

AREA SERVICE COMMITTEE AGENDA FOR March 18, 2023

1. **Orientation** of any new GSR and or Groups by Area Vice Chair at 1:15 PM.
2. **CALL TO ORDER at 2:00 PM** at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931.
3. **Open Meeting with the Serenity Prayer.**
4. **Reading of the 12 Steps, 12 Traditions, & 12 Concepts.**
5. **Reviewing of Minutes:**
6. **Trusted Servants Roll Call:**
Area Chair, Area Vice Chair, Secretary, Area Treasurer, Regional Committee Member, Public Relations/Helpline/Website Chair, H&I Chair, Fundraiser Activities Chair, Unity Retreat Chair, Unity Retreat Vice Chair, Literature Chair, B.O.D. Rep., P&A Chair, Outreach Chair
- 6a. **Make it known to all trusted servants:**
As per **Motion 1-8:** That all trusted servants stay at the area meeting until over or report that they are leaving (no sneaking out). ***Intent:*** In case questions are asked of them so we do not have to wait a month for an answer.
7. **Trusted Servants Reports:**
 1. Area Chair
 2. Vice Chair
 3. Secretary
 4. Public Relations/Helpline/Website
 5. Regional Committee Member
 6. Fundraiser Activities
 7. Unity Retreat
 8. Unity Retreat Vice Chair
 9. B.O.D. Rep
 10. Hospitals & Institutions
 11. Policy & Administrations
 12. Outreach
 13. Literature
 14. Treasurer
8. **Old Business:**

Motion 02-18-02: Adjust Literature allotment from \$20 every month to \$60 quarterly. State correctional facilities have certain shipping requirements, and we will be incurring those costs to send the literature into the facility for H & I.

Motion 02-18-01: Reimburse RCM \$279 for hotel Expense for MARLCNA

Please also see the RCM report attached in a separate attachment, all the motions in that report need to be voted on as well.
9. **Nominations/Elections:**
10. **New Business:**
11. **Group Reports:**
 - **Altoona:** Spiritual Not Religious, Monday Nite NA Basic Text, Just For Today, Hope Not Dope, By Any Means Necessary, Restored to Sanity, Wake Up & Live
 - **Bedford:** NA Way
 - **Hollidaysburg:** Willingness, Trust, and Faith
 - **Ebensburg:** Point of Freedom
 - **Hollsopple:** A Thousand is Never Enough
 - **Indiana:** Sunday Survivors, Restoration to Sanity, 24 Principles for 24 Hours, Turning Point, Subject to Revision, Why Die, Thank God it's Friday, Clean and Serene, Saturday Staying Alive, Living Clean
 - **Johnstown:** Free Yourself, High Hopes, K.I.S.S, Primary Purpose
 - **Homer City:** No Matter What
 - **Somerset:** Hugs Not Drugs, Simplicity is Key, Attitude of Gratitude, Principles Before Personalities, Promise is Freedom, Hug Life
 - **Punxsutawney:** 2nd Chance Survivors
 - **Reynoldsville:** Broken Yet Accepted
12. **Next L.M.H.A.N.A Area Service Committee: April 15, 2023**

13. Close ASC with the “We Version” of the Serenity Prayer.

Minutes from February 18, 2023, Area Service

1. CALL TO ORDER: at 2:00 PM at Ebensburg Presbyterian Church, 200 N. Center St., Ebensburg, PA 15931
2. Open Meeting with The Serenity Prayer
3. Reading of the 12 Steps (Scott N), 12 Traditions (Kevin W) and 12 Concepts (Tim L)
4. Review of Minutes: Motion to accept minutes by Bob N, 2nd by Jeremy O.
5. Trusted Servants Roll Call:
Area Chair(P-voted 19-0-0 at start of area) , Area Vice Chair(P), Secretary(P), Area Treasurer(P), Regional Committee Member(A/E), H&I Chair(P), Public Relations/Web Chair(P), Literature Chair(P), Activities Chair(P), Unity Retreat Chair(P), Unity Retreat Vice Chair(P), B.O.D Rep(A/U), Policy & Administration (P), Outreach Chair(A/E)
6. Trusted Servants Reports:
 - Area Chair: Drew N- PRESENT; Thank you for your confidence. Literature prices have gone up 12%. I will be absent next month due to a family trip.
 - Area Vice Chair: Jeremy O. –PRESENT-Thank you for letting me serve. Read the service prayer.
 - Secretary: Tracy G. – PRESENT; Passed around Trusted Servants List to be updated with any changes
 - Regional Committee Member: Sam R.-Absent- attending conference

H&I Committee Meeting – 02/18/2023

Meeting was held February 19 and started on time at 1pm.

