

## **AREA SERVICE COMMITTEE AGENDA FOR June 17, 2023**

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**  
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**  
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out). **Intent:** In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**
  1. Area Chair
  2. Vice Chair
  3. Secretary
  4. Public Relations/Helpline/Website
  5. Regional Committee Member
  6. Fundraiser Activities
  7. Unity Retreat
  8. Unity Retreat Vice Chair
  9. B.O.D. Rep
  10. Hospitals & Institutions
  11. Policy & Administrations
  12. Outreach
  13. Literature
  14. Treasurer
8. **Old Business:**
9. **Nominations/Elections:**
10. **New Business:**
11. **Group Reports:**
  - **Altoona:** Spiritual Not Religious, Monday Nite NA Basic Text, Just For Today, Hope Not Dope, By Any Means Necessary, Restored to Sanity, Wake Up & Live
  - **Bedford:** NA Way
  - **Hollidaysburg:** Willingness, Trust, and Faith
  - **Ebensburg:** Point of Freedom
  - **Hollsopple:** A Thousand is Never Enough
  - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it's Friday, Clean and Serene, Saturday Staying Alive, Living Clean
  - **Johnstown:** Free Yourself, High Hopes, Primary Purpose
  - **Homer City:** No Matter What
  - **Somerset:** Hugs Not Drugs, Simplicity is Key, Attitude of Gratitude, Principles Before Personalities, Promise is Freedom, Hug Life
  - **Punxsutawney:** 2<sup>nd</sup> Chance Survivors
  - **Reynoldsville:** Broken Yet Accepted, Step Sistas
12. **Next L.M.H.A.N.A Area Service Committee: July 15, 2023**
13. **Close ASC with the "We Version" of the Serenity Prayer.**

Minutes from May 20, 2023, Area Service

1. CALL TO ORDER: at 2:00 PM at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931
2. Open Meeting with The Serenity Prayer
3. Reading of the 12 Steps (Scott N), 12 Traditions ( Carl) and 12 Concepts (Kaylee)
4. Review of Minutes: Motion to accept minutes by Lance S, 2<sup>nd</sup> Kevin W.
5. Trusted Servants Roll Call:  
Area Chair(A) , Area Vice Chair(P), Secretary(P), Area Treasurer(P), Regional Committee Member(P), H&I Chair(P), Public Relations/Web Chair(P), Literature Chair(P), Activities Chair(V), Unity Retreat Chair(P), Unity Retreat Vice Chair(P), B.O.D Rep(V), Policy & Administration (P), Outreach Chair(P)
6. Trusted Servants Reports:
  - Area Chair: Drew N- ABSENT- Please read service prayer in my absence. I really appreciate everyone's understanding and giving me the opportunity to be a little league coach. I am going to try to be at the next area but if not, I will be back in July.
  - Area Vice Chair: Jeremy O. –PRESENT- No report
  - Secretary: Tracy G. – PRESENT; Passed around Trusted Servants List to be updated with any changes
  - Regional Committee Member: Sam R- Present

