

**AREA SERVICE COMMITTEE AGENDA FOR July 15, 2023**

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**  
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**  
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out). ***Intent:*** In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**
  1. Area Chair
  2. Vice Chair
  3. Secretary
  4. Public Relations/Helpline/Website
  5. Regional Committee Member
  6. Fundraiser Activities
  7. Unity Retreat
  8. Unity Retreat Vice Chair
  9. B.O.D. Rep
  10. Hospitals & Institutions
  11. Policy & Administrations
  12. Outreach
  13. Literature
  14. Treasurer
8. **Old Business:**
9. **Nominations/Elections:**
10. **New Business:**
11. **Group Reports:**
  - **Altoona:** Spiritual Not Religious, Monday Nite NA Basic Text, Just For Today, Hope Not Dope, By Any Means Necessary, Restored to Sanity, Wake Up & Live
  - **Bedford:** NA Way
  - **Hollidaysburg:** Willingness, Trust, and Faith
  - **Ebensburg:** Point of Freedom
  - **Hollsopple:** A Thousand is Never Enough
  - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it's Friday, Clean and Serene, Saturday Staying Alive, Living Clean
  - **Johnstown:** Free Yourself, High Hopes, Primary Purpose
  - **Homer City:** No Matter What
  - **Somerset:** Hugs Not Drugs, Simplicity is Key, Attitude of Gratitude, Principles Before Personalities, Promise is Freedom, Hug Life
  - **Punxsutawney:** 2<sup>nd</sup> Chance Survivors
  - **Reynoldsville:** Broken Yet Accepted, Step Sistas
12. **Next L.M.H.A.N.A Area Service Committee: August 19, 2023**
13. **Close ASC with the “We Version” of the Serenity Prayer.**

Minutes from June 17, 2023, Area Service

1. CALL TO ORDER: at 2:00 PM at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931
2. Open Meeting with The Serenity Prayer
3. Reading of the 12 Steps (Scott N), 12 Traditions (Carl) and 12 Concepts (Kaylee)
4. Review of Minutes: Motion to accept minutes by Lance S, 2<sup>nd</sup> Kevin W.
5. Trusted Servants Roll Call:  
Area Chair(A), Area Vice Chair(P), Secretary(P), Area Treasurer(P), Regional Committee Member(A, H&I Chair(P), Public Relations/Web Chair(P), Literature Chair(P), Activities Chair(V), Unity Retreat Chair(P), Unity Retreat Vice Chair(P), B.O.D Rep(V), Policy & Administration (P), Outreach Chair(A)
6. Trusted Servants Reports:
  - Area Chair: Drew N- ABSENT- Please read service prayer in my absence.
  - Area Vice Chair: Jeremy O. –PRESENT- No report
  - Secretary: Tracy G. – PRESENT;
  - Regional Committee Member: Sam R- Absent

## **H and I June 17, 2023**

Chair present  
Vice chair sent report (excused)  
Secretary present

Old business: \$50 donation last month lit ordered for stock pile. Spent 49.80 donating other 20 cents to lit account.  
Workshop at yellow creek went well.  
Pyramid hipi presentation scheduled  
Emailed rogue Dickinson facility about a presentation

New business gonna try to schedule an h and I workshop with next retreat kick off event

Reports  
Cove Christian(excused) sent report all is going smooth. Looking for a new female panel leader. Having issue with facility being on time to unlock door.  
St joes Aaron all is going well. 2 and 4 Tuesday of month good attendance.  
Icj Gabe everything's good. Men going every other week. Women are going once a week.  
Twin lakes Dylan(excused) sent report all is well  
Bedford county lance all is well no changes.  
Spirit life: pc vacant looking for involvement. Meetings are still being held.  
Scj joe sent report all is well other than needing women.  
Ccp all is going good. Got another male approved.  
Icj women going in attendance hit and miss. Still need male support hoping for July august to start up for men.  
Allegiance Kevin everything's good missed one due to work. Liz m offered to take it in once a month during the summer.  
Sci somerset: lit order came in. Going in every other weds still needs help.

