

AREA SERVICE COMMITTEE AGENDA FOR April 15, 2023

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out). ***Intent:*** In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**
 1. Area Chair
 2. Vice Chair
 3. Secretary
 4. Public Relations/Helpline/Website
 5. Regional Committee Member
 6. Fundraiser Activities
 7. Unity Retreat
 8. Unity Retreat Vice Chair
 9. B.O.D. Rep
 10. Hospitals & Institutions
 11. Policy & Administrations
 12. Outreach
 13. Literature
 14. Treasurer
8. **Old Business: voting for Tash P & A Chair**
9. **Nominations/Elections:**
10. **New Business:**
11. **Group Reports:**
 - **Altoona:** Spiritual Not Religious, Monday Nite NA Basic Text, Just For Today, Hope Not Dope, By Any Means Necessary, Restored to Sanity, Wake Up & Live
 - **Bedford:** NA Way
 - **Hollidaysburg:** Willingness, Trust, and Faith
 - **Ebensburg:** Point of Freedom
 - **Hollsopple:** A Thousand is Never Enough
 - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it's Friday, Clean and Serene, Saturday Staying Alive, Living Clean
 - **Johnstown:** Free Yourself, High Hopes, K.I.S.S, Primary Purpose
 - **Homer City:** No Matter What
 - **Somerset:** Hugs Not Drugs, Simplicity is Key, Attitude of Gratitude, Principles Before Personalities, Promise is Freedom, Hug Life
 - **Punxsutawney:** 2nd Chance Survivors
 - **Reynoldsville:** Broken Yet Accepted, Step Sistas
12. **Next L.M.H.A.N.A Area Service Committee: May 19, 2023**
13. **Close ASC with the "We Version" of the Serenity Prayer.**

Minutes from March 18, 2023, Area Service

1. CALL TO ORDER: at 2:00 PM at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931
2. Open Meeting with The Serenity Prayer
3. Reading of the 12 Steps (Jeremy O), 12 Traditions (Sierra E) and 12 Concepts (Cody)
4. Review of Minutes: Motion to accept minutes by Bob N, 2nd by Jeremy O.
5. Trusted Servants Roll Call:
Area Chair(P-voted 19-0-0 at start of area) , Area Vice Chair(P), Secretary(P), Area Treasurer(P), Regional Committee Member(A/E), H&I Chair(P), Public Relations/Web Chair(P), Literature Chair(P), Activities Chair(P), Unity Retreat Chair(P), Unity Retreat Vice Chair(P), B.O.D Rep(A/U), Policy & Administration (P), Outreach Chair(A/E)
6. Trusted Servants Reports:
 - Area Chair: Drew N- PRESENT; Read the service prayer. BOD rep is 3rd unexcused absence that position is now vacant. We will be voting on CAR/CAT please be patient.
 - Area Vice Chair: Jeremy O. –PRESENT- No report
 - Secretary: Tracy G. – PRESENT; Passed around Trusted Servants List to be updated with any changes
 - Regional Committee Member: Sam R.-Absent- attending conference

H&I Subcommittee February 2023

Meeting was held February 19 and started on time at 1pm.

Prayed in and all readings were read by committee members.

Bedford county jail. - Lance reported all was going smoothly with commitment and those sharing responsibilities of taking in the meeting.

SCI Somerset- Lance reported for Larry. He's currently taking the meeting in and it runs similar to outside meetings as many of the members who come to the meeting treat it as their homegroup. They have requested 10 basic texts which will be sent in due to SCI protocol. The cost to ship in 10 basic texts will be 16.95 and a couple of members agreed to chip in to cover that shipping this time.

Indiana County Jail- Gabe reported that all is going well. The womens side may be changing the weekday that the meeting is being taken in but more will be revealed on that. They requested 5 basic texts from the H&I stockpile to take in to read from.

Somerset County Jail- Dylan reported as Joe was sick. All is going well although they need female involvement.

Twin Lakes- Dylan reported all is going smoothly with that commitment.

Cove Forge- Christian reported that everything is going well. Client attendance is good. They do need more women willing to go in as speakers.

Cambria County Prison- Report read by Heather another male has been approved to go in. Womens side is going well. Requested 10 Basic Texts from stockpile to be kept in our drawer to be read from. Waiting on a few more male applications to be approved.