Prayed in and all readings were read by committee members.

Bedford county jail. - Lance reported all was going smoothly with commitment and those sharing responsibilities of taking in the meeting.

SCI Somerset- Lance reported for Larry. He's currently taking the meeting in and it runs similar to outside meetings as many of the members who come to the meeting treat it as their homegroup. They have requested 10 basic texts which will be sent in due to SCI protocol. The cost to ship in 10 basic texts will be 16.95 and a couple of members agreed to chip in to cover that shipping this time.

Indiana County Jail- Gabe reported that all is going well. The womens side may be changing the weekday that the meeting is being taken in but more will be revealed on that. They requested 5 basic texts from the H&I stockpile to take in to read from.

Somerset County Jail- Dylan reported as Joe was sick. All is going well although they need female involvement.

Twin Lakes- Dylan reported all is going smoothly with that commitment.

Cove Forge- Christian reported that everything is going well. Client attendance is good. They do need more women willing to go in as speakers.

Cambria County Prison- Report read by Heather another male has been approved to go in. Womens side is going well. Requested 10 Basic Texts from stockpile to be kept in our drawer to be read from. Waiting on a few more male applications to be approved.

Allegiance- Kevin said all is going well and the facility is getting used to us coming in as its a newer commitment.

Jefferson County Jail- Chandler resigned his position. Troy was nominated as panel coordinator and voted in. Women's side is going well but they are in need of men willing to be a part of the commitment.

Spirit Life- Timmy said MEH and that all is going well

We voted to put in a motion to adjust the literature allotment for State Prison commitments from \$20 monthly to \$60 quarterly. The amount is not changing just being dispersed differently. The hope is to save on shipping as we have to incur that cost due to the policies of said facilities. Intent to further carry the message.

Timmy motioned to close. Motion was 2nd. Prayed out.

LMHANA PUBLIC RELATIONS **COMMITTEE**

Date: 02/18/2023

Attendance- 6

Trusted Servants:

**Chair: Scott N. – Present Vice Chair Kevin W. – Present Secretary: Tracy G.- Present Web Vice Chair: Lance Z. – Present
Task Force Coordinator: Sam R. – Absent Web Chair: Vacant**

Called to order: @ 1: 01

- 12 Steps: Kevin W
- 12 traditions: Sam R
- 12 concepts: Tracy G

Read Guiding Principles Pg. 196

Financial Expenditures

\$84.80- Meeting Lists-

\$ 14.35-Guiding Principles- Lit

New Business

- Nominations: Task Force Coordinator- Sam R. Elected
- New meeting in Bolivar- Mike B? Outreach? Add to Meeting list?
- Event in Somerset April 20th

Old Business

- None

Summary by Month

Month	Daily Avg				Monthly Totals					
	Hits	Files	Pages	Visits	Sites	kB F	Visits	Pages	Files	Hits
Feb 2023	543	77	292	178	1816	1193345	3209	5256	1395	9784
Jan 2023	754	117	332	155	2884	16950091	4814	10297	3641	23387
Dec 2022	542	65	300	163	2862	2501743	5056	9329	2043	16803
Nov 2022	633	65	358	157	2770	5489669	4728	10741	1963	18994
Oct 2022	867	63	546	169	2517	3848007	5262	16946	1953	26883
Sep 2022	639	63	322	167	2488	6753386	5018	9685	1904	19190
Aug 2022	591	62	286	168	2781	1856286	5228	8873	1928	18337
Jul 2022	580	68	266	146	2665	4287022	4553	8262	2127	17990
Jun 2022	547	63	236	137	2545	1699016	4112	7094	1919	16437
May 2022	524	72	245	143	2631	2482916	4443	7607	2256	16253
Apr 2022	667	88	306	181	1191	1202325	2001	3370	972	7340
Mar 2022	0	0	0	0	0	0	0	0	0	0
Totals						48263806	48424	97460	22101	191398

Area Activities Committee Meeting Minutes

The activities committee did not meet this month, however the following was sent by the activities chair in her absence:

The fundraising/Activities committee is hosting a chili cook-off event on Saturday, March 25, 2023. It will be held from 1-5 p.m. at Indiana Alliance Church. The flyer is attached if you could share the information with the area to take back to the home groups.