### **H & I Committee Minutes 5/20/2023**

1. Call to order 1:00 PM
2. Open with Serenity Prayer
3. Reading of 12 steps – Dillon; 12 Traditions – Christian; 12 Concepts – Chandler
4. Roll Call
  - a. Chair – P
  - b. Vice Chair – P
  - c. Secretary – A/E
5. Group Reports
  - a. Twin Lakes – Dillon – all is well, contact at facility is good. Getting in every week. One of the panel leaders is moving to a different area but will still have a LMHANA homegroup and sponsor and is willing to continue to fulfill the commitment.
  - b. Cove Forge – Christian – Still looking for a woman to help take meetings in more than once a month, attendance is very high 80-100 people every time.
  - c. Indiana County Jail – Gabe – Averaging high attendance, women are getting in every time but still need more men to be approved to get in. Turned in another male application.
  - d. Bedford County Jail – Lance – this facility needs a coordinator position is open. Everything is good, missed women's meeting last month. Getting in 3 of 4 weeks per month but we need women. 40-minute drive from Johnstown, Ebensburg, etc. Facility requests 1 year clean to go in. Jail asking panel coordinators to "report" on inmates, letting them know that we cannot do that.
  - e. Spirit Life – Heather – (reporting for Timmy) 30 residents each time, speaker meeting. All is well. Start looking for a new panel coordinator.
  - f. St. Joe's – Aaron – (reporting for Anthony) All is well, clients are receptive.
  - g. Somerset County Jail – Joe – All is well, averaging from 3-7 people. NO WOMEN and we need them! No applications to turn in. New point of contact at the jail. Really looking for new women applications to turn in.
  - h. Cambria County Prison – Heather – Communication with the facility is not great. Have a few applications to turn in. No issues.
  - i. Jefferson County Jail – Erin – All is well, 6-10 women every time. Just got one male approved to go in. Broken yet Accepted group took up a literature collection to get more literature into the jail.
  - j. Allegiance – Kevin – No women in the facility for over a month. Still looking for someone else to help take meetings in especially over the summer.
6. Old Business – Did an H&I workshop at the Unity Retreat's spaghetti dinner, that was very successful and high attendance. Pyramid contact gave me names of 4 women and 4 men who are willing to do their commitment. Going to get with PR about emailing them to get H&I presentation done to get back in there. Presentation with Spirit Life – going to follow up on that to do a refresher due to some issues. Still working on new literature form. Dickinson Restoration Center in Brookville - There are already members taking recovery meetings in there that are members of NA but not necessarily representing LMHANA H&I. Wanting to get it legitimized as an H&I commitment. NOTE – Did fill SCI Somerset order, mailing that out this month.

7. New Business –
  - a. Donation to the H&I committee \$50.00 check from an NA member.
  - b. MOTION – Move the \$50 to use the money to add to the H&I literature stockpile, made by Lance, 2<sup>nd</sup> by Gabe. PASSES unanimously.
  - c. For the H&I workshop I went to staples to get packets printed, turning in receipt to Area Treasurer for \$44.56.
8. Motion to close, Dillon, 2<sup>nd</sup> by Chris. PASSES
9. Close the meeting at 1:51 PM.

# **LMHANA PUBLIC RELATIONS** **COMMITTEE**

**Date:** 05/20/2023

**Attendance-** 5

**Trusted Servants:**

**Chair: Scott N. – Present Vice Chair Kevin W. – Present Secretary: Tracy G.- Present Web Vice Chair: Lance Z. – Absent  
Task Force Coordinator: Sam R. – Present Web Chair: Vacant**

Called to order: @ 1: 00

- 12 Steps: Sam R
- 12 traditions: Tracy G
- 12 concepts: Kevin W

Read Guiding Principles Pg. 202 Tradition 11

## **Financial Expenditures**

\$50 allotment- \$0

## **New Business**

- Need new meeting lists
- QR code error
- Events-?
- Booth- possible events- Contact Scott or Kevin
- Workshops
  - Fall Workshop
  - Retreat Picnic
  
- H & I – Spirt Life
- NO Sub Committee meeting in July due to multiple members vacations

## **Old Business**

- Will send out letters with new addresses (returned)

## **Activities Meeting 05/20/2023**

No meeting was held this month due to Chair position being vacant and no other member attendance