# **LMHANA PUBLIC RELATIONS** **COMMITTEE**

**Date:** 06/17/2023

**Attendance-** 4

**Trusted Servants:**

**Chair: Scott N. – Present Vice Chair Kevin W. – Present Secretary: Tracy G.- Present Web Vice Chair: Lance Z. – Absent  
Task Force Coordinator: Sam R. – Absent Web Chair: Vacant**

Called to order: @ 1: 00

- 12 Steps: Tracy G
- 12 traditions: Kevin W
- 12 concepts: Scott N

Read Guiding Principles Pg. 214 Tradition 11

## **Financial Expenditures**

\$50 allotment- \$48.20

Website- \$215.28

## **New Business**

- Events
  - Breaking Down Borders- Sep
  - Recovery in the Valley – Oct 7
  - Bedford SCA Event- Follow up this week
- Blair County- possible H an I Meeting in Jail
- NO Meeting Lists

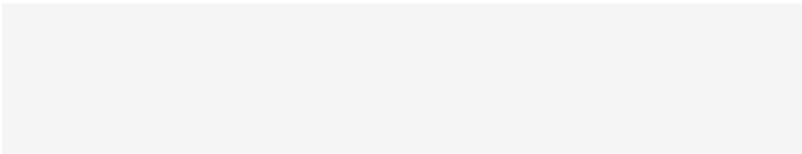
## **Old Business**

- June 26<sup>th</sup> Pyramid meeting
- NO PR MEETING IN JULY

← Search

6-17-23 - LMHANA Website Visitation Report -

Summary by Month										
Month	Daily Avg				Monthly Totals					
	Hits	Files	Pages	Visits	Sites	kB F	Visits	Pages	Files	Hits
<a href="#">Jun 2023</a>	579	91	280	150	2014	2978746	2700	5053	1651	10437
<a href="#">May 2023</a>	585	81	280	151	2982	6389230	4694	8695	2522	18147
<a href="#">Apr 2023</a>	542	65	286	163	2683	2955151	4900	8601	1976	16284
<a href="#">Mar 2023</a>	567	73	287	173	2970	5164910	5377	8898	2293	17579
<a href="#">Feb 2023</a>	570	78	291	178	2621	10563027	4984	8154	2195	15980
<a href="#">Jan 2023</a>	754	117	332	155	2884	16950091	4814	10297	3641	23387
<a href="#">Dec 2022</a>	542	65	300	163	2862	2501743	5056	9329	2043	16803
<a href="#">Nov 2022</a>	633	65	358	157	2770	5489669	4728	10741	1963	18994
<a href="#">Oct 2022</a>	867	63	546	169	2517	3848007	5262	16946	1953	26883
<a href="#">Sep 2022</a>	639	63	322	167	2488	6753386	5018	9685	1904	19190
<a href="#">Aug 2022</a>	591	62	286	168	2781	1856286	5228	8873	1928	18337
<a href="#">Jul 2022</a>	580	68	266	146	2665	4287022	4553	8262	2127	17990
<b>Totals</b>						<b>69737268</b>	<b>57314</b>	<b>113534</b>	<b>26196</b>	<b>220011</b>



## Activities Subcommittee Meeting: 6/17/23

This subcommittee did not hold a meeting, the position is vacant.  
All LMHANA Activities conducted by homegroups, and other subcommittees can be found on LMHANA.com

## Unity Retreat Agenda: June 17, 2023

- Open with Serenity Prayer at 12:01pm
- Reading of 12/12/12
  - 12 Steps – Liz M.
  - 12 Traditions – Jeremy O
  - 12 Concepts – Drew N
- Roll Call
  - Chair – Bob N. – Present
  - Vice Chair – Liz M. – Present
  - Secretary – Jeremy O - Present
  - Treasurer – Lance S – Present
  - Programming – Drew N - Present
  - Registration – Erica P - Present
  - Activities – Seth S - Present
  - Merchandise – Dillon D - Present
  - Fire Ring – VACANT
  - Recording – Jason S – Absent (Excused)
- Trusted Servants Reports
  - Chair – Bob N., - Last event was successful, approximately 60-70 people were in attendance, thanked the committee for making it a success.
  - Vice Chair – Liz M., - Ordered a SPAD Special Edition for a raffle to donate at the Unity Retreat.
  - Treasurer – Lance S., - Compiled numbers to present to the committee based on funds from previous events, this year's fundraising events have been successful based on the numbers, the statement has been presented to the committee, the books match the ledger given from the bank, deposits, expenses, etc. There is currently \$6,332.73 in the account. A receipt for the banner was presented to the committee and will be paid out. New checks were ordered.
  - Secretary – Jeremy O., - Nothing to report (7 voting members present)
  - Programming – Drew N., - Resent the rough draft of the program via messenger, main speakers have been presented to the group (Jason S – opening speaker, Ed J. - main speaker, Sunday closing speaker – Elizabeth E.), it was brought to a vote, all voting members voted in favor, unanimously. Discussion of PR Workshop being added as this is not on the program. Discussion amongst the committee members reflecting the locations of speakers, etc. Motion for removing the old amphitheater was brought to the group, motion passed with 6 voting members in favor and 1 abstention.
  - Registration – Erica P., - All the area registrations have been mailed to other areas, Packages of Hope have been printed, one will be presented to each home group at ASC (ONLY 1 PER HOMEGROUP.) Working on the program with other committee members, there will be items updated on this as discussed at the committee meeting regarding the location of speaker, etc.
  - Activities – Seth S., - Getting ready for the next event, a motion to the committee to purchase a SPAD, Sponsorship, and JFT for a book raffle, the cost would be \$38.95. The motion was made by Seth – 2<sup>nd</sup> Dillon – and voted unanimously in favor amongst the committee.
  - Merchandise – Dillon., - Merchandise is going well. An inventory was presented to the group of the remaining merchandise since the events. A motion was made by Dillon to restock the merchandise, 2<sup>nd</sup> by Erica the vote passed unanimously amongst the committee.
  - Fire Ring - VACANT., -
  - Recording – Jason S., - Recordings from event on 6/11/23 were uploaded. (Report sent via FB Group Chat)
- Old Business –
  - Another H&I workshop at the event on June 11, 2023, will be conducted by Heather W. H&I Chair.
  - The price of coffee cups will need to still be explored, there is a vendor in Johnstown that sells bulk coffee cups, more will be revealed
  - We will be voting on the Tabernacle next ASC, will need a rough draft of topics, times, and locations.