Members of the activities committee will be discussing the details of what we all need to bring for the event in our WhatsApp group.

We are still very much looking for active committee members and also to fill various positions within the committee. If you are interested in joining the committee, please reach out to Amanda E or another member of the committee and we can add you to our WhatsApp group to keep you in the loop.

If anyone has ideas or suggestions for future events you would like to see in the LMHANA area, we would be glad to hear them! Reach out to Amanda E with your suggestions. My number is 724-972-9668.

Unity Retreat Minutes 2/18/2023

- Open with Serenity Prayer @ 12:03 PM
- Reading of 12/12/12
 - 12 Steps – Tiffany
 - 12 Traditions – Liz M.
 - 12 Concepts – Jason S.
- Roll Call
 - Chair – Bob N. – Present
 - Vice Chair – Liz M. – Present
 - Secretary – Jeremy O. - Present
 - Treasurer – Lance S. - Present
 - Programming – Andrew N.- Present
 - Registration – Erica P. - Present
 - Activities – Seth S. - Present
 - Merchandise – Dillion D. - Present
 - Fire Ring – Jonathon T. – Present
 - Recording Chair – Jason S. - Present
- Trusted Servants Reports –
 - Chair – Bob N., - Met with Camp Harmony on Wednesday (2/15/23,) discussed pricing points, negotiations went back and forth, discussed use of buildings, main lodge will still be closed (like last year,) Camp Harmony wanted suggestions on drink items, there will be tables & chairs available in cabins this year, the lofts will remain closed (like last year).
 - Vice Chair – Liz M. – Nothing to report
 - Secretary – Jeremy O. - Nothing to report
 - Treasurer – Lance S. – There is \$5,000 in the Unity Retreat Account, no revenue or expenses
 - Programming – Andrew N. – Currently formulating committee, in talks with a gentleman from New Jersey for main speaker, looking to move Friday Main Speaker at Unity Retreat to the Tabernacle at Camp Harmony this year, once a theme is decided for the retreat will begin to look for speakers.
 - Registration – Erica P. – there was a breakdown sent from last year and was emailed to the committee
 - Activities – Seth S. - Pasta Party was discussed, looking at dates for kick-off picnics, looking for input from the committee, tentatively April 29, 2023, will be the first “kick-off” event but nothing concrete has been set, more will be revealed.
 - Merchandise – Dillion D. – Nothing to report
 - Fire Ring – Jonathon T. – Nothing to report (has a lighter)
 - Recording Chair – nothing to report
- Old Business – There is no old business to discuss
- Nominations
 - There are no vacant positions within the committee
- New Business – A Price Projection Chart was presented to the committee today as a point of information. Discussed the negotiations between Camp Harmony and the Unity Retreat Committee. The chart will be attached to this report (if received by committee member) only as a point of information, if the chart is not attached and you would like to review it, please see a committee member who will provide the information for you. Will discuss pricing, which will then be voted on by the committee, reflection of this is as follows;

There were 10 voting members present for the Unity Retreat Committee.

Registration for Unity Retreat (25.00) - Y (10) N (0) Abstain (0) - Motion passes

Weekend Camping at Unity Retreat (50.00) - Y (0) N (8) Abstain (2) - Motion does not pass (1st motion)

Weekend Camping at Unity Retreat (40.00) - Y (4) N (0) Abstain (6) - Motion does not pass (2nd motion)

Weekend Camping at Unity Retreat (45.00) - Y (6) N (0) Abstain (4) Motion passes (3rd motion)

One Night Camping at Unity Retreat (35.00) - Y (9) N (0) Abstain (1) Motion passes

Two Night at Brougher Hall at Unity Retreat - (50.00) - Y (8) N (0) Abstain (2) Motion passes

Cabins at Unity Retreat for Two Nights – (60.00) - Y (9) N (0) Abstain (1) Motion passes

Harmony House at Unity Retreat for Two Nights - (75.00) - Y (9) N (0) Abstain (1) Motion passes

Kids Free for Admissions to Unity Retreat – Y (8) N (1) Abstain (1) Motion passes

There was also discussion of a Book Raffle and an NA oriented hand-made items, etc. For fundraising ideas, more will be revealed on these at the following UR committee meetings.

