; Intent: To hold the RD accountable to the groups and members of the Tri-State The region through the spiritual principles of integrity and service (Initiated by: Brandi G., EEANA, Seconded by: Unsure?)

**c. Motion 3:** In the Tristate RD report following the WSC, the Regional Delegate

(RD) will include any amendments to the motions and how the RD voted on the amendments and motions; Intent: To hold the RD accountable to the groups and members of the Tri-state Region through the spiritual principles of integrity and service (Initiated by: Brandi G., EEANA, Seconded by: Unsure?)

**d. Motion 4:** To insert into the mainframe of the regional policy under Section 8(B) Attendance and Section 9 Elections: Participants in voting and attendance can be either in-person or voting virtual; Intent: To clearly state in policy the use of virtual platforms (Initiated by: Rich M. Regional P&A; Seconded by: Unsure?)

## H and I August 19, 2023

Chair: present

Vice chair : here

Secretary: present

Old business: setting up pyramid meeting. Waiting on Dickinson.

New business: \$28.00 donation from broken yet accepted. Motion to spend on ips. Accepted. Passed.

### Reports

Cove : Christian going well. 80-100 attendees.

St joes: Aaron reported. Anthony resigned looking for new panel coordinator. Aaron filling in. All is well.

Twin lakes: heather reported for Dillon all is well. Covid shutdown til September. New point of contact. Looking for a female panel leader.

Bedford county jail: heather reported for lance all is well in need of female volunteers.

Spirit life: Sam reported. Lost panel leader. Sam covering.

Scj: joe sent report all is well. Need more applicants to volunteer.

Ccp: all is well need more men to apply

Jcj: chandler reporting for Erin all is well men going back in looking for another willing male to cover a few weeks.

Good attendance.

Allegiance: all is well.

Sci somerset: heather reported for Larry all is well. Have some men applications filled out waiting on word. Quarterly lit order filled today.

ICJ: missed some meetings. More applicants should work itself out.

# **LMHANA PUBLIC RELATIONS COMMITTEE**

**Date:** 08/19/2023

**Attendance-** 6

**Trusted Servants:**

**Chair: Scott N. – Present Vice Chair Kevin W. – Present Secretary: Tracy G.- Present Web Vice Chair: Lance Z. – Absent  
Task Force Coordinator: Sam R. – Absent Web Chair: Vacant**

Called to order: @ 1: 00

- 12 Steps: Tracy G
- 12 traditions: Dave R.
- 12 concepts: Scott N

**Financial Expenditures**

\$42.10 Literature Order

**New Business**

- 8/31 UPMC Twin Lakes Overdose Awareness Event
- 9/23 Somerset County Recovery Walk
- PR Event @ unity Retreat 8-9 am – developing PowerPoint
- Need to plan PR & H & I event
- Inventory literature at September area

**Old Business** N/A

**Activities Subcommittee Meeting: 08/19/2023**

This subcommittee did not hold a meeting, the position is vacant.  
All LMHANA Activities conducted by homegroups, and other subcommittees can be found on LMHANA.com