- Banner was brought up, committee gave Lance S. vote of confidence ordering the banner, cost, appearance, this will be given to the committee via group chat.
- There were 82 people in attendance at the previous event (Spaghetti Dinner)
- Nominations & Elections
  - Fire Ring – VACANT – No nominations for position
  - No other positions are vacant within the committee
- New Business –
  - Prices of coffee mugs (merchandise) will be explored and presented to the committee.
  - The banner has been received and has been on display at the last event and will be at future events
- Motion to Close – Bob – 2<sup>nd</sup> by Liz M.
- Close with Serenity Prayer at 12:49pm

## **LMHANA OUTREACH COMMITTEE**

No Meeting Held this month. Nothing to report by chair

## **Policy & Administration for June 17, 2023**

- The meeting was called to order at 11:05 AM
- Trusted Servants Attendance:
  - Chair – Present
  - Vice Chair – Present
  - Treasurer – Present
  - RCM – Not Present
  - Secretary – Present
  - BOD – Vacant
- 12 Steps / 12 Traditions / 12 Concepts
  - 12 Steps – Jeremy O
  - 12 Traditions – Tracy G
  - 12 Concepts –
- Old Business:
  - Literature Sub-Committee Guidelines - Upon voting by GSR's at ASC on 5/20/23, motion 04-15-02 will be updated on the Literature Sub-Committee Guidelines, Section C to state, "Upon request the subcommittee will distribute a group starter kit, donated by LMHANA." (POI- the starter kit includes a tradition 7 box, a treasurer's workbook, variety of IP's, & white booklets)
- New Business:
  - Literature Sub-committee guidelines were updated to reflect changes discussed last month and forwarded to Lance S.
- Motion to Close – Drew N.
- Concluded at 11:19am

LMHANA Treasurer Report - June 2023				
Description		Debit	Credit	Balance
<b>STARTING AREA BALANCE</b>				<b>\$1,930.50</b>
<b>EXPENSES</b>				
Regional Donation - No Regional Donation, under prudent reserve.				
Reimburse Lit Order Forms (Katie A and chk 331)		\$25.44		
Reimburse Bizland - Website Host (Lance S and chk 332)		\$215.28		
Presby Church Donation (Rent - 10% if >\$10)(add chk 333)		\$31.60		
<b>TOTAL EXPENSES</b>		<b>\$272.32</b>	<b>\$0.00</b>	<b>\$1,658.18</b>
<b>CHECKS WAITING TO CLEAR</b>				
Reimburse (Katie Lit Order Forms and chk 327)		\$9.54		
<b>TOTAL NOT CLEARED</b>		<b>\$9.54</b>	<b>Bank Balance</b>	<b>\$1,940.04</b>
<b>GROUP DONATIONS</b>				
		Group Count		
Altoona	Spiritual Not Religious			
Altoona	NA Basic Text	1	\$0.00	
Altoona	Just For Today	1	\$50.00	
Altoona	Hope Not Dope			
Altoona	By Any Means Necessary	1	\$50.00	
Altoona	Not Today, No Matter What			
Altoona	Wake Up And Live			
Altoona	Restored To Sanity			
Bedford	NA Way	1	\$0.00	
Bolivar	Our Way Out			
Ebensburg	Point Of Freedom			
Hollidaysburg	Willingness, Trust & Faith	1	\$28.00	
Hollsopple	A Thousand Never Enough			
Homer City	No Matter What	1	\$20.00	
Indiana	Sunday Survivors			
Indiana	Restoration To Sanity			
Indiana	24 Principles for 24 Hours	1	\$50.00	
Indiana	Turning Point			
Indiana	Living Clean	1	\$0.00	
Indiana	Subject To Revision	1	\$0.00	
Indiana	Why Die	1	\$0.00	
Indiana	Thank God It's Friday			
Indiana	Clean And Serene	1	\$0.00	
Indiana	Saturday Staying Alive			
Johnstown	Free Yourself	1	\$43.00	
Johnstown	Simple Solution			
Johnstown	Primary Purpose			
Johnstown	High Hopes			
Johnstown	K.I.S.S	1	\$25.00	
Punxsutawney	2nd Chance Survivors			
Reynoldsville	Broken Yet Accepted	1	\$50.00	
Reynoldsville	Step Sistas	1	\$0.00	
Somerset	Hugs Not Drugs			
Somerset	Simplicity is the Key			
Somerset	Attitude Of Gratitude			
Somerset	Principles Before Personalities			
Somerset	Promise Is Freedom			
Somerset	Hug Life	1	\$0.00	
<b>TOTAL GROUP DONATIONS</b>			<b>\$316.00</b>	<b>\$1,974.18</b>