### **Unity Retreat Agenda: May 20, 2023**

- Open with Serenity Prayer at 12:04pm
- Reading of 12/12/12
  - 12 Steps – Jeremy O.
  - 12 Traditions – Jason S.
  - 12 Concepts – Dillion D.
- Roll Call
  - Chair – Bob N. – Present
  - Vice Chair – Liz M. – Present
  - Secretary – Jeremy O - Present
  - Treasurer – Lance S – Present
  - Programming – Drew N - Excused Absence (Timmy L. has report)
  - Registration – Erica P - Present
  - Activities – Seth S - Excused Absence (report sent)
  - Merchandise – Dillon D - Present
  - Fire Ring – Jonathon - Excused Absence (report sent)
  - Recording – Jason S - Present
- Trusted Servants Reports
  - Chair – Bob N., - Three members of the committee went out to the camp to sign the contract, this was completed April 25, 2023. Took pictures of the camp, sent them our insurance which they accepted, locked in for the UR.
  - Vice Chair – Liz M., - filling in for activities chair as well, brought flyers for the event, needs a number of the people who attended the last event which will be submitted to put in the minutes
  - Treasurer – Lance S., - handed out Treasurer sheet, there have been some additions and subtractions that are not reflected due to the bank not completing transactions due to the time of the deposits/subtraction being reflected on next statement, actual balance of ledger is \$4837.99, if a detailed report is needed it will be attached to this report, if received before the minutes are sent. (This break-down of debits/credits to account can be viewed by asking a member of the committee, too)
  - Secretary – Jeremy O., - nothing to report
  - Programming – Drew N., - All main speakers and topics have been chosen, we are currently looking for other speakers, inform sponsees and newcomers to chair speakers, there seems to be a list going around for people to sign up, this list is not a “thing.” There have been issues regarding safety during the location of the speakers, this will be discussed amongst the group throughout the duration of the event/planning of event. If we need to call him, we can call him to get clarification for the report. (Report given by Timmy L. due to excused absence)
  - Registration – Erica P., - Received first registration, did not get registrations mailed out to the different areas that will be completed this week, there are registration forms available.
  - Activities – Seth S., - Next event is scheduled for June 11, 2023, \$5.00 a plate at the event, asking the committee to bring extra “side items,” (watermelon, vegetables, etc.) there will be a 50/50, etc. An approximate expenditure for groceries is \$160-170. Asking for cornhole boards to give members things to do while the event is going on. There are only a couple items to raffle, we will discuss closer to the event via group chat. Steve stated that he could supply the cornhole boards, more will be revealed. Committee members need to be present early to assist with setting up the event. (Report given by Liz M. as fill-in due to excused absence)
  - Merchandise - Dillon., - Sold 959.00 worth of merchandise at the last event, there have been pre-orders put in, we need to have 24 orders for it to be completed, and we only are approximately at 7 pre-orders.
  - Fire Ring - Jonathon., - has a lighter (report given by Bob N due to excused absence)
  - Recording – Jason S., - needs to have recorders, Lance has them in his van, nothing else given in report.
- Old Business –
  - Discussed anything that may be needed for the upcoming event on April 29, 2023. Discussed having an H&I workshop at the event as requested by H&I Chair (Heather W.). This will be completed at the upcoming event. Discussion amongst the committee about utilization of the Tabernacle for all the main speakers, more will be revealed and discussed with the

Programming Chair and will be voted on at the next committee meeting to finalize. Coffee cup pricing will be explored, see if it makes sense to order before the Unity Retreat.

- Nominations & Elections
  - There are currently no vacant positions within the Unity Retreat
- New Business –
  - Another H&I workshop at the event on June 11, 2023, will be conducted by Heather W. H&I Chair.
  - The price of coffee cups will need to still be explored, there is a vendor in Johnstown that sells bulk coffee cups, more will be revealed
  - We will be voting on the Tabernacle next ASC, will need a rough draft of topics, times, and locations.
  - Banner was brought up, committee gave Lance S. vote of confidence ordering the banner, cost, appearance, this will be given to the committee via group chat.
  - There were 82 people in attendance at the previous event (Spaghetti Dinner).
- Motion to Close – Motion by Jason S. 2<sup>nd</sup> by Dillon D.
- Close with Serenity Prayer at 12:47pm.

## **LMHANA OUTREACH COMMITTEE**

No Meeting Held this Month report given by Chair:

I have made a flyer to present to outreach to we can promote enthusiasm and let people know we are here to help. I apologize for my absence. I am attending a golf outing this weekend.

## **Policy & Administration for May 20, 2023**

- The meeting was called to order at 11:00 AM
- Trusted Servants Attendance:
  - Chair – Not Present
  - Vice Chair – Present
  - Treasurer – Present
  - RCM – Present
  - Secretary – Present
  - BOD – Vacant
- 12 Steps / 12 Traditions / 12 Concepts
  - 12 Steps – Jeremy O
  - 12 Traditions – Tracy G
  - 12 Concepts – Sierria E
- Old Business:
  - none
- New Business:
  - Area Service Guidelines - Line 563 #10. The monthly prudent reserve currently stands at 1,500 dollars, needs to be changed to \$2,000, this is a housekeeping matter and will be completed by the next ASC.
  - Literature Sub-Committee Guidelines - Upon voting by GSR's at ASC on 5/20/23, motion 04-15-02 will be updated on the Literature Sub-Committee Guidelines, Section C to state, "Upon request the subcommittee will distribute a group starter kit, donated by LMHANA." (POI- the starter kit includes a tradition 7 box, a treasurer's workbook, variety of IP's, & white booklets)
- Concluded at 11:19am