Allegiance- Kevin said all is going well and the facility is getting used to us coming in as its a newer commitment.

Jefferson County Jail- Chandler resigned his position. Troy was nominated as panel coordinator and voted in. Women's side is going well but they are in need of men willing to be a part of the commitment.

Spirit Life- Timmy said MEH and that all is going well

We voted to put in a motion to adjust the literature allotment for State Prison commitments from \$20 monthly to \$60 quarterly. The amount is not changing just being dispersed differently. The hope is to save on shipping as we have to incur that cost due to the policies of said facilities. Intent to further carry the message.

Timmy motioned to close. Motion was 2nd. Prayed out.

LMHANA PUBLIC RELATIONS **COMMITTEE**

Date: 03/18/2023

Attendance- 5

Trusted Servants:

**Chair: Scott N. – Present Vice Chair Kevin W. – Present Secretary: Tracy G.- Present Web Vice Chair: Lance Z. – Absent
Task Force Coordinator: Sam R. – Absent Web Chair: Vacant**

Called to order: @ 1: 02

- 12 Steps: Scott N
- 12 traditions: Kevin W
- 12 concepts: Cody

Read Guiding Principles Pg. 197

Financial Expenditures

\$50- spent on Literature for Twin Lakes/UPMC event

(51)

New Business

- Poster/Bedford meeting -will be handed out next area (Lance)
- Meeting lists- new meeting- women's meeting

Old Business

- Letter Campaign- 81 letters mailed
- Events
 - UPMC/Twin Lakes- Somerset Drug Free Communities
 - Bedford event
- Web report- remains consistent

Summary by Month										
Month	Daily Avg				Monthly Totals					
	Hits	Files	Pages	Visits	Sites	kB F	Visits	Pages	Files	Hits
Mar 2023	476	66	248	153	1355	2066817	2152	3472	934	6674
Feb 2023	570	78	291	178	2621	10563027	4984	8154	2195	15980
Jan 2023	754	117	332	155	2884	16950091	4814	10297	3641	23387
Dec 2022	542	65	300	163	2862	2501743	5056	9329	2043	16803
Nov 2022	633	65	358	157	2770	5489669	4728	10741	1963	18994
Oct 2022	867	63	546	169	2517	3848007	5262	16946	1953	26883
Sep 2022	639	63	322	167	2488	6753386	5018	9685	1904	19190
Aug 2022	591	62	286	168	2781	1856286	5228	8873	1928	18337
Jul 2022	580	68	266	146	2665	4287022	4553	8262	2127	17990
Jun 2022	547	63	236	137	2545	1699016	4112	7094	1919	16437
May 2022	524	72	245	143	2631	2482916	4443	7607	2256	16253
Apr 2022	667	88	306	181	1191	1202325	2001	3370	972	7340
Totals						59700305	52351	103830	23835	204268

Activities Meeting 3-15-23

Opened at 1:03 with 12-12-12.

Roll call
 Chair: present
 VC: vacant
 Entertainment: present
 Secretary: vacant
 Treasurer: absent (unexcused)
 Concessions: absent (unexcused)

Nominations/elections: Brandy is considering VP, will think about it and discuss at the April meeting. We are not 100% sure if our treasurer and concessions chairs are still planning to be on the committee.

Old business: event on 3-25 canceled due to lack of confirmed chili makers, lack of February meeting to plan. Will likely try this again in the future, possibly in the fall.

New business: looking to find some events that will interest members of the LMHANA area. We will be passing a sheet around during area to get some ideas from members for future events. Discussed a possible event in July at Laurel Hill State Park with a possible kickball or volleyball tournament. We will look at the idea list and figure out a more concrete plan for our next event in April.

Motion to close by Jonathan at 1:36pm, 2nd by Brandy. Closed with serenity prayer.