- Motion to Close – Motioned by: Jason S. Second by: Liz M. -Close at 12:58 PM

LMHANA OUTREACH COMMITTEE

Date: 02/18/2023

1. Opened with Serenity Prayer: @ 12:00
2. Reading of the 12 step, traditions, and concepts
3. Roll Call
 - Chair- Present
 - Vice Chair- Vacant
 - Secretary- Vacant
4. Nominations/Elections- Kurtis M- Elected Vice Chair
5. Old Business- Apology from Chair for being absent last month
6. New Business – Purchasing 15 Group booklets, 1 guide to local service

Discussed speaking to other sub committees and participating in events

7. Close with Serenity Prayer – 12: 45 PM

Policy & Administration for February 18, 2023

- The meeting was called to order at 11:00 AM
- Trusted Servants Attendance:
 - Chair – Present
 - Vice Chair – Present
 - Treasurer – Present
 - RCM – Present
 - Secretary – Present
 - BOD – Absent (2nd absence)
- 12 Steps / 12 Traditions / 12 Concepts
- Old Business:
 - There was no old business to address
- New Business:
 - Discussed printing off guidelines when they are updated to give to trusted servants, as the guidelines in the binders are out-of-date, it was discussed about announcing at the Home Groups about the P&A Chair position being vacant, will vote in a temporary Chair at ASC (Natasha was voted in).
- Motion to Close – Drew 2nd – Sierra
- Concluded at 11:28am

LMHANA Treasurer Report - February 2023

Description	Debit	Credit	Balance
STARTING AREA BALANCE			\$2,134.18
EXPENSES			
Regional Donation No Donation this Month			
Reimburse Area Meeting List(Scott and chk 316)	\$84.80		
Reimburse Area Minutes (Kevin and chk 317)	\$42.93		
Presby Church Donation (Rent - 10% if >\$10)(add chk 314 - VOIDed [19.70] & ch	\$22.70		
TOTAL EXPENSES	\$150.43	\$0.00	\$1,983.75
CHECKS WAITING TO CLEAR			\$1,983.75
Regional Donation (add chk 309)	\$134.18		
UPDATED BALANCE	\$284.61	\$0.00	\$1,699.14

GROUP DONATIONS		Group Count	
Altoona	Spiritual Not Religious	1	\$0.00
Altoona	Monday Nite NA Basic Text	1	\$2.00
Altoona	Just For Today	1	\$5.00
Altoona	Hope Not Dope		
Altoona	By Any Means Necessary	1	\$50.00
Altoona	Wake Up And Live	1	\$20.00
Altoona	Restored To Sanity	1	\$10.00
Bedford	NA Way		
Ebensburg	Point Of Freedom		
Hollidaysburg	Willingness, Trust & Faith	1	\$10.00
Hollsopple	A Thousand Never Enough		
Homer City	No Matter What		
Indiana	Sunday Survivors		
Indiana	Restoration To Sanity		
Indiana	24 Principles for 24 Hours		
Indiana	Turning Point	1	\$0.00
Indiana	Living Clean		
Indiana	Subject To Revision		
Indiana	Why Die	1	\$100.00
Indiana	Thank God It's Friday		
Indiana	Clean And Serene		
Indiana	Saturday Staying Alive		
Johnstown	Free Yourself		
Johnstown	Simple Solution		
Johnstown	Primary Purpose		
Johnstown	High Hopes		
Johnstown	K.I.S.S		
Punxsutawney	2nd Chance Survivors	1	\$10.00
Reynoldsville	Broken Yet Accepted	1	\$0.00
Somerset	Hugs Not Drugs		
Somerset	Simplicity is the Key	1	\$20.00
Somerset	Attitude Of Gratitude	1	\$0.00
Somerset	Principles Before Personalities	1	\$0.00
Somerset	Promise Is Freedom		
Somerset	Hug Life	1	\$0.00
TOTAL GROUP DONATIONS			\$227.00
			\$1,926.14