## **May Treasurer's Report**

LMHANA Treasurer Report - May 2023			
Description	Debit	Credit	Balance
<b>STARTING AREA BALANCE</b>			\$1,749.10
<b>EXPENSES</b>			
Regional Donation (add chk #)			
Reimburse (Katie Lit Order Forms and chk 327)	\$9.54		
Reimburse (Heather H&I Workshop and chk 328)	\$44.56		
Reimburse (add name and chk #)			
Presby Church Donation (Rent - 10% if >\$10)(add chk 330)	\$42.00		
<b>TOTAL EXPENSES</b>	\$96.10	\$0.00	\$1,653.00
<b>CHECKS WAITING TO CLEAR</b>			\$1,653.00
<b>TOTAL NOT CLEARED</b>			\$0.00 Bank Balance

Check Donated Directly to H&I from Member at Large  
in the Amount of 50.00 they will spend next month for the literature stock pile.

GROUP DONATIONS		Group Count		
Altoona	Spiritual Not Religious	1	\$5.00	
Altoona	NA Basic Text			
Altoona	Just For Today	1	\$0.00	
Altoona	Hope Not Dope			
Altoona	By Any Means Necessary	1	\$50.00	
Altoona	Not Today, No Matter What	1	\$0.00	
Altoona	Wake Up And Live			
Altoona	Restored To Sanity	1	\$2.00	
Bedford	NA Way			
Bolivar	Our Way Out			
Ebensburg	Point Of Freedom			
Holidaysburg	Willingness, Trust & Faith	1	0	
Hollsopple	A Thousand Never Enough			
Homer City	No Matter What			
Indiana	Sunday Survivors			
Indiana	Restoration To Sanity			
Indiana	24 Principles for 24 Hours			
Indiana	Turning Point	1	\$0.00	
Indiana	Living Clean			
Indiana	Subject To Revision			
Indiana	Why Die	1	\$160.00	
Indiana	Thank God It's Friday			
Indiana	Clean And Serene	1	\$0.00	
Indiana	Saturday Staying Alive			
Johnstown	Free Yourself	1	\$45.00	
Johnstown	Simple Solution	1	\$23.00	
Johnstown	Primary Purpose	1	\$0.00	
Johnstown	High Hopes	1	\$20.00	
Johnstown	K.I.S.S	1	\$15.00	
Punxsutawney	2nd Chance Survivors	1	\$10.00	
Reynoldsville	Broken Yet Accepted	1	\$70.00	
Reynoldsville	Step Sistas	1	\$0.00	
Somerset	Hugs Not Drugs			
Somerset	Simplicity is the Key	1	\$20.00	
Somerset	Attitude Of Gratitude			
Somerset	Principles Before Personalities			
Somerset	Promise Is Freedom			
Somerset	Hug Life	1	\$0.00	
<b>TOTAL GROUP DONATIONS</b>			\$420.00	\$2,073.00

LMHANA Treasurer Report - May 2023			
Description	Debit	Credit	Balance
<b>STARTING AREA BALANCE</b>			\$1,749.10
<b>EXPENSES</b>			
Regional Donation (add chk #)			
Reimburse (Katie Lit Order Forms and chk 327)	\$9.54		
Reimburse (Heather H&I Workshop and chk 328)	\$44.56		
Reimburse (add name and chk #)			
Presby Church Donation (Rent - 10% if >\$10)(add chk 330)	\$42.00		
<b>TOTAL EXPENSES</b>	\$96.10	\$0.00	\$1,653.00
<b>CHECKS WAITING TO CLEAR</b>			\$1,653.00
<b>TOTAL NOT CLEARED</b>			\$0.00 Bank Balance

Check Donated Directly to H&I from Member at Large  
in the Amount of 50.00 they will spend next month for the literature stock pile.