Unity Retreat Minutes March 18, 2023

- Open with Serenity Prayer at 12:01pm
- Reading of 12/12/12
 - 12 Steps – Dillon D.
 - 12 Traditions – Jonathon
 - 12 Concepts – Jason S.
- Roll Call
 - Chair – Bob N. – Present
 - Vice Chair – Liz M. – Present
 - Secretary – Jeremy O - Present
 - Treasurer – Lance S – Excused Absence
 - Programming – Drew N - Present
 - Registration – Erica P - Present
 - Activities – Seth S - Present
 - Merchandise – Dillon D - Present
 - Fire Ring – Jonathon - Present
 - Recording – Jason S - Present
- Trusted Servants Reports –
 - Chair – Bob N., - received all the information from the Camp (rental agreement.) Anyone that wants to be present when the contract is signed is more than welcome to attend, the waiver forms have been attached as well. The came wants a copy of LMHANA Insurance Policies that Bob will ensure Camp Harmony receives.
 - Vice Chair – Liz M., - Flyers were printed out for the raffle items and for the event, has been working closely with Activities Chair and logo submissions have been set out to be voted at this UR meeting
 - Treasurer – Lance S., - Excused Absence
 - Secretary – Jeremy O., - nothing to report
 - Programming – Drew N., - Waiting for theme for this year's UR, there has been some progress made on Main Speakers, once a theme is selected then it will be easier to obtain speakers for the event. Speaker's suggestions are welcome from the committee.
 - Registration – Erica P., - Registration Flyers will be completed once a logo has been selected
 - Activities – Seth S., - Several books have been obtained for the raffle but there will be some that need to be purchased, discussed the price point of books and discussed the upcoming event and the items that are needed, with an approximate cost of the event ranging from \$125-200.00. There are some items left over from last year's event that will be utilized, some items are needed that will need to be purchased.
 - Merchandise - Dillion., - Voting on logo today, then the order for merchandise will be placed.
 - Fire Ring - Jonathon., - has a lighter, nothing else to report.
 - Recording – Jason S., - nothing to report
- Old Business –
 - A Price Projection Chart was presented to the committee today as a point of information. Discussed the negotiations between Camp Harmony and the Unity Retreat Committee. The chart will be attached to this report (if received by committee member) only as a point of information, if the chart is not attached and you would like to review it, please see a committee member who will provide the information for you. Will discuss pricing, which will then be voted on by the committee, reflection of this is as follows;
 - There were 10 voting members present for the Unity Retreat Committee.
 - Registration for Unity Retreat (25.00) - Y (10) N (0) Abstain (0) - Motion passes
 - Weekend Camping at Unity Retreat (50.00) - Y (0) N (8) Abstain (2) - Motion does not pass (1st motion)
 - Weekend Camping at Unity Retreat (40.00) - Y (4) N (0) Abstain (6) - Motion does not pass (2nd motion)
 - Weekend Camping at Unity Retreat (45.00) - Y (6) N (0) Abstain (4) Motion passes (3rd motion)
 - One Night Camping at Unity Retreat (35.00) - Y (9) N (0) Abstain (1) Motion passes
 - Two Night at Brougher Hall at Unity Retreat - (50.00) - Y (8) N (0) Abstain (2) Motion passes
 - Cabins at Unity Retreat for Two Nights – (60.00) - Y (9) N (0) Abstain (1) Motion passes
 - Harmony House at Unity Retreat for Two Nights - (75.00) - Y (9) N (0) Abstain (1) Motion passes
 - Kids Free for Admissions to Unity Retreat – Y (8) N (1) Abstain (1) Motion passes
 - There was also discussion of a Book Raffle and an NA oriented hand-made items, etc. For fundraising ideas, more will be revealed on these at the following UR committee meetings.
- Nominations & Elections
 - There are currently no vacant positions within the Unity Retreat
- New Business – Voting on logo was completed by voting members. The logo that was voted on was “Fanning the Flames of Desire.” The logo will be sent to digitalize the logo for printing.
- Motion to Close – Jason S. and 2nd by Timmy L.
- Close at 12:35pm with Serenity Prayer

LMHANA OUTREACH COMMITTEE

Date: 02/18/2023

1. Opened with Serenity Prayer: @ 12:06
2. Reading of the 12 steps, traditions, and concepts
3. Roll Call
 - Chair- Present
 - Vice Chair- absent
 - Secretary- Vacant
4. Nominations/Elections- None
5. New Business- Pass out group booklets
Arrange to make flyer for Outreach Committee
6. Old Business – None
7. Close with Serenity Prayer – 12:50 PM

