



**•Laurel Mt Highlands Area of Narcotics Anonymous
Hospital & Institutions Format**

H&I Panel Leader

__:__ pm - TIME TO OPEN MEETING

Hi everyone, I am an addict named _____. I would like to welcome you to the regular _____ night/day Hospitals & Institutions meeting of Narcotics Anonymous Here at _____. Would you please help me open this meeting with a moment of silence for the addict who still suffers followed by the serenity prayer.

The Laurel Mt. Highlands Area of Narcotics Anonymous brings you this H&I meeting because of your limited access to regular outside N.A. meetings. This is not a regular Narcotics Anonymous meeting, but an introduction to the N.A. fellowship. We want you to know that we are not connected with this facility in anyway, but as volunteer members of Narcotics Anonymous and as invited guest of this facility, we must abide by their rules. We are not here to tell anyone they are an addict. There are no councilors or preachers in NA. We are recovering addicts getting another day clean, If someone Identifies with us or gets something out of what is said here then that's a bonus, because we know we can only keep what we have by giving it away.

COULD WE PLEASE HAVE THE READING OF:

“WHO IS AN ADDICT”

“WHAT IS THE NA PROGRAM”

“WHY ARE WE HERE”

“HOW IT WORKS”

“THE 12 TRADITIONS”

“ The Daily Meditation out of the JUST For TODAY BOOK”

START THE MEETING, PANEL LEADERS CHOICE!

A) Introduce N.A. Speaker

B) Start Panel Discussion:

“NA recovery Topic Discussion” or “Read NA Literature & Discuss”

(explain how it works you start and then go around room)

__:__ pm - TIME TO CLOSE MEETING.

Can we please have the reading of;

“ WE DO RECOVER”

“ JUST FOR TODAY”

I would like to thank everyone for being here. If you have any further questions about N.A. recovery get with us after the meeting.

Please help me form a circle and close the meeting with the “We version of the Serenity Prayer”.