<b>TOTAL GROUP DONATIONS</b>		\$420.00	\$2,073.00	
Other Donations: Donation Directly to H&I (chk 1461)		\$50.00		
Transfer from Literature				
Unity Retreat - Amount over Prudent Reserve				
<b>Total Bank Deposit</b>		\$470.00		
<b>AREA SUB BALANCE WITH SUB COMMITTEE RESERVES</b>			\$2,123.00	
<b>Subcommittee Expenses:</b>				
Activities Fundraiser = \$250.00 (3 events per year)			\$2,123.00	
Hospitals & Institutions (chk 329)	\$192.50		\$1,930.50	
Public Relations = \$50.00 (per month)			\$1,930.50	
Policy and Administration			\$1,930.50	
New Groups			\$1,930.50	
Miscellaneous: H&I Copies			\$1,930.50	
<b>ENDING AREA BALANCE</b>			\$1,930.50	Minus 50 for H&I
<b>ENDING BANK BALANCE</b>			\$1,930.50	\$1,880.50
<b>LMHANA Prudent Reserve:</b>	\$2,000.00			
<i>Suggested Regional Donation (If number is bracketed It's below reserve)</i>			(\$69.50)	
<b>Total Number of Groups Donating this month</b>			19	
<b>Percentage of Groups Donating</b>			73.08%	
<b>Percentage of Area Expenses the Groups Donations are covering?</b>			145.53%	

### Summary of Area Account

Starting Balance: \$1749.10

Total Expenses: \$96.10

Reimburse Lit Order Forms - \$9.54

Reimburse H&I Workshop Forms - \$44.56

Monthly Rent Donation - \$42.00

Group Donations: \$420.00 (19 Groups)

Subcommittee Expenses: \$192.50 (H&I)

Ending Area Balance: \$1930.50

Check Waiting to Clear Bank – None

Set aside for H&I Stockpile: \$50.00

Ending Area Balance (minus H&I): \$1,880.50

Ending Area Bank Balance: \$1,880.50

LMHANA Literature Financial Report - May 2023			
Description	Debit	Credit	Total
<b>Starting Literature Balance</b>			\$841.19
<b>Debits</b>			
NAWS Literature Purchase (Sales Order - 113438)(chk 415)	\$810.38		
<b>Credits</b>			
Literature Sales		\$767.00	
H&I Donation			
<b>Transfers from Area Account</b>			
New Mtg Lit			
H&I Literature (chk 330)		\$192.50	
PR Literature			
Bank Deposit Error			
<b>Sub Total Balance</b>	\$810.38	\$959.50	\$990.31
<b>Ending Literature Balance</b>			\$990.31
<i>number under PR)</i>	\$2,000.00		(\$1,009.69)

### Summary of Literature Account

Starting Balance: \$841.19

NAWS Lit Purchase (Sales Order 113438) – 810.38

Literature Sales: \$767.00

Transfer from Area: \$92.50 (H&I)

Ending Balance: \$990.31

## May 2023 Literature Report

- 🌸 H & I: \$192.50
- 🌸 Outreach: \$0.00
- 🌸 Public Relations: \$0.00
- 🌸 Home Groups: \$767.00

7. Old Business- Motion 04-15-02 – PASSED

8. Nominations/ Elections:

9. New Business: None

10. Group Roll Call & Reports:

- Johnstown-
  - Free yourself – Jamie K- GSR
  - Kiss- Jamie K- Other
  - Primary Purpose- Liz M- Other
  - Simple Solution- Sam P- Alt GSR
- Hollsopple- Thousand Never Enough
- Altoona:
  - By Any Means Necessary- Jenn W- Other
  - Spiritual Not Religious- Seth S.- GSR
  - Just for Today- Karl O- GSR
  - NA Basic Text – Ronald M- Other
  - Restored to Sanity-Bill C- GSR
  - No Today- No Matter What- Amanda C- GSR
- Hollidaysburg: Willingness, Trust, and Faith- Aaron P- GSR-
- Indiana:
  - Living Clean- Tiffany B- GSR-
  - Turning Point- - Kevin W GSR-
  - Why Die- Gabe S - GSR
  - 24 for 24- Dave R- GSR
  - TGIF- Gary R- GSR
  - Clean & Serene- Victor M-GSR
  - No Matter What- Allison B- GSR
  - Subject to Revision- Erica P- GSR
  - Restoration to Sanity- Blue- GSR
- Bedford
  - NA way -Cody C-Alt GSR
- Somerset:
  - Simplicity is Key Lance Z – Other
  - Principles Before Personalities- Dillon D- GSR  
Anniversary coming up in May
  - Hug Life- Peter R .-GSR-
- Reynoldsville



- Broken yet accepted- Chandler N- GSR
- Step Sistas- Eryn N- GSR- NEW MEETING
- Punxatawney
  - Second Chance Survivors- Chris- GSR

11. Next Area Service will be held: June 17, 2023

12. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.