Policy & Administration for March 18, 2023

- The meeting was called to order at 11:03 AM
- Trusted Servants Attendance:
 - Chair – Present
 - Vice Chair – Present
 - Treasurer – Present
 - RCM – Absent
 - Secretary – Present
 - BOD – Absent
- 12 Steps / 12 Traditions / 12 Concepts
 - 12 Steps – Drew N
 - 12 Traditions – Sierria E
 - 12 Concepts – Tracy G
- Old Business:
 - Discussed printing off guidelines when they are updated to give to trusted servants, as the guidelines in the binders are out-of-date, it was discussed about announcing at the Home Groups about the P&A Chair position being vacant, will vote in a temporary Chair at ASC (Natasha was voted in).
- New Business:
 - The service prayer has yet to be added to the front of the Area Guidelines, the revise date has not been updated recently when there have been guidelines updated/added. The service prayer has been added and sent to Lance S. so that the ASC Guidelines can be updated, as well as the revised date to reflect the changes.
- Motion to Close – Tracy & 2nd by Drew N.
- Concluded at 11:25am

LMHANA Treasurer Report - March 2023

Description		Debit	Credit	Balance
STARTING AREA BALANCE				\$2,022.47
EXPENSES				
Overage from Literature			\$61.04	
Regional Donation (add chk 321 - VOIDED to acct for over lit - chk 322)		\$591.84		
Reimburse Lit Order Copies (Katie A and chk 318)		\$33.92		
Presby Church Donation (Rent - 10% if >\$10)(add chk 319)		\$72.30		
TOTAL EXPENSES		\$698.06	\$61.04	\$1,385.45
CHECKS WAITING TO CLEAR				\$1,385.45
Regional Donation (add chk 309)		\$134.18		
TOTAL NOT CLEARED		\$134.18	Bank Balance	\$2,156.65
GROUP DONATIONS		Group Count		
Altoona	Spiritual Not Religious	1	\$11.00	
Altoona	NA Basic Text			
Altoona	Just For Today	1	\$10.00	
Altoona	Hope Not Dope			
Altoona	By Any Means Necessary	1	\$50.00	
Altoona	Wake Up And Live	1	\$20.00	
Altoona	Restored To Sanity			
Bedford	NA Way	1	\$0.00	
Bolivar	Our Way Out			
Ebensburg	Point Of Freedom			
Hollidaysburg	Willingness, Trust & Faith	1	\$40.00	
Hollsopple	A Thousand Never Enough	1	\$10.00	
Homer City	No Matter What			
Indiana	Sunday Survivors			
Indiana	Restoration To Sanity	1	\$0.00	
Indiana	24 Principles for 24 Hours	1	\$50.00	
Indiana	Turning Point	1	\$0.00	
Indiana	Living Clean			
Indiana	Subject To Revision			
Indiana	Why Die	1	\$150.00	
Indiana	Thank God It's Friday	1	\$12.00	
Indiana	Clean And Serene (Check 1117)	1	\$270.00	
Indiana	Saturday Staying Alive	1	\$0.00	
Johnstown	Free Yourself			
Johnstown	Simple Solution	1	\$45.00	
Johnstown	Primary Purpose	1	\$5.00	
Johnstown	High Hopes			
Johnstown	K.I.S.S			
Punxsutawney	2nd Chance Survivors			
Reynoldsville	Broken Yet Accepted	1	\$50.00	
Reynoldsville	Step Sistas	1		
Somerset	Hugs Not Drugs			
Somerset	Simplicity is the Key			
Somerset	Attitude Of Gratitude	1	\$0.00	
Somerset	Principles Before Personalities	1	\$0.00	
Somerset	Promise Is Freedom			
Somerset	Hug Life	1	\$0.00	
TOTAL GROUP DONATIONS			\$723.00	\$2,047.41