Other Donations: Donation Directly to H&I			
Transfer from Literature			
Unity Retreat - Amount over Prudent Reserve			
Total Bank Deposit		\$0.00	
<b>AREA SUB BALANCE WITH SUB COMMITTEE RESERVES</b>			<b>\$1,974.18</b>
<b>Subcommittee Expenses:</b>			
Activities Fundraiser = \$250.00 (3 events per year)			\$1,974.18
Hospitals & Institutions (plus there held 50 from last month - 49.80) cmb chk 334 rewrite 335 + 50 CASH	\$235.20		\$1,738.98
Public Relations = \$50.00 (per month) cmb chk 334 VOID rewrite 335	\$48.20		\$1,690.78
Policy and Administration			\$1,690.78
New Groups			\$1,690.78
Miscellaneous: H&I Copies			\$1,690.78
<b>ENDING AREA BALANCE</b>			<b>\$1,690.78</b>
<b>ENDING BANK BALANCE</b>			<b>\$1,700.32</b>
<b>LMHANA Prudent Reserve:</b>	<b>\$2,000.00</b>		
<b>Suggested Regional Donation (if number is bracketed it's below reserve)</b>			<b>(\$309.22)</b>
<b>Total Number of Groups Donating this month</b>			<b>16</b>
<b>Percentage of Groups Donating</b>			<b>61.54%</b>
<b>Percentage of Area Expenses the Groups Donations are covering?</b>			<b>56.86%</b>

### Summary of Area Account

**Starting Balance: \$1930.50**

Total Expenses: \$272.32

Reimburse Lit Order Forms - \$25.44

Reimburse Bizland – Website Host - \$215.28

Monthly Rent Donation - \$31.60

Group Donations: \$316.00 (16 Groups)

Subcommittee Expenses: \$283.40

(H&I – 235.20, this includes the 50 held aside from last month, they spent 49.80 donated .20)


(PR – 48.20)

**Ending Area Balance: \$1690.78**

Check Waiting to Clear Bank – Check 327, May's reimbursement for Lit Order forms 9.54.

**Ending Area Bank Balance: \$1,700.32**

### June 2023 Literature Report

 H & I: \$235.20

 Outreach: \$0.00

 Public Relations: \$48.20

 Home Groups: \$759.95

7. Old Business- None

8. Nominations/ Elections: None

9. New Business: None

10. Group Roll Call & Reports:



- Johnstown-
  - Free yourself – Jamie K- GSR
  - Kiss- Jamie K- Other
  - Primary Purpose- Liz M- Other
- Altoona:
  - Spiritual Not Religious- Seth S.- GSR
  - Just for Today- Karl O- GSR
  - NA Basic Text – Cora S Other
  - Restored to Sanity-Bill C- GSR
  - No Today- No Matter What- Amanda C- GSR
- Hollidaysburg: Willingness, Trust, and Faith- Aaron P- GSR-
- Indiana:
  - Living Clean- Tiffany B- GSR-
  - Why Die- Gabe S - GSR
  - Clean & Serene- Victor M-GSR
  - No Matter What- Allison B- GSR
  - Subject to Revision- Erica P- GSR
  - Staying Alive- Bree G- GSR
- Bedford
  - NA way -Cody C-Alt GSR
- Somerset:
  - Simplicity is Key Lance Z – Other
  - Hug Life- Peter R .-GSR-
- Reynoldsville
  - Broken yet accepted- Chandler N- GSR
  - Step Sistas- Eryn N- GSR- NEW MEETING
- Punxatawney
  - Second Chance Survivors- Chris- GSR

11. Next Area Service will be held: July 15, 2023

12. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.