## Unity Retreat Agenda: August 19, 2023

- Open with Serenity Prayer at 12:03pm
- Reading of 12/12/12
  - 12 Steps – Timmy L.
  - 12 Traditions – Jeremy O.
  - 12 Concepts – Seth S.
- Roll Call
  - Chair – Bob N. – Absent (Excused)
  - Vice Chair – Liz M. – Present
  - Secretary – Jeremy O - Present
  - Treasurer – Lance S – Present
  - Programming – Drew N - Absent (Excused)
  - Registration – Erica P - Present
  - Activities – Seth S - Present
  - Merchandise – Dillion D - Absent (Excused)
  - Fire Ring – Aaron P (voted in on 8/19/23)
  - Recording – Jason S – Present
- Trusted Servants Reports
  - Chair – Bob N., - Nothing to report
  - Vice Chair – Liz M., - made a last-minute list of things that need done, discussed with Programming about their responsibilities, need to get banners and coffee pot today, activities will tag raffle items, recorders will need to be charged. Basic Text's will need picked up from literature chair. We will need change for registration from the committee if possible. Asked treasurer if he has deposit envelopes to which he replied yes. Start thinking about what we are going to do with the proceeds after the UR.
  - Treasurer – Lance S., - Checkbook matches the statement that was given to the committee, the balance is \$7,524.49, received registrations totaling \$2,605.00, which brings the balance to \$10,129.49, we received a bill from American Eagle for the re-print of merchandise \$532.00 which brings the balance to \$9,597.49.
  - Secretary – Jeremy O., - Nothing to report
  - Programming – Drew N., - . Report sent with Timmy L, all speakers are confirmed except for one, two people backed out but they were filled, manilla envelopes are being put together this week for the event, please bring a newcomer and encourage them to be of service. We are getting rid of the speaker release agreements.
  - Registration – Erica P., - Harmony House is filled, registration is going to call applicants to discuss as the kids that are in the house fill all the beds, may need to double up, etc. Discussion amongst the group was discussed about campers, etc.
  - Activities – Seth S., - Going to put together the things that need to be done for the baskets, received last minute items.
  - Merchandise - Dillon., - Got the last order of merchandise, has the mugs, and agreed on the price of mugs; 1 for 7.00 and 2 for 10.00
  - Fire Ring - VACANT.
  - Recording – Jason S., - Batteries and extras will be brought.
- Old Business –
  - Registration & Merchandise being upfront, it was suggested that committee members be there to fill in.
- Nominations & Elections
  - Fire Ring – Aaron P – nominated by Seth S. and Timmy L. - 7 YES – 0 NO – 0 Abstain
- New Business –No new business
- Motion to Close – Motioned by Timmy L, 2<sup>nd</sup> by Liz M.
- Close with Serenity Prayer at 12:45pm

# LMHANA OUTREACH COMMITTEE

**Date:** 08/19/2023

1. Opened with Serenity Prayer: @ 12:00
2. Reading of the 12 step, traditions, and concepts
3. Roll Call

Chair- Present

Vice Chair- Vacant

Secretary- Present

4. Nominations/Elections- none
5. Old Business-

- Donated banner to unity retreat for raffle
- New Flyer

6. New Business –

- Discuss with PR about next event
- Banner costs
- Design New flyer for homegroups to be sent

## Policy & Administration for August 19, 2023

The meeting was called to order at 11:00 AM

Trusted Servants Attendance: o Chair – Present o Vice  
Chair – Present o Treasurer – Present o RCM – Present o  
Secretary – Present o BOD – Vacant

- 12 Steps / 12 Traditions / 12 Concepts
- 12 Steps – Tracy G
- 12 Traditions – Jeremy O
- 12 Concepts Sam R
  
- Old Business: None
  
- New Business: None

Motion to Close – Jeremy O Concluded at 11:15am

## August Treasurer's Report

A	B	C	D	E
<b>LMHANA Treasurer Report - August 2023</b>				
<b>Description</b>		<b>Debit</b>	<b>Credit</b>	<b>Balance</b>
<b>STARTING AREA BALANCE</b>				<b>\$1,798.63</b>
<b>EXPENSES</b>				
Presby Church Donation (Rent - 10% if >\$10)(add chk 340)		\$32.70		
<b>TOTAL EXPENSES</b>		<b>\$32.70</b>	<b>\$0.00</b>	<b>\$1,765.93</b>
<b>CHECKS WAITING TO CLEAR</b>				<b>\$1,765.93</b>
<b>TOTAL NOT CLEARED</b>		<b>\$0.00</b>	Bank Balance	
<b>GROUP DONATIONS</b>		<b>Group Count</b>		
Altoona	Spiritual Not Religious	1	\$0.00	
Altoona	NA Basic Text			
Altoona	Just For Today	1	\$20.00	
Altoona	Hope Not Dope			
Altoona	By Any Means Necessary	1	\$45.00	
Altoona	Not Today, No Matter What			
Altoona	Wake Up And Live	1	\$20.00	
Altoona	Restored To Sanity			
Bedford	NA Way			
Bolivar	Our Way Out			
Ebensburg	Point Of Freedom			
Hollidaysburg	Willingness, Trust & Faith	1	\$0.00	
Hollsopple	A Thousand Never Enough			
Homer City	No Matter What			
Indiana	Sunday Survivors	1	\$92.00	
Indiana	Restoration To Sanity	1	\$0.00	
Indiana	24 Principles for 24 Hours	1	\$0.00	
Indiana	Turning Point			
Indiana	Living Clean			
Indiana	Subject To Revision			
Indiana	Why Die	1	\$80.00	
Indiana	Thank God It's Friday	1	\$0.00	
Indiana	Clean And Serene			
Indiana	Saturday Staying Alive			
Johnstown	Free Yourself			
Johnstown	Simple Solution			
Johnstown	Primary Purpose	1	\$0.00	
Johnstown	High Hopes			
Johnstown	K.I.S.S			
Punxsutawney	2nd Chance Survivors			
Reynoldsville	Broken Yet Accepted	1	\$70.00	
Reynoldsville	Step Sistas	1	\$0.00	
Somerset	Hugs Not Drugs			
Somerset	Simplicity is the Key			
Somerset	Attitude Of Gratitude			
Somerset	Principles Before Personalities			
Somerset	Promise Is Freedom			
Somerset	Hug Life			
<b>TOTAL GROUP DONATIONS</b>			<b>\$327.00</b>	<b>\$2,092.93</b>