Other Donations:			
Transfer from Literature			
Unity Retreat - Amount over Prudent Reserve			
Total Bank Deposit		\$723.00	
AREA SUB BALANCE WITH SUB COMMITTEE RESERVES			\$2,108.45
Subcommittee Expenses:			
Activities Fundraiser = \$250.00 (3 events per year)			\$2,108.45
Hospitals & Institutions (combined with PR & NG chk 320 - 108.45)	\$34.50		\$2,073.95
Public Relations = \$50.00 (per month) (combined with H&I & NG chk 320 - 108.45)	\$51.00		\$2,022.95
Policy and Administration			\$2,022.95
New Groups (combined with H&I & PR chk 320 - 108.45)	\$22.95		\$2,000.00
Miscellaneous: H&I Copies			\$2,000.00
ENDING AREA BALANCE			\$2,000.00
ENDING BANK BALANCE			\$2,134.18
LMHANA Prudent Reserve:	\$2,000.00		
Suggested Regional Donation (if number is bracketed it's below reserve)			\$0.00
Total Number of Groups Donating this month			20
Percentage of Groups Donating			76.92%
Percentage of Area Expenses the Groups Donations are covering?			92.27%

Summary of Area Account

Starting Balance: \$2022.47

Total Expenses: \$698.06

Regional Donation – \$591.84

Reimburse Lit Order Forms - \$33.92

Monthly Rent Donation - \$72.30

Group Donations: \$723.00 (21 Groups)

Transfer from Literature (over prudent reserve): \$61.04

Subcommittee Expenses: \$108.45 (PR – 51.00 + H&I – 34.50 + New Group – 22.95)

Ending Area Balance: \$2000.00






Check Waiting to Clear Bank

Waiting for January Regional Donation (chk 309) - \$134.18

Total waiting to clear \$134.18

Ending Area Bank Balance: \$2,134.18

March 2023 Literature Report

-  H & I: \$34.50
-  Outreach: \$0.00
-  Public Relations: \$51.00
-  Home Groups: \$1,354.95
-  New Group: \$22.95

7. Old Business- Motion 2-18-02- Passed- 18-0-2
Motion 2-18-01- Passed- 17-0-3

Results of votes for CAR/CAT motions

1. 9-1-10- abstain
2. 5-3-13- abstain
3. 3-6-11-abstain
4. 13-1-7-yes
5. 3-12-6- no
6. 13-1-7-yes
7. 2-12-7-no
8. 8-6-7-yes
9. 7-7-7-abstain
10. 5-8-8-abtain
11. 7-6-8-abtain
12. 9-4-8-yes
13. 12-2-7-yes
14. 1-12-8-no
15. 2-12-7-no
16. 3-11-7-no
17. 6-8-7-no
18. 1-12-8-no
19. 8-4-9-no
20. 12-1-8-yes
21. 2-11-8-no
22. 8-4-9-abstain
23. 5-9-7-no
24. 6-8-7-no
25. 4-10-7-no

8. Nominations/ Elections:

Natasha nominated for P & A Chair

9. New Business:

10. Group Roll Call & Reports:

- Johnstown-
 - Primary Purpose- Liz M- Other
 - Free Yourself- Amanda E- Other
- Hollsopple-
 - 1000 Never enough- Jonathan T- GSR
- Altoona:
 - By Any Means Necessary- Brenda O.- Other
 - Spiritual Not Religious- Seth S.- GSR

- Wake up and Live -Dale W- GSR
- Just for Today- Karl O- Other
- Hollidaysburg: Willingness, Trust, and Faith- Aaron P- GSR-
- Indiana:
 - Restoration to Sanity-Blue K- Other
In need of home group members
 - Living Clean- Tiffany B- GSR-
 - Turning Point- - Kevin W GSR-
 - Why Die- Scott N- Other
 - Staying Alive-Josh S- GSR
 - 24 for 24- Dave R- GSR
 - TGIF- Gary R- GSR
 - Clean & Serene- Victor M-GSR
 - No Matter What- Allison B- GSR
- Bedford
 - NA way -Cody C-Alt GSR
- Somerset:
 - Simplicity is Key Lance Z – Other
 - Attitude of Gratitude- Willy S - GSR
 - Principles Before Personalities- Dillon D- GSR
Anniversary coming up in May
 - Hug Life- Peter R .-GSR-
- Reynoldsville
 - Broken yet accepted- Chandler N- GSR
 - Step Sistas- Eryn N- GSR- NEW MEETING

11. Next Area Service will be held: April 15, 2023

12. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.