Other Donations:			
Transfer from Literature			
Unity Retreat - Amount over Prudent Reserve			
Total Bank Deposit		\$227.00	
AREA SUB BALANCE WITH SUB COMMITTEE RESERVES			\$1,926.14
Subcommittee Expenses:			
Activities Fundraiser = \$250.00 (3 events per year)			\$1,926.14
Hospitals & Institutions			\$1,926.14
Public Relations = \$50.00 (per month) (chk 315)	\$14.35		\$1,911.79
Outreach (chk 315)	\$24.75		\$1,887.04
Policy and Administration			\$1,887.04
New Groups (chk 315)	\$15.00		\$1,872.04
Miscellaneous: H&I Copies			\$1,872.04
ENDING AREA BALANCE			\$1,872.04
LMHANA Prudent Reserve:	\$2,000.00		
Suggested Regional Donation (if number is bracketed it's below reserve)			(\$127.96)
Total Number of Groups Donating this month			15
Percentage of Groups Donating			57.69%
Percentage of Area Expenses the Groups Donations are covering?			110.99%

Summary of Area Account

Starting Balance: \$2000.00

Total Expenses: \$150.43

Regional Donation – No Donation this Month

Reimburse Mtg List - \$84.80

Reimburse Area Minutes - \$42.93

Monthly Rent Donation - \$22.70

Group Donations: \$227.00 (15 Groups)

Subcommittee Expenses: \$54.10 (PR – 14.35 + Outreach – 24.75 + New Group – 15.00)

Ending Area Balance: \$1872.04

Check Waiting to Clear Bank

Waiting for January Regional Donation (chk 309) - \$134.18

Total waiting to clear \$134.18

Ending Area Bank Balance: \$2,006.22

LMHANA Literature Financial Report - November 2022

Description	Debit	Credit	Total
Starting Literature Balance			\$937.66
Debits			
NAWS Literature Purchase (107488 - chk 422)	\$916.12		
Bank Service Charge			
Miscellaneous: Checks			
Credits			
Literature Sales		\$522.00	
H&I Donation			
Transfers from Area Account			
New Mtg Lit		\$15.00	
H&I Literature			
PR Literature		\$14.35	
Outreach		\$24.75	
Sub Total Balance	\$916.12	\$576.10	\$597.64
Ending Literature Balance			\$597.64
Literature Prudent Reserve: if over 2000 move to Main Account (bracketed number under PR)	\$2,000.00		(\$1,402.36)

Summary of Literature Account

Starting Balance: \$937.66

NAWS Lit Purchase (107488): \$916.12

Literature Sales: \$522.00

Transfer from Area: \$54.10 (PR – 14.35 + Outreach – 24.75 + New Group – 15.00)

Ending Balance: \$597.64

7. Old Business: Motion 01-21-01- PASSED

8. Nominations/ Elections:

Natasha as Pro Tem P & A chair

9. New Business:

Motion 02-18-02: Adjust Literature allotment from \$20 every month to \$60 quarterly. State correctional facilities have certain shipping requirements, and we will be incurring those costs to send the literature into the facility for H & I. submitted by H & I sub committee seconded by Lance S.

Motion 02-18-01: Reimburse RCM \$279 for hotel Expense for MARLCNA Submitted by Sam R. seconded by Sierria E.

10. Group Roll Call & Reports:

- Altoona:
 - By Any Means Necessary- Brenda O.- Other
 - Spiritual Not Religious- Natasha T.- GSR
 - Wake up and Live -Dale W- GSR
 - NA Basic text- Cora S- GRS
- Hollidaysburg: Willingness, Trust, and Faith- Christian S- GSR-
- Indiana:
 - Restoration to Sanity-Blue K- Other
In need of home group members
 - Living Clean- Tiffany B- GSR-
 - Turning Point- - Kevin W GSR-
 - Why Die- Gabe S .-GSR-
- Somerset:
 - Simplicity is Key Lance Z – Other
 - Attitude of Gratitude- Willy S - GSR
 - Principles Before Personalities- Dillon D- GSR
Anniversary coming up in May
 - Hug Life- Peter R .-GSR-
- Reynoldsville
 - Broken yet accepted- Chandler N- GSR
- Punxsutawney
 - Second Chance Survivors- Chris B GSR

11. Next Area Service will be held: March 18, 2023

12. L.M.H.A.N.A Area Service Committee Closed with the “We Version” of the Serenity Prayer.