Other Donations: Donation Directly to H&I	\$ 28.00		
Transfer from Literature			
Unity Retreat - Amount over Prudent Reserve			
Total Bank Deposit		\$327.00	
<b>AREA SUB BALANCE WITH SUB COMMITTEE RESERVES</b>			<b>\$2,092.93</b>
<b>Subcommittee Expenses:</b>			
Activities Fundraiser = \$250.00 (3 events per year)			\$2,092.93
Hospitals & Institutions (cmb chk 339)	\$172.25		\$1,920.68
Public Relations = \$50.00 (per month) (cmb chk 339)	\$42.10		\$1,878.58
Policy and Administration			\$1,878.58
New Groups			\$1,878.58
Miscellaneous: H&I Copies			\$1,878.58
<b>ENDING AREA BALANCE</b>			<b>\$1,878.58</b>
<b>ENDING BANK BALANCE</b>			<b>\$1,878.58</b>
<b>LMHANA Prudent Reserve:</b>	<b>\$2,000.00</b>		
<b>Suggested Regional Donation (if number is bracketed it's below reserve)</b>			<b>(\$121.42)</b>
<b>Total Number of Groups Donating this month</b>			<b>13</b>
<b>Percentage of Groups Donating</b>			<b>50.00%</b>
<b>Percentage of Area Expenses the Groups Donations are covering?</b>			<b>132.36%</b>

### Summary of Area Account

Starting Balance: \$1,798.63

Total Expenses: \$32.70

Monthly Rent Donation - \$32.70

Group Donations: \$327.00 (13 Groups)

H&I Direct Donation: \$28.00

Subcommittee Expenses: \$214.35

(H&I – 172.25)


(PR – 42.10)

Ending Area Balance: \$1,878.58

Check Waiting to Clear Bank – N/A

Ending Area Bank Balance: \$1,878.58

### August 2023 Literature Report

 H & I: \$172.25

 Outreach: \$0.00

 Public Relations: \$42.10

 Home Groups: \$945.40



7. Old Business- None

8. Nominations/ Elections: None

9. New Business: None

10. Group Roll Call & Reports:

- Johnstown-
  - Free yourself – Jamie K- GSR
  - Primary Purpose- Peter R- GSR
- Altoona:
  - Spiritual Not Religious- Seth S.- GSR
  - Just for Today- Karl O- GSR
  - NA Basic Text – Cora S Other
  - Not Today- No Matter What- Amanda C- GSR
- Hollidaysburg: Willingness, Trust, and Faith- Aaron P- GSR-
- Indiana:
  - Why Die- Gabe S - GSR
  - Subject to Revision- Erica P- GSR
  - Staying Alive- Bree G- GSR
  - Sunday Survivors- Edgar- Other
  - TGIF- Gary R- GSR
  - 24/24 Dave R- GSR
  - Restoration to Sanity-Scott N – Other
- Bedford
  - NA way -Cody C-Alt GSR
- Somerset:
  - Simplicity is Key Lance Z – Other
- Reynoldsville
  - Broken yet accepted- Allison M- GSR
  - Step Sistas- Allison M- Other- NEW MEETING

11. Next Area Service will be held: September 15, 2023

12. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.